

BETH OHR NEWSLETTER

Vol. 66 Issue 8

August 2019 Tammuz/Av

congregationbethohr@gmail.com
Synagogue Office:732-257-1523

Tisha B'Av

This year our Tisha B'Av Service will be: Saturday night, August 10, approx. 9:00 PM: Communal Tisha B'Av Services and chanting of Eicha (Lamentations) at Marlboro Jewish Center. Fast begins at 8:01 PM. Shabbat ends at 8:46 PM. Details to follow.



A three-week mourning period preceding Tisha B'Av begins on the 17th day of the month of Tammuz. According to the Mishnah, this was the day the Romans succeeded in breaching the walls of Jerusalem in 70 C.E.; the Mishnah also mentions other tragic events that occurred on this day in Tammuz. This three-week period leading up to the major fast of Tisha B'Av is called "*Bayn Ha-Metsarim*"—"in the Straits." Traditional Jews do not get married or celebrate other joyous festivities in these three weeks.

Before the Holiday

Nine days prior to Tisha B'Av, a new period of more intense mourning begins. Traditional Jews do not eat meat, cut their hair, or wash their clothes unless they are to be worn again during the nine days. All these actions are considered signs of joy or luxury inappropriate for this time of mourning. Reform, Reconstructionist, and Conservative Jews adopt a varied range of these practices.

The Shabbat immediately preceding the festival is *Shabbat Hazon* (vision). The name derives from the *haftarah* (prophetic reading) for the day. Taken from Isaiah 1, the reading describes Isaiah's vision of national disaster befalling the Israelites because of their sins.

Tisha B'Av cannot be observed on Shabbat, so if the date falls on Shabbat, the festival is postponed until Sunday. On such occasions, there are some small changes to *Maariv* (the evening service) on Shabbat. Also, during *havdalah* (the concluding ceremony of Sabbath), the blessing over the wine is postponed until after the fast on Sunday night, though the blessing over the twisted candle is still said at the close of Shabbat.

(continued on page 8)

SCHEDULE OF SERVICES

All Friday evening services begin at 7:30 p.m. unless otherwise stated, Saturday morning Shabbat services begin at 9:30 a.m., Sunday morning minyan begins at 9:00 a.m.

Schedule of Services and Events

| | | |
|----------------|--|--------------------------------------|
| Fri. Aug. 2 | Friday Evening Service | 7:30PM |
| Sat. Aug. 3 | Shabbat Morning Service | 9:30AM |
| Sun. Aug. 4 | Sunday Morning Service & Men's Club Breakfast | 9:00AM |
| Thurs. Aug. 8 | Heschel Philosophy Class | 9:30AM |
| Fri. Aug. 9 | Friday Evening Service | 7:30PM |
| Sat. Aug. 10 | Shabbat Morning Service | 9:30AM |
| Sun. Aug. 11 | Sunday Morning Service No Breakfast - Tisha B'Av | 9:00AM |
| Tues. Aug. 13 | Perkei Avot | 7:30PM |
| Thurs. Aug. 15 | Heschel Philosophy Class | 9:30AM |
| Fri. Aug. 16 | Friday Evening Service | 7:30PM |
| Sat. Aug. 17 | Saturday Morning Services Simcha Shabbat | 9:30AM |
| Sun. Aug. 18 | Sunday Morning Service & Men's Club Breakfast | 9:00AM |
| Wed. Aug. 21 | Sisterhood Board Meeting | 7:30PM |
| Thurs. Aug. 22 | Heschel Philosophy Class Daytimers Gameday Temple Executive Board Temple Board of Directors | 9:30AM 1:30PM 7:30PM 8:00PM |
| Fri. Aug. 23 | Friday Evening Service | 7:30PM |
| Sat. Aug. 24 | Saturday Morning Service | 9:30AM |
| Sun. Aug. 25 | Sunday Morning Service & Men's Club Breakfast | 9:00AM |
| Tues. Aug. 27 | Perkei Avot | 7:30PM |
| Thurs. Aug. 29 | Heschel Philosophy Class | 9:30AM |
| Fri. Aug. 30 | Friday Evening Service | 7:30PM |
| Sat. Aug. 31 | Saturday Morning Service | 9:30AM |



Rabbi's Message

The following remarks were presented by Rabbi Mishkin at the Gala Brunch on June 23, 2019.

Although it may appear to be counterintuitive, given the patriarchal nature of the Biblical world, a close reading of the Hebrew Bible enumerates a significant number of strong and capable female figures. Whether it be one of the Biblical matriarchs, Sarah, Rebekah, Rachel or Leah, or Moses' elder sister, Miriam, who singlehandedly saved the redeemer of the Israelite people by the rushes of the Nile River, or Queen Esther or the first Jew-by-Choice, Ruth, women repeatedly have found their way into the centrality of the Jewish people.

This biblical pattern by no means depreciates. In many ways the strength of the Jewish woman only becomes more pronounced as time goes on in the Jewish tradition. Lest we forget that Golda Meir was the Prime Minister of the State of Israel long before women were commonplace in the political arena, so it is altogether fitting that this morning our synagogue, Congregation Beth Ohr, pays special honor to a most supportive and strong affiliate of our synagogue community - the Sisterhood.

When I first came to Congregation Beth Ohr five years ago as the rabbi, I was told of the "good-old-days" of our sisterhood, the awards they accumulated, the stature they attained in our movement, and the high regard in which they are held with respect to other sisterhoods in New Jersey. In many ways today is no different. Year-in and year-out the Sisterhood of our synagogue not only contributes substantially to the financial well-being of our congregation, but they also provide a prime source of lay-leadership, vibrant programming and wise counsel to all the branches of our congregation. So this morning as we honor our Sisterhood I just wish to express to this great group of ladies my deep and sincere appreciation for your good work, your great devotion and your genuine efforts in making our synagogue a very sacred and very special place.

Mazal Tov to the Sisterhood of Congregation Beth Ohr!

PRESIDENT'S MESSAGE



Hello, Congregation Beth Ohr members and followers. The summer is half over and we are still busy with those summer activities that keep us outside enjoying the warmer weather as often as possible. I enjoy this weather and always wish it would last a long time so we have a shorter winter. At the end of June, we honored the Sisterhood of the Congregation at a hugely successful event. I would recommend that, if you weren't there this year, you attend next year and bring your friend. I know it is early but mark June 28, 2020 on your calendar for next year's gala event.

