

# BETH OHR NEWSLETTER

Vol. 66 Issue 6      June 2019      Iyar /Sivan      congregationbethohr@gmail.com  
 Synagogue Office:732-257-1523

## Congregation Beth Ohr Gala Brunch in Honor of Beth Ohr Sisterhood



Your ad in the Souvenir Journal shows your support of Congregation Beth Ohr and its programs

Special In Memorium page For Bob Nagler \$36 contribution.

**Journal Ad prices - 8½" x 11" page size**  
 When submitting your camera ready ads please allow for margins  
 All ads except back cover are black and white. Either PDF or JPG formats are acceptable.

Back cover supporter (full color)	<b>\$2,500.00</b>
Inside front or inside back cover supporter	<b>\$1,800.00</b>
Gold supporter	<b>\$1,000.00</b>
Silver supporter	<b>\$750.00</b>
Full page	<b>\$500.00</b>
Half page (8½ x 5½)	<b>\$275.00</b>
Quarter page (4¼ x 5½)	<b>\$150.00</b>
Business card	<b>\$ 75.00</b>
Congratulatory personal mention	<b>\$ 36.00</b>
In memorium listing	<b>\$ 36.00</b>
Alumni page message	<b>\$ 36.00</b>
Family Jewels (list your children and grandchildren) per name	<b>\$ 18.00</b>

- YES!** Enclosed is my tax deductible contribution to Congregation Beth Ohr of \$\_\_\_\_\_ for a \_\_\_\_\_(specify size) ad in the souvenir journal. Ad copy is attached. (Please attach camera ready copy, if available.) (NOTE: DO NOT STAPLE ads or business cards to this form)
- YES!** I want to attend the Gala Brunch in Honor of the Beth Ohr Sisterhood. Enclosed is my check for \$60.00 per guest. (Please provide the names of the attendees):

Name \_\_\_\_\_  
 Co. Name \_\_\_\_\_  
 Tel \_\_\_\_\_ Email \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ ST \_\_\_\_\_ Zip \_\_\_\_\_

**Ad deadline May 31, 2019**  
*Send your ad today to*  
 Beth Ohr Journal Ad Committee  
 c/o Allan Benish  
 114 Avignon Road  
 Monroe Township, NJ 08831  
 Tel: 609.426.8727 Email: abenish@aol.com  
 Ad solicited by \_\_\_\_\_

*Deadline extended to June 10.<sup>1</sup>*

### **SCHEDULE OF SERVICES**

All Friday evening services begin at 7:30 p.m. unless otherwise stated, Saturday morning Shabbat services begin at 9:30 a.m., Sunday morning minyan begins at 9:00 a.m.

#### **Schedule of Services and Events**

Sat. June 1	Shabbat Morning Service	9:30AM
Sun. June 2	Sunday Morning Service	9:00AM
	Men's Club Installation following service & Men's Club Breakfast	
	March with Federation at the Israel Day Parade in NYC	
Wed. June 5	Sisterhood Installation	7:30PM
Fri. June 7	Friday Evening Service & Temple Installation	7:30PM
Sat. June 8	Shabbat Morning Service	9:30AM
	Erev Shavuot	
Sun. June 9	Shavuot Service	9:30AM
Mon. June 10	Shavuot Service & Yizkor	9:30AM
Tues. June 11	Perkei Avot	7:30PM
Thurs. June 13	Heschel Philosophy	9:30AM
	Ritual Meeting	7:30PM
Fri. June 14	Friday Evening Service	7:30PM
Sat. June 15	Saturday Morning Services	9:30AM
	Simcha Shabbat	
Sun. June 16	Sunday Morning Service & Men's Club Breakfast	9:00AM.
Wed. June 19	Sisterhood Board Meeting	7:30PM
Thurs. June 20	Heschel Philosophy	9:30AM
Fri. June 21	Friday Evening Service	7:30PM
Sat. June 22	Shabbat Morning Service	9:30AM
Sun. June 23	Sunday Morning Service-No Breakfast	10:00AM
	Gala Brunch & Journal	11:00AM
Tues. June 25	Book Discussion	11:00AM
	Monument Ceremony	7:00PM
Thurs. June 27	Heschel Philosophy	9:30AM
	Jewish Prayer	10:30AM
	Temple Executive Board	7:30PM
	Temple Board of Trustees	8:00PM
Fri. June 28	Daytimers Tour of Middlesex County Museum	11:00AM
	Friday Evening Service	7:30PM
Sat. June 29	Saturday Morning Service	9:30AM
Sun. June 30	Sunday Morning Service & Men's Club Breakfast	9:00AM



## Rabbi's Message

### The Art of "Binging" in Synagogue

As some of you know, I have begun a new class on the Philosophy of Abraham Joshua Heschel. It takes place every Thursday morning at 9:30am and you will be most welcome if you choose to attend: These are some of my thoughts about Heschel from a recent Shabbat morning:

How can you cultivate an even deeper faith and become a more deeply religious person than you already are? That is a question Abraham Joshua Heschel asks. If you know anything about Heschel you know that he always worked on such matters even though he was an observant and deeply religious Jew. Descended from an illustrious lineage of Hasidic royalty, Heschel was not satisfied with the life of observance that he witnessed among the most traditional of adherents.

At the outset of his book, "God In Search of Man," Heschel states a complaint with religious life. "It is customary to blame secular science and anti-religious philosophy for the eclipse of religion in modern society. It would be more honest to blame religion for its own defeats. Religion declined not because it was refuted but because it became irrelevant, dull, oppressive, insipid. When faith is completely replaced by creed, worship by discipline, love by habit; when the crisis of today is ignored because of the splendor of the past; when faith becomes only an heirloom rather than a living fountain; when religion speaks only in the name of authority rather than with the voice of compassion - its message becomes meaningless."