The Board has approved and the Secure Our Future committee is developing the format for the donation recognition board that will be outside the Upper Sanctuary and will be a beautiful addition to the synagogue. Also, we have had three churches approach us to use our facilities over the past few months. I want to let you know that beginning in September we are contracting with the Glorious Faith of God Ministry to use our lower Sanctuary for their services on Sunday mornings. This will bring needed extra resources for us. Please welcome their community to our synagogue if you are here on Sunday mornings.

Last month, I informed you that we are putting a button in the sanctuary to be able to keep the front door of the synagogue locked during services. The button has been installed and should now be in operation. Over the past month, we are putting procedures into place to assure that this security feature operates without too much inconvenience when you attend services. We will continue to look at different security features that we can apply to our synagogue in a cost-effective manner and that meets our needs. Rest assured that during the High Holidays and major events we will continue to have additional security measures so you can feel comfortable when you are in the building.

Lisa and I got married a few weeks ago and want to thank everyone who wished us well as we enter a new phase of our lives.

The Temple offers services three times per weekend, numerous education programs, the Sisterhood and Men's Club, special events and our annual Gala event. We urge you to come to any or all of these things. Our Temple is vibrant and we are looking forward to remaining this way for many years to come.

If you have any concerns, or suggestions, please do not hesitate to contact me. There is one caveat to this, though. I would prefer not to discuss Temple business on Shabbos and would appreciate if you would respect this request.

Have a great month and I will look forward to seeing you in the near future.

Reminders from the Financial Secretary

During the month of July, bills were mailed out to any members with outstanding balances. Please remit payment as soon as you receive your bill. **ALL** financial obligations **MUST BE CURRENT** to purchase High Holiday seats.

High Holiday Seat registration forms will be mailed out during the first week of August.

In addition, High Holiday seats will be sold at the synagogue on Sunday August 25th and Sunday September 15th, from 10:30 am to 12:00 pm.

Our Constitution and By-Laws state that to qualify for the senior-citizen dues discount, you must be over 65 and retired. Contact the Financial Secretary if you fall into this category.

While we hope that all of our members will remain part of the Beth Ohr Family forever, we recognize that job changes, retirement to Florida, etc. make it necessary for some families to leave the synagogue. Our Constitution and By-Laws obligate our members to be FINANCIALLY responsible until the Financial Secretary is notified in writing that a member is resigning.

Thank you for your continued support of Beth Ohr.

If you have any questions, please call:

Philip Rabinowitz
Financial Secretary
732-501-4799

Yizkor Memorial Book 2019

Yizkor Memorial Book letters will be mailed shortly. Please verify the spelling of the names, and any additions or deletions to the listings. Kindly return the letter and include a check for \$10 for each name. The deadline is Friday September 27, 2019. If you would like to use your credit card, please call Phyllis Greenberg at 732-257-1523. More information can be found in the letter.



NEWS FROM SISTERHOOD

We hope everyone is having an enjoyable summer with family and friends. We do not have a meeting in July, but are working behind the scenes planning programs and events for the coming year. There is a Board meeting scheduled for Wednesday, August 21, 2019.

Highlights Through December 31, 2019:

Sunday, September 15, 2019 - Opening Membership meeting and Crafts for Israel program

Sunday, October 27, 2019 - Joint Breakfast with Men's Club

Wednesday, November 6, 2019 - Annual Paid Up Dinner and Program

Wednesday, December 18, 2019 - Annual Chanukah program

Sisterhood plans to knit and crochet blankets, scarves, etc. for Israeli soldiers for Rabbi Mishkin to take to Israel on the May 2020 trip. We feel this is a wonderful community service project. We are accepting donations of unused yarn, knitting needles and crochet hooks for our Crafts for Israel program. If you have any questions, please contact me.

Harriet Rabinowitz
Sisterhood President

High Holiday Greetings

If you would like to send Rosh Hashanah/ Yom Kippur wishes to the congregation, please send your message to Joyce Silberstein at cjs041766@aol.com ASAP or leave your message on her phone at 609-409-4599.

Please send your \$5.00 donation to

Sisterhood Beth Ohr
P.O. Box 206
Old Bridge NJ 08831
Attention: Joyce Silberstein

Thank You and L' Shana Tovah

SISTERHOOD OF CONGREGATION BETH OHR

ANNUAL DUES STATEMENT

2019 – 2020

TEMPLE MEMBERS \$36**

NON-TEMPLE MEMBERS \$45**

DONOR CREDIT OF \$5 WILL BE AWARDED TO MEMBERS WHO PAY THEIR DUES ON OR BEFORE WEDNESDAY, NOVEMBER 6, 2019. MEMBERS WHO HAVE NOT REJOINED SISTERHOOD BY DECEMBER 31, 2019 FORFEIT ALL PREVIOUSLY ACCUMULATED DONOR CREDIT.

PLEASE SEND YOUR CHECK TO:

ESTEE SPIEGEL
9 NORTH STREET
OLD BRIDGE, NJ 08857

PLEASE INCLUDE YOUR CURRENT ADDRESS AND YOUR E-MAIL ADDRESS. WE WOULD LIKE TO UPDATE OUR SISTERHOOD LIST. IF YOU HAVE A WINTER ADDRESS, PLEASE INCLUDE THAT AS WELL.

**Please note new dues amount

(Continued from page 1)

The Fast Begins

Tisha B'Av is a full fast day, so the last meal must be eaten before sunset prior to the ninth of Av. This meal marking the boundary between periods of eating and fasting is called the "*seudah ha-mafseket*." The meal often is comprised of round foods like eggs or lentils, which symbolize mourning in Jewish tradition because they evoke the cycle of life. Some people eat an egg or bread sprinkled with ashes, and some Jews may sit on the ground during the meal. The *birkat hamazon* (grace after meals) is said individually and in silence

In addition to abstaining from food or drink during Tisha B'Av, Jewish tradition also mandates refraining from wearing leather, engaging in sexual relations, washing one's body, and using perfume or other such ointments. Visiting cemeteries on this day is encouraged, as if to heighten the sadness.

Uniquely on Tisha B'Av, Torah study, meant to be joyful, is not permitted. Some parts of the Bible or Talmud are allowed, like Job or Jeremiah, or sections of the Talmud or Midrash that discuss the destruction of Jerusalem. In the synagogue, the lights are dimmed and the ornamental *parokhet* (covering) is removed from the ark as a sign of mourning before the evening service. Congregants remove their leather shoes and do not greet each other.

Prayers & Customs

Megillat Eicha (the Scroll of Lamentations)—which is a lament for the destruction of the First Temple — is chanted during the Maariv service, along with several *kinot*, elegies or dirges written at different periods of Jewish history. The kinot speak of the suffering and pain of Jewish tragedy through the ages. An extended set of kinot are traditionally recited during the morning service, and some communities repeat the chanting of Eicha in the morning as well. The traditional Torah reading is Deuteronomy 4:25-40 and the Haftarah is Jeremiah 8:13-9:23, which is chanted to the same tune as Lamentations the night before.

Tallit (prayer shawl) and *tefillin* (phylacteries), usually worn during morning services, are instead worn during *Minchah* (the afternoon service). During Mincha, prayers that were omitted in the morning are recited. The Torah and Haftarah are the same as on other public fasts.

The meal ending the fast traditionally omits meat and wine, in acknowledgment of the fact that the burning of the Temple continued until the next day. Finally, the sorrow that began on the 17th of Tammuz comes to a halt and the Shabbat immediately following Tishah B'Av is called *Shabbat Nahamu* (Shabbat of comfort) because the Haftarah begins with the words "*nahamu nahamu ami*" ("comfort, comfort my people"). This begins a period of consolation and comfort leading up to Rosh Hashanah, the Jewish New Year.

Taken from <https://www.myjewishlearning.com/article/tisha-bav-rituals-practices/>

**BETH OHR DAYTIMERS
GAMEDAY
THURSDAY, AUGUST 22**

Please join us at Beth Ohr on Thursday, August 22nd at 1:30 PM. We will play any game you can carry (Cards, Mah Jongg, Scrabble, etc.) as well as some Daytimers' favorites (Nok-Hockey, Bingo, Dominos). There will also be a few surprises.

Coffee and cake will be served.

Please RSVP by Sunday, August 18th to Ira (732-679-2652) or Linda (609-642-8182)



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**Join Congregation Beth Ohr
Exploring Israel Adult Tour
Led by Rabbi Joel Mishkin
May 3 – 14, 2020**

Optional Eilat—Petra extension May 14-17, 2020

View and download itinerary and application at www.israeltour.com/rmishkin

**DISCOUNTED PRICE FOR CHECK
PAYMENT**

Land only Package - \$4145
per person in a double room

Land and Air Package - *\$5475
Per person in a double room

Single Room Supplement - \$1250

**FULL PRICE FOR CREDIT CARD
PAYMENT**

Land Only Package - \$4311
Per person in a double room

Land and Air Package - *\$695
Per person in a double room

Single Room Supplement - \$1299

REDUCTIONS

Third in a Room \$300

Round trip air: EWR – Tel Aviv – Return

Added to the costs above are tips for guide, Driver, Restaurants, and Porterage - \$180

*Air price is subject to change as are fuel and security surcharges

***Tour price is based on 20 participants; price will increase with less participants and be reduced at 25 or more participants

The Secret is Out: Israel is #trending

Join Congregation Beth Ohr's adult Israel trip where you can walk through the tunnels under the Old City, Float in the Dead Sea, become part of the daily life in Jerusalem and Tel Aviv. Visit the Palmach Museum, Historic Neve Tzeddek neighborhood, City of Sand and Sea mosaic fountain, Founders' Monument, New Israeli Innovation Center, Tel Aviv Stock Exchange, Yitzhak Rabin Center, Palmach Museum, Western Negev, Kibbutz Alumim, Briefing on local regional security from Rafi Babian, Salad Trail on Moshav Talmei Yosef, Encounter/ workshop with local sculptor Yaron Bob, Makhtesh Ramon, Traditional Bedouin community, David Ben Gurion's House, Kitchen Queens of Yerucham, Torah Study session at Bamidbar, Discover the archaeological story of the Western Wall , Western Wall Tunnels, Tour of the Archaeology Wing at the Israel Museum, Greet the Sabbath at the Western Wall, pray together as a congregation at the "Masorati Kotel", Meet Lone Soldiers, New sound and light show at the Tower of David, Ruins of Qumran, where the Dead Sea Scrolls, Masada and the Dead Sea, Guided tour of Yad Vashem Campus focusing on Holocaust art, Tasting tour of the bustling Machane Yehuda Market, Hebrew Music Museum, Update on Israeli politics, New Six Day War Heritage Museum on Ammunition Hill, Your senses will be filled with the life, smells, sounds and textures of modern Israel, along with an appreciation of our connections to our Jewish roots and biblical history. Your experience will be a exciting fantastic, fun-filled spiritual adventure! Come join us.

For additional information please contact:

Rabbi Joel Mishkin by email; rabbijoelmishkin@gmail.com or call Rabbi at 732.257.1523

Tour arranged by ITC: call Janine at 800.247.7235.- 973.535.2575 or email janine@israeltour.com

One does not travel to Jerusalem, one returns



See next page for itinerary

Sunday, May 3 – Depart USA Monday,

May 4 – Going up into the Land •

Morning arrival in Israel to be met and assisted by your ITC representative (today's program depends on arrival time) •

Walking tour of the historic **Neve Tzeddek** neighborhood, once home to Zionist cultural pioneers Eliezer Ben Yehuda, S.Y. Agnon and Rabbi Kook, which 25 years after its founding gave birth to Tel Aviv – The first Hebrew city in 2,000 years

• **ITC Touch: Discover City of Sand and Sea**, a mosaic fountain created by artist and writer Nachum Gutman portraying scenes from the history of Jaffa and Tel Aviv

Hear about the establishment of Tel Aviv at the Founders' Monument then stroll down Rothschild Boulevard to view the Bauhaus architecture for which central Tel Aviv was declared a UNESCO World Heritage Site •

Visit the new Israeli Innovation Center located in the Tel Aviv Stock Exchange to learn how Israel became the Start Up Nation •