Imagine that Heschel wrote these words in 1955, but they resonate every bit as much today. Why is this the case? Heschel attributed a lack of faith and religiosity in his day to a lack of effort. He used the Talmud as evidence. Citing the Torah's verse, "If you search there for the Lord your God, you will find Him, if only you seek Him with all your heart and all your soul," he then adds the words of a sage - "If a man says to you, I have labored and not found, do not believe him. If he says, I have not labored but still have found, do not believe him. However if he says, I have labored and found, you may believe him." To which Heschel concludes, "It is true that in seeking Him we are assisted by Him. But the initiative and intensity of seeking Him are within our power." Simply put, you have to work at finding God.

So let's consider this philosophy in our daily lives but today. I wish to confess that I, your rabbi, in the late hours of the evening after my work is done, will indulge in "binging" on many of the hundreds of series and thousands of offerings that are available to us today through Netflix, Amazon and the like. I have always felt a little guilty about this - that is, until I read the reflections of the novelist Ben Dolnick who recently wrote a column titled, "Why You Should Start Binge-Reading Right Now."

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Dolnick writes, “One night a couple of summers ago the power went out and, unable to watch Netflix or engage in my customary internet fugue, I lit a candle and picked up a thriller by Ruth Rendell. For the first time in as long as I could remember, my sole source of entertainment for an evening was going to be a book. And yes, yes, just as you’d expect, it was wonderful, it was cozy. But what struck me more than the night’s general delightfulness was how much my experience of reading the book was influenced by the speed with which I was suddenly moving through it. To that point, I’d been reading the book the way I usually read books, which is to say in five- or 10-minute snatches before bed. And I’d been more or less enjoying it — watching Rendell’s criminal protagonist get out of prison, following along as he searched for his victim — but I’d been enjoying it the way a person enjoys hors d’oeuvres at a cocktail party. Those cheese puffs are delicious; I just wish I could sit down with a plate of them. Now, by reading for an hour or two straight, I’d found my way into the caterer’s tent. I could savor the particular tart flavor of the author’s voice. I could admire the elegance of the trap she was setting for her doomed criminal. Before my storm-induced Rendell marathon, I’d been reading the wrong way. John Gardner, the literary critic, wrote that the job of the novelist is to create a “vivid and continuous dream” for the reader, but I’d somehow developed a case of readily sleep apnea. I’d gotten into the habit of consuming novels so fitfully that I was all but sealed off from their pleasures.”

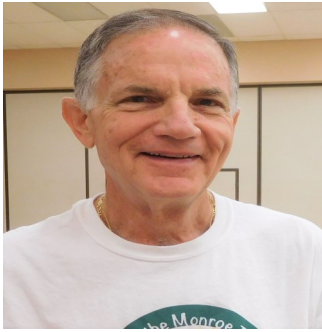
In other words, Mr. Dolkin reads like most of us, with distractions, interruptions, and lack of concentration. But there is a problem with this.

“I had accidentally discovered one of the great disadvantages of books (a medium that is not exactly short on disadvantages at the moment). Unlike Netflix, there is no team of brilliant and vaguely sinister engineers cooking up ways to get you binge reading. There is no auto-play technology frictionlessly delivering you from one chapter of the novel you’re reading to the next. There is only you, alone in the silence of your room with a chapter break before you and your phone cooing at you from the dresser.”

“However, there can be a payoff, in book after book, if you do push on through one chapter break, and then on through the chapter break after that, something amazing happens. Subplots that would once have been murky to the point of incomprehensibility (what was the deal with that dead sea captain again?) step into the light. Little jokes and echoes, separated by dozens or even hundreds of pages, come rustling out of the text forest. You will, in other words, find yourself propelled through a book that would once have been a multi-season dead weight in your tote bag.”

Now, you might ask yourself, what do Abraham Joshua Heschel and Ben Dolnick have in common? They are both seekers of something that ineffable and elusive - and the answer for both is a simple one. “If a man says to you, I have labored and not found, do not believe him. If he says, I have not labored but still have found, do not believe him. However if he says, I have labored and found, you may believe him.”

Synagogue worship, studying the Torah or Shakespeare takes effort, concentration and attentiveness. The answer might actually be found in “binging,” so when you study and when you pray - focus, shut out the distractions and concentrate on seeking God and maybe one of these days you will find Him.



## PRESIDENT'S MESSAGE

It is hard to believe that it was just two years ago that I was first installed as the President of Beth Ohr. My major objective then, and now as I leave office, is the continued success of the Synagogue. Linda and I have been members for over 43 years and it is truly family to us.

I have been very fortunate the past two years to have had a Board of Directors who shared the same goal. The Board worked very hard not only on facility improvements but also toward our financial and physical security.

Regarding facility improvements we:

- Added a second railing to the Bema to make it easier/safer for congregants
- Refinished the Social Hall floor
- Installed a new boiler
- Beautified the Sanctuary by adding the "Shema" blessing to the stained glass window wall
- Professionally cleaned the kitchen
- Replaced the back stairway
- Had a Sofer evaluate the Torahs and we now have six kosher Torahs

Financially we initiated the program known as "Securing Our Future". At this point we have surpassed 80% of our financial goal with almost 40% participation. I really think we can reach our goal or surpass it.

During this past year physical/personal security has become a major issue. Stan Perlman and I attended various presentations and we have:

- Met with the Old Bridge Police
- Had a congregational presentation concerning safety in active shooter situations by Old Bridge Detective Patrick Donofrio
- Been working to make facility changes which would enhance our safety and security
- Applied for a security grant; thanks to Terrie Polovsky



## Sisterhood News

Thank you to Lee Hyman, Paula Yourman and the Torah Fund Committee for preparing a beautiful luncheon and program honoring Roberta Karpel that was held on Sunday, May 5, 2019. Please see the article from the President of the Garden State Region of Women's League regarding this event on page 8.

Our annual Donor Dinner was held Wednesday evening, May 22, 2019 at 7:00 p.m.

Installation of Officers for 2019-2020 will be held on Wednesday, June 5, 2019 at 7:30 p.m.

Please support the synagogue's Gala Brunch in honor of Sisterhood by selling ads, buying an ad and attending the Brunch on Sunday, June 23, 2019. See the ad form elsewhere in this Newsletter.