Lunch on own•

Tour the Israeli Museum at the Yitzhak Rabin Center for a critical look at Israeli history and society

1st Timers Option: Multimedia tour of the Palmach Museum to learn about the elite underground organization that played a critical role in founding the State of Israel•

Check-in to the Carlton Hotel on Tel Aviv's Mediterranean Coast

Welcome Dinner at Maganda Restaurant in Tel Aviv's old Yemenite Quarter. • Overnight: Carlton Hotel, Tel Aviv

Tuesday May 5 – Defense and Pioneering in the Western Negev

Travel to the western Negev

Visit Kibbutz Alumim to meet with a local kibbutznik and hear first-hand about living on the Gaza border, pioneering in the Negev and kibbutz as a community

Briefing on local regional security from Rafi Babian, security coordinator of the Sdot Negev Regional Council and Kibbutz Alumim member

Lunch at Kibbutz Alumim•

Discover hi-tech agriculture and innovative crops on the Salad Trail on Moshav Talmei Yosef • Encounter/workshop with local sculptor Yaron Bob, who has created works of art out of Kassam rockets that have fallen in the region

Travel to the Negev Highlands•

Check-in to the Ramon Inn in Mitzpe Ramon • Dinner at hotel

Overnight: Ramon Inn, Mitzpe Ramon

Wednesday, May 6 – Negev Highlands: Primeval Desert Beauty

Learn about the natural history of the region at the multimedia Makhtesh Ramon Visitors Center dedicated to fallen Israeli astronaut Ilan Ramon

Explore Makhtesh Ramon (Ramon Crater) on foot and by jeep to discover magnificent desert landscapes and a fascinating window into the earth's past

Lunch on own

ITC Touch: Encounter with a traditional Bedouin community in the Negev Highlands for a "non-touristy" Bedouin tourism experience - Hear about how social changes are impacting their community

Dinner at hotel

Overnight: Ramon Inn, Mitzpe Ramon

Thursday, May 7 – Vision and Development in the Negev

Walk in the stunning white canyon of Ei Avdat in the Zin Valley in the Zin Valley

Tour of David Ben Gurion's House on Kibbutz **Sde Boker** to learn about his vision for developing the Negev

Travel to the Negev development town of

Yerucham

Lunch with the **Kitchen Queens of Yerucham** - a true gastronomic experience •\

Tour of **Yerucham** with a local social activist to hear about its transformation from a downtrodden development town to a dynamic growing community •

Study session on the role of the desert in the Torah at **Bamidbar**, a Yerucham based educational and social action center • Travel north to **Jerusalem** \

Check-in to **Leonardo Plaza Hotel in Jerusalem**

Dinner on own • Overnight: Leonardo Plaza Hotel, Jerusalem

Friday, May 8 – The Old City of Jerusalem: An Ancient Jewish Legacy

Discover the archaeological story of the **Western Wall** and episodes of Jewish life in Jerusalem 2,000 years ago at **Robinson's Arch and the Southern Wall Excavations**, including a recent discovery related to the Chanukah story •

Unique tour of the Western Wall Tunnels, including impressive new discoveries with **Dr. Avi Solomon**, the site's former chief archaeologist (subject to availability)•

Tour of the Archaeology Wing at the **Israel Museum** with an emphasis on Jewish Archaeology, followed by free time to explore additional exhibitions on own

Lunch on own

Free time to relax and prepare for Shabbat

Friday/Shabbat Evening Options:

Join hundreds of other Jews from around the world to Greet the Sabbath at the Western Wall. Option to pray together as a congregation at the "Masorati Kotel", where men and women can stand together or attend Friday night services at a local Jerusalem synagogue.

Festive Shabbat Dinner at hotel – Lone Soldiers invited, subject to availability. • Overnight: Leonardo Plaza Hotel, Jerusalem Saturday/

Shabbat, May 9 – And on the Seventh Day....in Jerusalem •

Shabbat morning services at a local Conservative/Masorati synagogue.

Traditional Shabbat Lunch at hotel

Shabbat Afternoon Options:

Late afternoon walking tour to the historic **Montefiore Windmill** to discover the first neighborhood built outside the walls of the Old City and/or Walking tour to the First Temple period Jewish burial site at **Ketef Hinnom** – Where archaeologists discovered the oldest biblical text ever found

Havdalah with Rabbi Mishkin •

Dinner on own •

Evening: Watch the **New sound and light show at the Tower of David** •

Overnight: Leonardo Plaza Hotel, Jerusalem

Sunday, May 10 – Nature, Rebels and Refugees in the Judean Desert

Tour the ruins of **Qumran**, where the **Dead Sea Scrolls** were discovered and hear about the ascetic Jewish sect that lived there 2,000 years ago

Lunch on own

1st Timers Option – Masada and the Dead Sea: Freedom Fighters or Fanatics?

Set out across the **Judean Desert** and ascend Masada by cable car to tour the ruins of Herod's palace and the last outpost of Jewish independence.

Discussion: Which Jewish Legacy – Masada or Yavne

Swim in the **Dead Sea**, the lowest place on earth, at a local resort. The resort also has a fresh water pool and spa facilities. Massage and spa treatments available by prior reservation at own expense. •

Lunch at Dead Sea resort

Return to Jerusalem •

Free evening •

Dinner on own

Overnight: Leonardo Plaza Hotel, Jerusalem

Monday, May 11 – Holocaust, Remembrance and Continuity

Guided tour of Yad Vashem Campus focusing on Holocaust art. This tour will examine both art created to memorialize different aspects of the Holocaust and art produced during the holocaust by its victims, including visits to the **Museum of Holocaust Art, the Yad Vashem Synagogue** and viewing sculpture installed at Yad Vashem.