Harriet Rabinowitz, Co-President

On May 22, 2019, the following Motions were voted on and passed by the members of Sisterhood: A motion to amend the Sisterhood Bylaws to allow carryover donor credits to be used for the purchases made in the Sisterhood gift shop. Donor credits shall be worth 50% of the carryover as with Jewelry and Temple functions and will be rounded up in the same way.

A motion to raise the cost of membership to \$36.00 for Temple members and \$45.00 for non-temple members to offset the cost of security expenses for fiscal year 2019-2020.

Sisterhood also elected the following slate of Officers for 2019-2020:

President Harriet Rabinowitz  
Treasurer Ronnie Mendlowitz  
Financial Secretary Estee Spiegel  
Corresponding Secretary Marian Falkowitz  
Recording Secretary Roberta Karpel  
VP - Membership Ashna Pincus and Edna Yourman  
VP - Fund Raising Liz Aroyo and Ilene Gray  
VP - Programming Lisa Mason



## Congregation Beth Ohr

P.O. Box 206, OLD BRIDGE, NEW JERSEY 08857  
(732) 257-1523 FAX (732) 257-1025  
CONGREGATIONBETHOHR@GMAIL.COM



RABBI JOEL MISHKIN  
ALLEN SKUPP, PRESIDENT

### Gala Brunch *honoring* **Beth Ohr Sisterhood**

Dear Friend and Fellow Congregant,

We will be having a Gala Brunch honoring the Beth Ohr Sisterhood on Sunday June 23, 2019 and we need your support.

This is our major fund raiser of the year and we need all of our congregants to step up with Journal ads either by taking it yourself or by selling ads to surrounding businesses and friends of Beth Ohr, and attending the Gala Brunch.

The funds raised from this event, and particularly the Journal, will help balance our budget and defray any annual deficit that we incur. The membership dues and contributions are greatly appreciated, but we need more. Ads sold to those outside our family bring in much needed funds.

Please note that any congregant that sells \$250.00 in ads (or \$500.00 per couple) can attend the Gala Brunch for FREE. So this is a big win-win. We get ad revenue and you can attend the Gala Brunch for Free.

If you need additional information or any assistance, please reach out to me. An ad form is on the next page and can be photocopied, and ad forms are available at the Synagogue.

We thank you and appreciate your support.

Cordially,

Edward Mendlowitz  
Committee Chairman

Tel: 732 890-3344, Email: emcpa1@aol.com

**URGENT PLEA!**  
**We need everyone to sell ads to local businesses to make this Gala Brunch a huge success.**

Dear Friends,

Last Sunday, I had the pleasure of attending the Torah Fund Benefactor's Luncheon at Congregation Beth Ohr in Old Bridge. Roberta Karpel, Torah Fund Benefactor, Sisterhood Recording Secretary, and volunteer extraordinaire was the guest of honor.

Speaking at the luncheon was Marcelle Hohl, a second-year rabbinical student at the Jewish Theological Seminary. Marcelle is from São Paulo, Brazil, speaks six languages and, being drawn to Judaism, converted while in college. After working many years as a translator and becoming an empty nester, Marcelle moved to New York City to attend the Rabbinical School at JTS.

To end the day's program, Torah Fund Chair Lee Hyman said a very special prayer about Sisterhood that I'd like to share with you:



**A Sisterhood Women's Prayer:**

Dear G'd,  
Give me the strength to face the challenge of each day;  
Give me the wisdom to conquer fear and pursue truth:  
Give me the confidence to make difficult decisions:

Give me the courage to defend my decisions when they  
are correct, and to admit when they are not;

And most of all give me the sense of humor that  
Will help me face the future with optimism.

With hope in G'd, in ourselves and in the future,  
May peace, harmony and sisterhood become a reality.

Amen

**Thank you, Marilyn Karlstein for allowing the Garden State Region to reprint this poem.**

Many thanks to Congregation Beth Ohr Sisterhood, Co-Presidents Cheryl Cadel & Harriet Rabinowitz and Torah Fund Chair Lee Hyman for inviting me and allowing me to share such a wonderful afternoon!

*Wishing you a happy Mother's Day filled with family, fun and plenty of hugs for you & your Mom!  
To those whose mothers have passed- may their memories be a blessing.*

Yours in Sisterhood,  
Teresa

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*Teresa Samtur*

*President, Garden State Region-WLCJ*

*Networking to engage, enrich and empower Conservative Jewish women"*

*email: [gsrpresident@wlcj.org](mailto:gsrpresident@wlcj.org)*

*h: 732-821-8163 c: 732-221-6366*





A Double A Affiliate



Trenton Thunder  
ARM & HAMMER Park  
One Thunder Road, Trenton, NJ 08611

**Join Sisterhood for a Trenton Thunder Game**

**Sunday, August 11, 2019**

**Game Start Time - 5PM**

**Bring Your Family & Friends - Open to All**

**Discount Tickets \$10 per person Ticket Orders Must Be Placed by  
Monday, July 15th**

**Name:** \_\_\_\_\_

**# of Tkts** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Total Enclosed:** \_\_\_\_\_ **Make check payable to: Sisterhood  
Beth Ohr.**

**Write "Baseball" on the check memo line or on the envelope and  
leave in the Sisterhood mailbox or mail to:**

**Lisa Mason, 11 Drexel Terrace, Monroe Twp., NJ 08831.**

**Questions? Call Lisa: 732-723-0293**

## DAYTIMERS NEWS

FRIDAY, JUNE 28: -

### MID-CENTURY NEW JERSEY: THE GARDEN STATE IN THE 1950'S

(Please note change of date from Thursday, June 20 to Friday, June 28)

Join the Daytimers for a trip to the Middlesex County Museum (Cornelius Low House) for an 11:00 AM free guided tour of the exhibit **Mid-Century New Jersey: The Garden State in the 1950's**. This exhibit shows the many hopes and dreams of fast cars and atomic power to the reality of strict gender roles and racial tension. Discover how rock 'n roll was born in Wildwood, and how a young seminary student named Martin Luther King, Jr. had a life-changing experience in the Maple Shade Tavern in Camden.



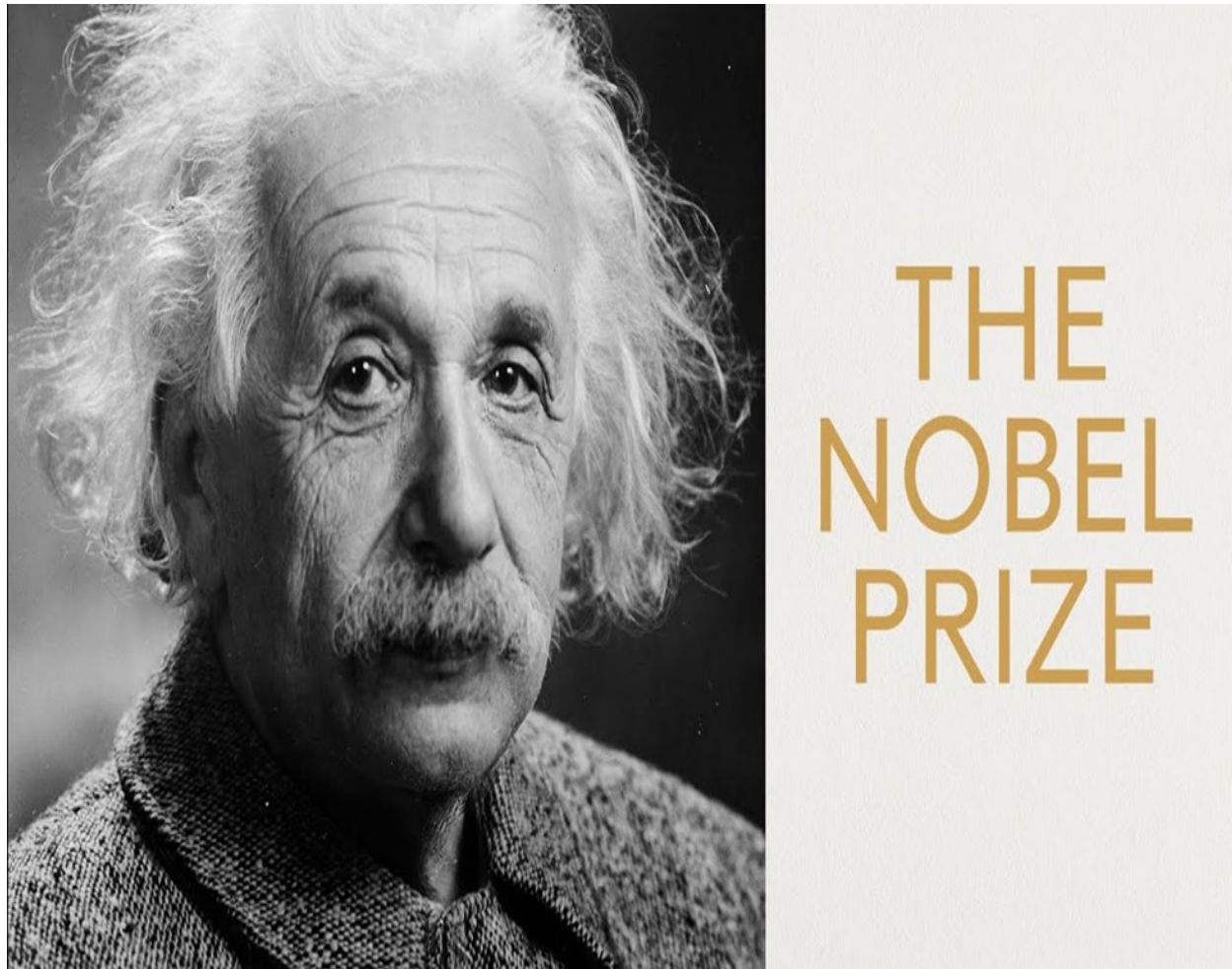
The visit to the museum will be followed by lunch (optional).  
For details and to RSVP, please call Ira (732-679-2652) or Linda (609-642-8182) by Sunday, June 23.

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**TUESDAY, JULY 9:  
FACES OF GENIUS: JEWISH NOBEL PRIZE WINNERS  
IN SCIENCE AND MEDICINE**

**The lecture will be presented at 10:00 AM by Jean Klerman and Barbara Michaels at Jewish Family Services in Monroe (Concordia Shopping Center – 1600 Perrineville Rd.) as part of the Jewish Historical Society of Central New Jersey’s American Jewish Experience lecture series.**

**The lecture will be followed by lunch (optional).  
For details and to RSVP, please call Ira (732-679-2652) or Linda (609-642-8182) by Tuesday, July 2.**



## Shavuot

Shavuot, also known as the Festival of Weeks, commemorates the revelation of the Torah on Mt. Sinai to the Jewish people, and occurs on the 50th day, after the 49 days of counting the Omer. Shavuot is one of the three biblically based pilgrimage holidays known as the **shalosh regalim**. It is associated with the grain harvest in the Torah. The holiday is observed on the 6th to 7th of the month of Si- van This year the Holiday begins Sunset on June 8, 2019 to Nightfall June 10, 2019

Shavuot is observed by abstaining from work and attending synagogue services. A few special readings are recited: a liturgical poem called **Akdamut**, which emphasizes the greatness of God; the Book of Ruth, because the story highlights one woman's choice to join the Jewish people and accept the Torah; and the Ten Commandments, in honor of the revelation of the Torah. It is also customary to study Torah all night; this practice is called **Tikkun Leil Shavuot**.

Traditional holiday meals on Shavuot center around dairy foods. Milk is considered to be a symbol of the Torah, which nourishes the people directly, as milk does for a baby. Popular Shavuot foods include cheesecake, blintzes, and kugels. Some Sephardic Jews make a seven-layered bread called **siete cielos**



*Moses on Mount Sinai – Jean-Léon Gérôme -1895-1900. Source: [Wikimedia Commons](#)*

## Our Graduates



Roberta and Larry Fachler are proud to announce the graduation of their Granddaughter, Brianna Fachler, from the University of Delaware. She will be receiving a Bachelor of Science Degree, with a major in Dietetics. **She will be interning to qualify for her RD License for 2020.**

Rebecca Clark, daughter of Lisa and Stephen Clark and granddaughter of Ashna and Bernie Pincus, will be graduating from East Brunswick High School. She will be attending Muhlenberg College in Allentown, PA this fall where she will be pursuing a History and Education degree with an Art minor.