1st Timers Option: Yad Vashem Tour Tour of Yad Vashem – Israel's national Holocaust memorial and museum, including the Holocaust History Museum and Children's Memorial

Tasting tour of the bustling Machane Yehuda Market to discover Jerusalem's many flavors from East and West •

Lunch on own, if still hungry•

Guided tour of the new Hebrew Music Museum in downtown Jerusalem's Nachalat Shiva neighborhood to learn about the history of Jewish music from biblical times and through seven different regions of the Diaspora

Free evening •

Dinner on own

Overnight: Leonardo Plaza Hotel, Jerusalem

Tuesday, May 12 •

Update on Israeli politics by Steve Linde, editor-in-chief of the Jerusalem Report and former editor-in-chief of the Jerusalem Post •

Multimedia tour of the **new Six Day War Heritage Museum on Ammunition Hill**, the site of the fiercest and most costly battle of the Six Day War •

Lunch on own

Geopolitical tour of Jerusalem to examine several key geopolitical issues impacting on the city, including borders, building and settlement (Jewish and Arab) and Israel's security fence •

Dinner on own •

Overnight: Leonardo Plaza Hotel, Jerusalem

Wednesday, May 13 – Modern Realities and Departure •

Engage in **hands on tzedakah** preparing food packages for distribution to some of Israel's neediest people at **Pantry Packers** in southern Jerusalem

Tour of less visited sites in the **Jewish Quarter: The Israelite Tower**, a 2,600 year old "archaeological puzzle" beneath the modern day neighborhood, the restored **Karaites Museum** and hear about the remarkable new discoveries under the ruins of the **Tiferet Yisrael Synagogue**

Lunch on own •

Remainder of afternoon free to explore on own and get in last minute shopping

Late check out

Farewell Dinner at Olive and Fish Restaurant

Transfer to Ben Gurion Airport

Thursday, May 14 – Arrive in USA

Programming Planning In The Works

Although synagogue programming is slowing down for the summer, planning for the fall is already underway!

We plan to continue providing special Shabbat programs throughout the 2019-2020 year and will again be offering varied Adult Education classes and individual sessions. But we also hope to try something new:

All of you who live in the Monroe Township area are in our sights! Rabbi Mishkin is looking forward to teaching classes in Monroe several times throughout the year, starting after the holidays. If you would be interested in opening your home for just one or two Wednesday morning classes, let me know. We can hold sessions in different communities, making learning more accessible to those who live in the area. You can contact me at 609-426-8727 or palinda@aol.com.

Once you get a calendar for the new year you can highlight November 1st and 2nd. We will be welcoming Rabbi Eric Wisnia, Rabbi Emeritus of Cong. Beth Chaim of Princeton Junction as our Scholar-in-Residence. Anyone who has met Rabbi Wisnia knows we are in for an amazing weekend. Plan to join us. Details in the fall.

Finally, in this newsletter find the flyer describing the FABULOUS trip to Israel that Rabbi Mishkin will be leading next May 3-14. If you are interested in any more information, call Allan Benish at 609-426-8727

Have a wonderful summer!

Linda Benish



Thank you.

Allen Skupp thanks the congregation for the tefilin he received as outgoing president of the congregation.

Phyllis Greenberg thanks Ira & Lee Donenfeld, Paula Yourman, Meryl Finkelshtein, Ann Branfman and Edna Yourman for helping in the office during the month of July.

Jackie & Adam Brooks and Ken & Dara Deitz and family thank you all for your well wishes in honor of the birth of Sadie Blair Brooks.

Mazel Tov

To Lisa Mason and Stan Perlman on the occasion of their wedding on July 14, 2019.

Welcome New Members

Mr. & Mrs. Powell Saks

Comforting the Mourner

I recently read that comforting the mourner is a core value in Judaism. In that vein we would like to extend our heartfelt thanks to the Beth Ohr family for your sympathy and kind words during our bereavement.

- Harriet Cohen and family

Condolences

Our deepest sympathy is extended to the family of Seymour Golden. Seymour passed away on Saturday, July 6, 2019.

Memorial Plaques

Three new plaques donated by Harriet & Bob Weiss and Bob Kagan have been added to the Memorial Wall:

Edward Abramson

Judith Abramson

Herman Kagan

Yahrzeit Memorial Fund

We honor the memories of our loved ones whose Yahrzeits occur during the months of **July and August**. We acknowledge the following for their contributions to the Yahrzeit Memorial Fund:

DONATED BY:

Lidia & Paul Adler
Eileen & Sidney Birnbaum

Ann K. Branfman
Elias Engber
Linda Garfinkel
Pat & Don Gordon
Ellie & Bob Honig
Marty Israel
Glenda Levenstein
Marshall Morris
Sheila Reinstein
Susan & Laurence Ross

Doris Schulsinger
Linda & Allen Skupp
Marcia & Perry Trechak

IN LOVING MEMORY OF

Lisette Bercovici
Jennie Birnbaum, Irving Birnbaum,
Bertha Kenter
Susan Kosser
Steven Engber
Eva Rosenfeld
Rose Gordon
Stephen Honig
Rose Friedman
Sarah Levenstein
Abraham Orenstein
Shari Widmayer
Theodore Silverman
Dora Ross
Morris Wishnik
Morris Wishnik
Irving Trechak, Edna Kaplan, &
Sylvia Shindelman.



BETH OHR CEMETERY

Congregation Beth Ohr owns and operates a cemetery which is located on Ernston Road in Sayreville. The cemetery is a non-profit entity using existing funds and fundraising as its source of operating revenues. Membership in Beth Ohr entitles each congregant to one individual plot which must be reserved at a cost of \$50. All other costs such as perpetual care, administrative fee, funeral, plot opening, headstone, etc. are borne by the family of the deceased. Please call Phyllis Greenberg in the office at 732-257-1523 for further details.