Marjorie and Stuart Simon want to congratulate their son Craig graduating with a nursing degree, and granddaughter Rebecca, on her Masters degree in Occupational Therapy and granddaughter Danielle on her Communications Degree.

Susan and Herb Goldenberg are proud to announce the graduation of their granddaughter, Daniel Sophie Field, from Trinity Prep, Winter Park, Fl and her acceptance by the University of Wisconsin.

Lexis Jocelyn Trechak, granddaughter of Marcia and Perry Trechak, will be graduating from East Brunswick High School on June 20, 2019. Lexis is the daughter of Philip and Jessica Trechak and older sister of Samson and Chase. She will be going to Temple University in Philadelphia, majoring in Speech Pathology.

Kaitlin Karlstein, Ira's granddaughter, graduated from Montclair State this month.

Wilma and Allen Appel's grandson, Garrett Henn, is graduating from Colts Neck High School. He'll be attending Monmouth University.

Rachel Greenberg, granddaughter of Phyllis and Harry Greenberg, and daughter of Eliot and Lisa Greenberg, received her Master's Degree from Lipscomb University in Nashville, TN in December 2018. Rachel completed her two year commitment for Teach for America in Nashville TN, and accepted a Kindergarten Teacher position in the Bronx, starting in August 2019. Rachel will be moving to the Upper East Side of New York City in June.



**Join Congregation Beth Ohr  
Exploring Israel Adult Tour  
Led by Rabbi Joel Mishkin  
May 3 – 14, 2020**

*View and download itinerary and application at [www.israeltour.com/rmishkin](http://www.israeltour.com/rmishkin)*

***Tour Informational meeting  
June 18th at 7:30PM at Cong. Beth Ohr***

**The Secret is Out: Israel is #trending**

Join Congregation Beth Ohr's adult Israel trip where you can walk through the tunnels under the Old City, Float in the Dead Sea, become part of the daily life in Jerusalem and Tel Aviv. Visit the Palmach Museum, Historic Neve Tzeddek neighborhood, City of Sand and Sea mosaic fountain, Founders' Monument, New Israeli Innovation Center, Tel Aviv Stock Exchange, Yitzhak Rabin Center, Palmach Museum, Western Negev, Kibbutz Alumim, Briefing on local regional security from Rafi Babian, Salad Trail on Moshav Talmei Yosef, Encounter/ workshop with local sculptor Yaron Bob, Makhtesh Ramon, Traditional Bedouin community, David Ben Gurion's House, Kitchen Queens of Yerucham, Torah Study session at Bamidbar, Discover the archaeological story of the Western Wall, Western Wall Tunnels, Tour of the Archaeology Wing at the Israel Museum, Greet the Sabbath at the Western Wall, pray together as a congregation at the "Masorati Kotel", Meet Lone Soldiers, New sound and light show at the Tower of David, Ruins of Qumran, where the Dead Sea Scrolls, Masada and the Dead Sea, Guided tour of Yad Vashem Campus focusing on Holocaust art, Tasting tour of the bustling Machane Yehuda Market, Hebrew Music Museum, Update on Israeli politics, New Six Day War Heritage Museum on Ammunition Hill, Your senses will be filled with the life, smells, sounds and textures of modern Israel, along with an appreciation of our connections to our Jewish roots and biblical history. Your experience will be a exciting fantastic, fun-filled spiritual adventure!

**Come join us.**

*For additional information please contact:*

*Rabbi Joel Mishkin by email; [rabbijoelmishkin@gmail.com](mailto:rabbijoelmishkin@gmail.com) or call Rabbi at 732.257.1523*

*Tour arranged by ITC: call Janine at 800.247.7235.- 973.535.2575 or email [janine@israeltour.com](mailto:janine@israeltour.com)*



*See next page for itinerary*

**Sunday, May 3** – Depart USA Monday,

**May 4 – Going up into the Land •**

Morning arrival in Israel to be met and assisted by your ITC representative (today's program depends on arrival time) •

Walking tour of the historic **Neve Tzeddek** neighborhood, once home to Zionist cultural pioneers Eliezer Ben Yehuda, S.Y. Agnon and Rabbi Kook, which 25 years after its founding gave birth to Tel Aviv – The first Hebrew city in 2,000 years

• **ITC Touch: Discover City of Sand and Sea**, a mosaic fountain created by artist and writer Nachum Gutman portraying scenes from the history of Jaffa and Tel Aviv

Hear about the establishment of Tel Aviv at the Founders' Monument then stroll down Rothschild Boulevard to view the Bauhaus architecture for which central Tel Aviv was declared a UNESCO World Heritage Site •

Visit the new Israeli Innovation Center located in the Tel Aviv Stock Exchange to learn how Israel became the Start Up Nation •

Lunch on own•

Tour the Israeli Museum at the Yitzhak Rabin Center for a critical look at Israeli history and society

1st Timers Option: Multimedia tour of the Palmach Museum to learn about the elite underground organization that played a critical role in founding the State of Israel•

Check-in to the Carlton Hotel on Tel Aviv's Mediterranean Coast

Welcome Dinner at Maganda Restaurant in Tel Aviv's old Yemenite Quarter. • Overnight: Carlton Hotel, Tel Aviv

**Tuesday May 5 – Defense and Pioneering in the Western Negev**

Travel to the western Negev

Visit Kibbutz Alumim to meet with a local kibbutznik and hear first-hand about living on the Gaza border, pioneering in the Negev and kibbutz as a community

Briefing on local regional security from Rafi Babian, security coordinator of the Sdot Negev Regional Council and Kibbutz Alumim member

Lunch at Kibbutz Alumim•

Discover hi-tech agriculture and innovative crops on the Salad Trail on Moshav Talmei Yosef • Encounter/workshop with local sculptor Yaron Bob, who has created works of art out of Kassam rockets that have fallen in the region