August Yahrzeits

The actual date that the Yahrzeit is observed is to the right of the name. It is customary to light a memorial candle on the eve of this date and to give tzedakah in memory of the Yahrzeit. One should recite the Mourner's Kaddish at services the evening before as well as the day of the Yahrzeit. Please call Phyllis in the Synagogue office at 732-257-1523, if you need information about the schedule of worship. The name of your departed will be read at the Friday evening and Shabbat morning services the week before the Yahrzeit date which are represented by the dates in the column which are in bold print.

| | | | |
|----------------------------|------|--|------|
| <u>August 3/4</u> | | <u>August 16/17 (continued)</u> | |
| Samuel Nussenbaum | 8/4 | Bernard Seltzer | 8/22 |
| Harry Plaut | 8/4 | Merril Goshorn | 8/23 |
| Benjamin Rabinowitz | 8/4 | Harold Lubin | 8/23 |
| Raye Smith | 8/4 | Philip Weiss | 8/23 |
| Lillian Silver | 8/5 | Morris Wernick | 8/23 |
| Lester Gochberg | 8/6 | Arnold Yourman | 8/23 |
| Sally Kestenber | 8/7 | <u>August 23/24</u> | |
| Cecil Mautner | 8/7 | Melvin Belsky | 8/24 |
| Solomon Jacquelyn | 8/7 | Eva Belsky | 8/25 |
| Pauline Cheney | 8/9 | Della Bemaman | 8/25 |
| Jacob Lowenthal | 8/9 | Jack Honig | 8/25 |
| Victor Sass | 8/9 | Ida Polovsky | 8/25 |
| <u>August 9/10</u> | | Benjamin Nathan Schenker | 8/25 |
| Charles Dondes | 8/10 | Sylvia Shindelman | 8/25 |
| Nathan Krutoy | 8/10 | Herbert Golden | 8/26 |
| Evelyn Wallace | 8/10 | Lucille Post | 8/26 |
| Louis Boshak | 8/11 | Ester Atzbi | 8/27 |
| Bertha Fuerth | 8/11 | Lester Auerbach | 8/27 |
| Irving Pearlstein | 8/11 | Jean Dennis | 8/27 |
| Stephen Haft | 8/12 | Ruth J. Frankel | 8/27 |
| Carrie Knepper | 8/12 | Harold Levinson | 8/27 |
| Evelyn Lopatkin | 8/12 | Benjamin Lipshitz | 8/27 |
| Max Balaban | 8/13 | Ruth Wurtzel | 8/27 |
| Srul Nemet | 8/13 | David Greenberg | 8/28 |
| Clara Gray | 8/14 | Alexander Kaplan | 8/28 |
| Maurice Halpert | 8/14 | Edgar Sender | 8/30 |
| Martin Donenfeld | 8/15 | <u>August 30/31</u> | |
| Sally Schwartz | 8/15 | Thelma Scher | 8/31 |
| Jerry Baron | 8/16 | Shirley Baldachino | 9/1 |
| <u>August 16/17</u> | | Benjamin Kobren | 9/2 |
| Rubin Bloness | 8/17 | Bertha Staff | 9/2 |
| Marion Faffer | 8/17 | Morris Lanzoff | 9/3 |
| Louis Fusfeld | 8/17 | Mala Rosenblum | 9/3 |
| Harry Levy | 8/17 | Benjamin Shapiro | 9/3 |
| Bonnie Robbins | 8/17 | Roberta Kagan | 9/5 |
| George Zwanziger | 8/18 | Lenore Linder | 9/5 |
| Harry Pekar | 8/19 | Pearl Weiss | 9/5 |
| Gertrude Waldman | 8/19 | Donald Isaacs | 9/6 |
| Arthur Abrasley | 8/20 | Sheila Katz | 9/6 |
| Evelyn Besterman | 8/21 | Beckie Rabinowitz | 9/6 |
| Edna Kaplan | 8/21 | | |

For your convenience, we have included this **Yahrzeit Memorial Plaque Form**. If you would like to order a plaque, please fill out and return this form with a check in the amount of **\$300** to the Synagogue office. If you have any questions about Hebrew names and/or dates, please call Phyllis at the office at 732-257-1523.



(Print Name in Hebrew Here)

(Print Name in English Here)

(Date in English) _____

(Date in Hebrew)

PLEDGE

I hereby authorize you to supply and maintain permanently on your Memorial Tablet, a name plate *in memory of*

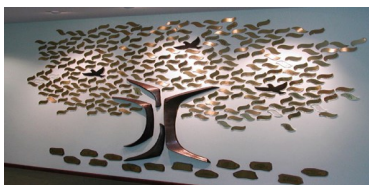
NAME IN FULL _____

for which I agree to pay \$300.00. It is mutually agreed that each year, on the Yahrzeit of the departed, and on other appropriate occasions in accordance with Jewish custom a Memorial Prayer will also be said.

Signed by

Date _____

Tree of Life
to honor or memorialize a loved one
Leaf - \$118.00



**AUGUST CELEBRATION OF
BIRTHDAYS, ANNIVERSARIES AND
OTHER SIMCHAS**

The Ritual Committee will honor members celebrating a birthday, anniversary or other simcha once a month at a Shabbat service.

Mazel Tov to the following congregants whose birthday and/or anniversary will be recognized on Saturday, August 20, 2019.

August Birthdays

- Jana (Monica) Blain
- Harriet Cohen
- Melvin Feder
- Darlene Fevrier
- Meryl Finkelstein
- Barry Gray
- Wayne Harrison
- Martin Israel
- Maxine Kaufman
- Bonnie Lerner
- Ryselle Perlman
- Stan Perlman
- Laurence Ross
- Clifford Shulman
- Sara Ullman



August Anniversaries

- Cheryl & Lee Cadel
- Lee & Ira Donenfeld
- Susan & Herbert Goldenberg
- Pearl & Michael Hillman
- Susan & Michael Ross
- Cathy & Samuel Silver
- Susan & Michael Weinstein

Men's Club News

Minyan every Sunday. All are Welcome.



The Men's Club is certainly a club with all the camaraderie any club offers. The photos above and on the next page share some of what we do and the fun we have, in addition to participating in a Minyan.

Top: The pancake crew—Lana and Harvey Cohen, Phyllis and Mel Ward and Herb Goldenberg served us Red, White, Blue and Plain pancakes the Sunday after July 4th; photo showing some of us eating them; and Mel helping clean up.

2nd row: Allen Skupp wearing for the first time the tefillin presented to him by the Men's Club. The next photo shows Harvey sitting at an empty table on a typical Sunday. He is usually the first one here to set up for our bagel breakfast and then the last one to leave after everything has been cleaned up and put away. Next is Phil Rabinowitz leading the davening in the downstairs sanctuary on the Sunday that Lisa and Stan were married. The regular sanctuary and all purpose-room were set up for their wedding (see photos elsewhere in here).

Men's Club Happenings!

Participate with the Men's Club any Sunday morning. Shul, Schmooze and Schmeat! Just show up.

Men's Club Program of Events (partial listing)

Jul 21—No food. This is a fast day. Ugly Tee Shirt contest. Winner gets a good Kosher bottle of wine.