Travel to the Negev Highlands•

Check-in to the Ramon Inn in Mitzpe Ramon • Dinner at hotel

Overnight: Ramon Inn, Mitzpe Ramon

**Wednesday, May 6 – Negev Highlands: Primeval Desert Beauty**

Learn about the natural history of the region at the multimedia Makhtesh Ramon Visitors Center dedicated to fallen Israeli astronaut Ilan Ramon

Explore Makhtesh Ramon (Ramon Crater) on foot and by jeep to discover magnificent desert landscapes and a fascinating window into the earth's past

Lunch on own

ITC Touch: Encounter with a traditional Bedouin community in the Negev Highlands for a "non-touristy" Bedouin tourism experience - Hear about how social changes are impacting their community

Dinner at hotel

Overnight: Ramon Inn, Mitzpe Ramon

**Thursday, May 7 – Vision and Development in the Negev**

Walk in the stunning white canyon of Ei Avdat in the Zin Valley in the Zin Valley

Tour of David Ben Gurion's House on Kibbutz **Sde Boker** to learn about his vision for developing the Negev

Travel to the Negev development town of

**Yerucham**

Lunch with the **Kitchen Queens of Yerucham** - a true gastronomic experience •\

Tour of **Yerucham** with a local social activist to hear about its transformation from a downtrodden development town to a dynamic growing community •

**Study session** on the role of the desert in the Torah at **Bamidbar**, a Yerucham based educational and social action center • Travel north to **Jerusalem** \

Check-in to **Leonardo Plaza Hotel in Jerusalem**

Dinner on own • Overnight: Leonardo Plaza Hotel, Jerusalem

**Friday, May 8 – The Old City of Jerusalem: An Ancient Jewish Legacy**

Discover the archaeological story of the **Western Wall** and episodes of Jewish life in Jerusalem 2,000 years ago at **Robinson's Arch and the Southern Wall Excavations**, including a recent discovery related to the Chanukah story •

Unique tour of the Western Wall Tunnels, including impressive new discoveries with **Dr. Avi Solomon**, the site's former chief archaeologist (subject to availability)•

Tour of the Archaeology Wing at the **Israel Museum** with an emphasis on Jewish Archaeology, followed by free time to explore additional exhibitions on own

Lunch on own

Free time to relax and prepare for Shabbat

**Friday/Shabbat Evening Options:**

Join hundreds of other Jews from around the world to Greet the Sabbath at the Western Wall. Option to pray together as a congregation at the "Masorati Kotel", where men and women can stand together or attend Friday night services at a local Jerusalem synagogue.

**Festive Shabbat Dinner at hotel – Lone Soldiers invited**, subject to availability. • Overnight: Leonardo Plaza Hotel, Jerusalem Saturday/

**Shabbat, May 9 – And on the Seventh Day....in Jerusalem •**

Shabbat morning services at a local Conservative/Masorati synagogue.

Traditional Shabbat Lunch at hotel

Shabbat Afternoon Options:

**Late afternoon** walking tour to the historic **Montefiore Windmill** to discover the first neighborhood built outside the walls of the Old City and/or Walking tour to the First Temple period Jewish burial site at **Ketef Hinnom** – Where archaeologists discovered the oldest biblical text ever found

**Havdalah** with Rabbi Mishkin •

Dinner on own •

**Evening:** Watch the **New sound and light show at the Tower of David** •

Overnight: Leonardo Plaza Hotel, Jerusalem

**Sunday, May 10 – Nature, Rebels and Refugees in the Judean Desert**

**Tour** the ruins of **Qumran**, where the **Dead Sea Scrolls** were discovered and hear about the ascetic Jewish sect that lived there 2,000 years ago

Lunch on own

1st Timers Option – Masada and the Dead Sea: Freedom Fighters or Fanatics?

Set out across the **Judean Desert** and ascend Masada by cable car to tour the ruins of Herod's palace and the last outpost of Jewish independence.

**Discussion: Which Jewish Legacy – Masada or Yavne**

Swim in the **Dead Sea**, the lowest place on earth, at a local resort. The resort also has a fresh water pool and spa facilities. Massage and spa treatments available by prior reservation at own expense. •

Lunch at Dead Sea resort

**Return to Jerusalem •**

Free evening •

Dinner on own

Overnight: Leonardo Plaza Hotel, Jerusalem

**Monday, May 11 – Holocaust, Remembrance and Continuity**

**Guided tour of Yad Vashem Campus focusing on Holocaust art.** This tour will examine both art created to memorialize different aspects of the Holocaust and art produced during the holocaust by its victims, including visits to the **Museum of Holocaust Art, the Yad Vashem Synagogue** and viewing sculpture installed at Yad Vashem.

1st Timers Option: Yad Vashem Tour Tour of Yad Vashem – Israel's national Holocaust memorial and museum, including the Holocaust History Museum and Children's Memorial

**Tasting tour of the bustling Machane Yehuda Market to discover Jerusalem's many flavors from East and West •**

Lunch on own, if still hungry•

**Guided tour of the new Hebrew Music Museum in downtown Jerusalem's Nachalat Shiva** neighborhood to learn about the history of Jewish music from biblical times and through seven different regions of the Diaspora

Free evening •

Dinner on own

Overnight: Leonardo Plaza Hotel, Jerusalem

**Tuesday, May 12 •**

**Update on Israeli politics by Steve Linde**, editor-in-chief of the Jerusalem Report and former editor-in-chief of the Jerusalem Post •

Multimedia tour of the **new Six Day War Heritage Museum on Ammunition Hill**, the site of the fiercest and most costly battle of the Six Day War •

Lunch on own

**Geopolitical tour of Jerusalem** to examine several key geopolitical issues impacting on the city, including borders, building and settlement (Jewish and Arab) and Israel's security fence •

Dinner on own •

Overnight: Leonardo Plaza Hotel, Jerusalem

**Wednesday, May 13 – Modern Realities and Departure •**

Engage in **hands on tzedakah** preparing food packages for distribution to some of Israel's neediest people at **Pantry Packers** in southern Jerusalem

Tour of less visited sites in the **Jewish Quarter: The Israelite Tower**, a 2,600 year old "archaeological puzzle" beneath the modern day neighborhood, the restored **Karaites Museum** and hear about the remarkable new discoveries under the ruins of the **Tiferet Yisrael Synagogue**

Lunch on own •

Remainder of afternoon free to explore on own and get in last minute shopping

Late check out

Farewell Dinner at Olive and Fish Restaurant

Transfer to Ben Gurion Airport

**Thursday, May 14 – Arrive in USA**

# SISTERHOOD CONGREGATION BETH OHR CALENDAR PERSONALS

Dear Members:

Sisterhood is once again planning to make up our Jewish Calendar for the year 5779-5780 (2019-2020).

There will be a place on the calendar for your personal dates. Your cost will be \$2.50 for each birthday, anniversary, wedding, and yahrzeit. Personals will be listed on each month's page. Full donor credit will be given for these contributions.

In addition to the above, for a donation of \$10 your name (or those of your friends and relatives) can be listed as a patron. Full donor credit for each \$10 patron obtained by a Sisterhood member.

We need the support of the entire Congregation to make this as successful a year as last year. Please enclose your check payable to Sisterhood Congregation Beth with your imprint order and mail to Linda Garfinkel, c/o Congregation Beth Ohr, P. O. Box 206, Old Bridge, N.J. 08857.

Thank you for your support. DEADLINE FOR ORDERS IS JULY 12, 2019.

Linda Garfinkel

PLEASE PRINT CLEARLY

Birthdays \_\_\_\_\_  
(\$2.50 each)

\_\_\_\_\_

\_\_\_\_\_

Anniversaries \_\_\_\_\_  
(\$2.50 each)

\_\_\_\_\_

Yahrzeits \_\_\_\_\_  
List name, English month, \_\_\_\_\_  
Day & Year \_\_\_\_\_  
(\$2.50 each)

\_\_\_\_\_

Weddings \_\_\_\_\_  
(\$2.50 each)

\_\_\_\_\_

Patrons \_\_\_\_\_  
(\$10.00 each)

\_\_\_\_\_





### **Plaques installed in the sanctuary during the month of June**

Mark Leonard Weiss  
Herman Kagan

### **Condolences**

Our sincerest sympathy is extended to Harriet Cohen and family on the loss of her beloved son, Mark.

**Israel Day Parade— Sunday, June 2** – Join The Jewish Federation as Jews from all over Middlesex County march in New York City together with thousands of others as we celebrate Israel. Show the world our pride and our love for Israel

### **An invitation from Lisa Mason and Stan Perlman**

We invite the congregation to Shabbat services on July 6 for their aufruf. They are sponsoring a delicious kiddush luncheon in honor of their upcoming wedding.

### **Grandparents Kvelling**

#### **Roberta and Larry Fachler**

- Proudly announce that their granddaughter, Allyson Fachler, was inducted into the Honor Society at Hood College. She will be entering her junior year in August 2019.
- Mark Fachler, our grandson, will be working at Pfizer Pharmaceutical as an intern this summer. He will be entering his senior year at the University of Maryland in August.

#### **Susan and Herb Goldenberg**

- Are proud to announce that their grandson, Jared Steven Goldenberg, made the Dean's List at the University of Florida, while his brother, Alex Cole Goldenberg, made the Dean's List at the University of Central Florida.

### **Bar Mitzvah Mazel Tov**

Jana Blain and Ronnie and Jay Rosenzweig proudly announce the Bar Mitzvah of their grandson, Aidan, on June 11th. Parents are Deborah (Blain) and Lee Rosenzweig.

### **Thank you**

#### **From Lee Hyman**

I would like to say Thank You to the following people for their help with the Torah Fund Benefactor Luncheon on Sunday May 5th: Allen Appel, Liz Aroyo, Monica & Mark Atzbi, my son, Matt Brenner, Cheryl Cadell, Ira Donenfeld, Ilene Gray, Phyllis Greenberg, Maxine Kaufman, Ed Mendlowitz, Men's Club, Ashna Pincus, Harriet & Phil Rabinowitz, Chuck Rogel, Barbara Schneider, Edna Yourman, Paula Yourman

#### **From Roberta Karpel**

I would like to thank Sisterhood for the wonderful honor they have bestowed upon me as the Torah Fund Benefactor of the year. I also want to thank Lee Hyman, Edna Yourman, and all their helpers for the beautiful luncheon thrown in my honor. It was a day I will always remember.

#### **From Phyllis Greenberg**

Thank you Ira & Lee Donenfeld, Ann Branfman, Meryl Finkelstein, Paula & Edna Yourman and Helene Grynberg, for all their help in the office during the month of May.

# Yahrzeit Memorial Fund

We honor the memories of our loved ones whose Yahrzeits occur during the months of **May & June**. We acknowledge the following for their contributions to the Yahrzeit Memorial Fund:

## **DONATED BY:**

The Aroyo Family  
Eileen & Sid Birnbaum  
Jana Blain & Family  
Suzanne Edwards  
Paula Eisen  
Elias Engber  
Barbara & Mel Feder, Daniel & Lauren  
Marilyn Gilbarg  
Roz Goldstein  
Sylvia Kagan  
Joseph Klein  
Glenda Levenstein  
Seymour Nussenbaum  
Melody & Myles Schwartz  
Bernie & Rita Selden  
Joseph & Dorothy Shafran  
Doris Schulsinger  
Linda & Allen Skupp  
Sarah & David Raymond  
Sara & Steven Ullman  
Deborah & Lawrence Weintraub  
Sandra Wexlin

## **IN LOVING MEMORY OF**

Louis Aroyo  
Aaron Kanter  
Kurt Schiller  
Bertha Lowenthal  
Mel Narol  
David Ingber  
Esther Feder, Isaac Feder  
Charles Gorsky, Joseph Gilbarg  
Michael Goldstein  
Bessie Nemet  
Max M. Klein  
Aaron Levenstein, Eli Jaffe  
Albert Nussenbaum, Yette Ribet  
Brett Schwartz  
Pauline Salstein  
Samuel Shafran  
Ida Schulsinger  
Ida Schulsinger  
Isadore Leo Simon  
Arthur Ullman  
Rachel Weintraub Wilhelm  
Iris Wolfe



## **BETH OHR CEMETERY**

Congregation Beth Ohr owns and operates a cemetery which is located on Ernston Road in Sayreville. The cemetery is a non-profit entity using existing funds and fundraising as its source of operating revenues. Membership in Beth Ohr entitles each congregant to one individual plot which must be reserved at a cost of \$50. All other costs such as perpetual care, administrative fee, funeral, plot opening, headstone, etc. are borne by the family of the deceased. Please call Phyllis Greenberg in the office at 732-257-1523 for further details.