If you don't usually attend, try coming once in a while and see what we have to offer.

More Men's Club News



Photos of Men's Club happenings

Top row: Cool Tee Shirts. Myles Schwartz, Marty Israel, Joe Shafran and Bob Weiss.
2nd row: Stan Perlman and Mel Ward at a ROMEO lunch deep in conversation solving the problems of eternity. Harvey Cohen as a guest at a ROMEO lunch. Herb with a Men's Club Triple S Tee shirt.
3rd row: Breakfast after a Minyan at the downstairs sanctuary, courtesy of Harvey and Herb. Next is a photo from last year with Seymour Golden and some Men's Club guys (3 with Men's Club tee shirts).

Beth Ohr People Photos

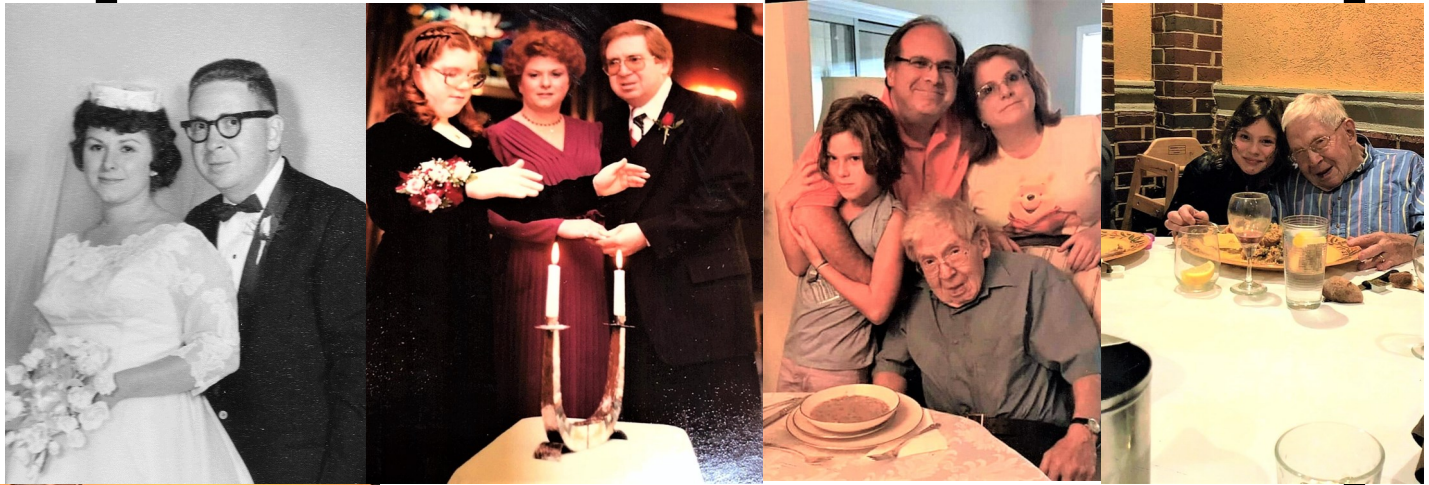


Photo descriptions

Top: Diane and Bob Lipp with Herb and Sue Goldenberg at dinner in New Jersey even though they all live at The Fountains in Lake Worth, FL. Sue Goldenberg paid a visit by three grandchildren. Allen Skupp turning over the gavel at Stan's first meeting as Congregation President. **2nd row:** Lisa Mason and Stan Perlman's wedding officiated by Rabbi Mishkin in our sanctuary. Next is their first dance as Mr. and Mrs. Next is visiting rabbi, Rabbi Ethan Seidel leading a Sunday Minyan. Sign announcing details of the Congregation's Israel trip next May 3– 14. If interested contact Allan Benish. **3rd row** shows our Congregation officers and committees working hard to keep things organized and flowing. First photo is the Calendar committee setting up the events for the next year. Next the Ritual Committee working on the High Holidays and other matters of importance. Nothing gets done without someone doing it! The thermometer for the Securing Our Future contributions has passed \$340,000 bringing us closer to our goal. If you haven't contributed, contact Stan Perlman or Allan Benish.

Seymour Golden 1929-2019

Past Beth Ohr Board Member for many years and Men's Club President 1990-1993.
Our condolences to Erich and Elizabeth and his entire family



CONGREGATION BETH OHR SPECIAL FUNDS

The following is a listing of the Special Funds to which tax deductible donations may be made.

David Benish Memorial Fund

Stephen Edwards Memorial Youth Fund

Elaine Leibowitz Memorial Fund

Beautification Fund

Herman & Frieda Lipp Memorial Fund

Mindy Nightingale Memorial Fund

Stuart Polovsky Memorial Fund

Herb Reinstein Memorial Fund

Heidi Rogol Memorial Fund

***When donating to these funds, please make your checks out to **CONGREGATION BETH OHR** and write the fund's name in the memo portion of the check. Thank you to the following people who made donations to Special Funds:

David Benish Memorial Fund

Linda & Allan Benish in memory of Sylvia Benish

Herb Reinstein Memorial Fund

Sheila Reinstein in memory of Shari Widmayer

General Fund

Sara Ullman for Aliyah at the Mason/Perlman Aufruf
Ken & Adele Weissman in honor of the wedding of Lisa Mason & Stan Perlman
Seymour Nussenbaum to the Misherberach list for recovery of Sloane Grubad

Announcements

The deadline for the next newsletter will be
Monday, August 12, 2019

Please send all of your thanks, articles
and announcements via e-mail to:
congregationbethohr@gmail.com
or call
Phyllis in the Synagogue office at 732-257-1523

“Ritually Speaking” Sponsor a Kiddush

If you are interested in sponsoring a Kiddush to celebrate a simcha, commemorate the Yahrzeit of a loved one, or “just because,” contact Phyllis in the office at 732-257-1523.

If you need to reach Rabbi Mishkin, please use any of the following:

Office Phone # 732-257-7031

Home phone #732-967-6710 after hours for emergencies

e-mail address: rabbijoelmishkin@gmail.com

Rabbi Mishkin will be available for counseling by appointment.

Gold Cards - Paula Yourman

I will be very happy to be your Hallmark lady. You can always send your personal cards through Sisterhood by emailing me with the information @ bubbe513@gmail.com, or call me at 609-409-0346. We have cards for speedy recovery, good wishes and remembrance. Each card is \$1.50 which includes the stamp. Some of you believe that cards can only be sent to temple members, this is not true, I will send to anyone.

Also when responding to messages that I send out, I would appreciate it very much if you would respond to me and not to ALL.

If you want a message to go out, please let me know as I will not send anything out that comes to me second-hand; it needs to come directly from you.

SCRIP

Sisterhood sells **Shoprite**, **Stop 'n' Shop**, and **Acme** Supermarket Gift Cards. This ongoing fundraiser helps support **Oneg Shabbat** and other activities of our congregation. (Sisterhood members receive donor credit equal to 5% of their scrip purchase.)

Your contacts are the following people for purchasing scrip and/or information:

Monica Atzbi 732-390-5890

Sharen Silverman 732-266-2389

Marcia Trechak 609-655-9507 (summer months)

Phyllis Greenberg --Temple Office 732-257-1523

When ordering from Phyllis at the temple office, please try to call in your order at least one day earlier and pick up your order during the following hours: 10 am-12 noon or 1:30PM to 3:00PM

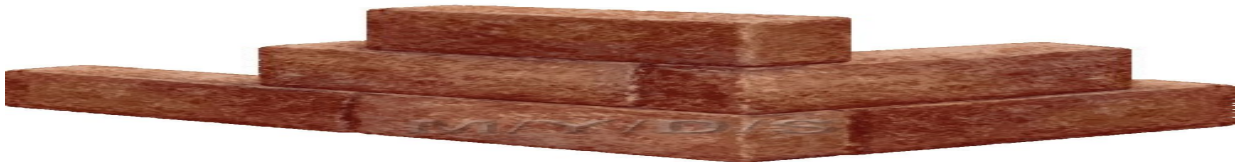


*SCRIP IS
FUNDRAISING
WHILE YOU*



Sisterhood Bricks

Bricks are available @ \$6.00 to send to anyone to commemorate a death, birth, in honor of, or good wishes. Call Ronnie at 732-254-1135 or send info to emrmcats@aol.com





Hello Everyone,

Congregation Beth Ohr has partnered with Community Recycling and their Shoe-Box Recycling program. Together we are on a mission to help promote the importance of shoe recycling while raising funds to help further our efforts. Shoe-Box Recycling is easy, engaging and rewarding for everyone involved.

Participating is simple. We are collecting gently used shoes for reuse, meaning all the shoes we recycle as a group are destined for another home. From South America and Africa to areas right here in the United States, our ShoeBox Recycling efforts will go to help people and communities in over 50 countries.

And what's even better is the many ways that our community benefits as well. Not only will your recycled shoes help Congregation Beth Ohr raise funds, it will also help keep usable shoes out of our local landfills. ShoeBox Recycling also gives us a chance to connect with the people and places that receive our recycled shoes. By writing a SoleMate Note to include with your shoes, you can let their new owner know about where they came from, what they were used for, or even any special memories attached to them. In return, they can write back to us and we can make a SoleMate connection.

So start cleaning out your closets and start looking under your bed for gently used shoes. Every pair you recycle means extra funds for us, less landfill waste and the potential to connect us to a SoleMate!

For more information contact Allan Benish at abenish@aol.com and check out Community Recycling online at www.communityrecycling.biz.

You can drop off your shoes at the synagogue and place them in the box labeled "SHOES" in the lobby during regular office hours of 9:00AM to 3:00PM.

What is Allowed

Gently Used Pairs, Men/Women's/kids, Soccer Cleats, Casual Shoes, Dress Shoes, Work Boots, Sneakers, Sandals, Heels, Flats, Loafers

What is Not Allowed

Damaged/Holes, Wet Mildewed, Single Shoes, Metal Spikes, Flip Flop/Plastic Shoes, Slippers, Dress Boots, Ski/Winter Boots, Skates/Blades

Dear Friends,

By volunteering your time, you can brighten the day for hundreds of seniors -- or just one special senior. Our partners, Jewish Family & Children's Services of Monmouth County (JFCS) and Jewish Family Services of Middlesex County (JFS), both need volunteers. Here are the details:

JFS in Middlesex needs drivers for Kosher Meals on Wheels

Delivery is daily Monday-Friday but volunteers can give their time once a week, once a month, etc. It's your choice.

There are 2 pickup locations: The Orchid in Metuchen and the JFS office in Monroe.

Various routes are in need.

Meal pick up is typically between 10am and 11am. Meals are to be delivered by 1pm. Some routes June run later than 1pm based on pick up time.

To volunteer reach out to Michelle Belay-Bianco at michelleb@middlesexjfs.org

Nothing feels better than connecting with people who really appreciate you. As a volunteer, you will be giving your time to those who appreciate you, but most often it's the volunteer who feels the experience has been a gift for them!

Please sign up to volunteer!

Sincerely,
Stacy Feldman, Director of Community Impact





A STRONG NATION. A STRONG INVESTMENT. ISRAEL BONDS



Development Corporation for Israel

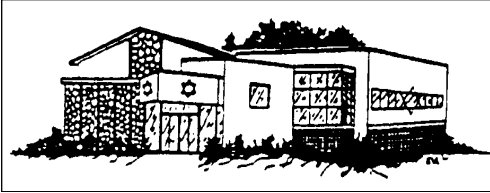
Linda Schmidt
Registered Representative
732.353.2003
linda.schmidt@israelbonds.com

ISRAELBONDS.COM   

This is not an offering, which can be made only by prospectus. Read the prospectus carefully before investing to fully evaluate the risks associated with investing in Israel bonds. Issues subject to availability. Member FINRA. Photo credit: Flash90

AN INVESTMENT
IN 70 YEARS OF
EXTRAORDINARY
ACHIEVEMENT





Congregation Beth Ohr
P.O. Box 206
Old Bridge, NJ 08857

Shabbat Candle Lighting Times For August, 2019

| | |
|------------------------|-------------|
| August 2, 2019 | 7:53 |
| August 9, 2019 | 7:45 |
| August 16, 2019 | 7:36 |
| August 23, 2019 | 7:25 |
| August 30, 2019 | 7:15 |