## June Yahrzeits

The actual date that the Yahrzeit is observed is to the right of the name. It is customary to light a memorial candle on the eve of this date and to give tzedakah in memory of the Yahrzeit. One should recite the Mourner's Kaddish at services the evening before as well as the day of the Yahrzeit. Please call Phyllis in the Synagogue office at 732-257-1523, if you need information about the schedule of worship. The name of your departed will be read at the Friday evening and Shabbat morning services the week before the Yahrzeit date which are represented by the dates in the column which are in bold print.

<u>May 31/June 1</u>		<u>June 14/15 (continued)</u>	
Edward Haft		6/1 Michele Feinstein	6/20
Eli Jaffe		6/1 Pearl Sovern	6/20
Yetta Morris		6/1 Eleanor Perlman	6/21
Esther Beer		6/2 Eva Rosenfeld	6/21
Abraham Mann			<u>June 21/22</u>
Mildred Weissman		6/3 Eisig Kornreich	6/22
Douglas Simon Babitz		6/4 Morris Rosenthal	6/22
Molly Pincus		6/4 Samuel Schechter	6/22
Alice Rogol		6/4 George Feldstein	6/23
Samuel Star		6/4 Sarah Oshinsky	6/23
Ben Handler		6/5 Miriam Schreier	6/23
Marlene Honig		6/6 David Schweidel	6/23
Max Mordecai Klein		6/6 Irene Himmelstein	6/24
Frank Schaffer		6/6 Zindel Praport	6/24
Stephen R. Silberstein		6/6 Larry Greene	6/25
Bernard Berkley		6/7 Al Tyberg	6/25
Mary Elkan		6/7 Iliana Weiner	6/25
Abram Erlick		6/7 Robert Frank	6/26
Bessie Nemet		6/7 Mel Narol	6/26
Richard Sommers		6/7 Irving Solomon	6/26
	<u>June 7/8</u>	Arlene Baron	6/27
Meyer Salstein		6/8 Rachel Wilhelm	6/27
Joel Weprin		6/8 Esta Bloness	6/28
David Benish		6/9 Marvin Lanzoff	6/28
Herb Reinstein		6/9	<u>June 28/29</u>
Minnie Fachler		6/10 Martin Barsky	6/29
Leon Kurtz		6/10 Stuart Jay Enden	6/29
Pearl Cohen		6/11 Roslyn W. Katz	6/30
Joseph Gilbarg		6/11 Henrietta Nathanson	6/30
Larry Kestenberg		6/11 Hyman Schiffer	6/30
Bernard Weiss		6/11 Louis Deutsch	7/1
Edward Katz		6/12 Rhoda Hyman	7/1
Jack Schneider		6/12 Louis Rothberg	7/1
Rose Rabinowitz Cabelly		6/13 Barbara Wilkes	7/1
Zelda Levitt		6/13 Selma Auerbach	7/2
David Edelman		6/14 Rae Hochwald	7/2
	<u>June 14/15</u>	Saul Levine	7/2
Isadore Simon		6/15 Sally Miller	7/2
Fred Goldberg		6/16 Carl Tash	7/2
Perl Fishman		6/17 Shana Raizel Wilpon	7/2
Bertha Lowenthal		6/17 Barnet Zaret	7/2
Brett Schwartz		6/17 Harry Zaret	7/2
Sol Fachler		6/18 Harriet Baron	7/3
Isaac Feder		6/18 Jacob Blitzstein	7/3
Max Kasloff		6/18 Sarah Moss	7/3
Shirley Silverstein		6/18 Esther Feder	7/4
Abraham Douglas		6/19 Mildred Levine	7/4
Joseph Tischler		6/19 Rose Glaz	7/5
Lillian Burstein		6/20 Charles Gorsky	7/5

For your convenience, we have included this **Yahrzeit Memorial Plaque Form**. If you would like to order a plaque, please fill out and return this form with a check in the amount of **\$300** to the Synagogue office. If you have any questions about Hebrew names and/or dates, please call Phyllis at the office at 732-257-1523.



(Print Name in Hebrew Here)

(Print Name in English Here)

---

(Date in English) \_\_\_\_\_

(Date in Hebrew)

#### PLEDGE

I hereby authorize you to supply and maintain permanently on your Memorial Tablet, a name plate *in memory of*

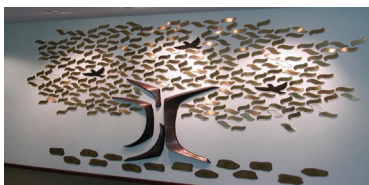
NAME IN FULL \_\_\_\_\_

for which I agree to pay \$300.00. It is mutually agreed that each year, on the Yahrzeit of the departed, and on other appropriate occasions in accordance with Jewish custom a Memorial Prayer will also be said.

Signed by

Date \_\_\_\_\_

Tree of Life  
to honor or memorialize a loved one  
Leaf - \$118.00





## **JUNE CELEBRATION OF BIRTHDAYS, ANNIVERSARIES AND OTHER SIMCHAS**

The Ritual Committee will honor members celebrating a birthday, anniversary or other simcha once a month at a Shabbat service.

Mazel Tov to the following congregants whose birthday and/or anniversary will be recognized on Saturday, June 15, 2019.

### **June Birthdays.:**

Elizabeth Aroyo, Lee Cadel, Fern Calascibetta, Susan Cannata, Dara Deitz, Kenneth Deitz, Barbara Feder, Rosalyn Goldstein, Ilene Gray, David Honig, Marilyn Karlstein, Elliott Leibowitz, Sheila Reinstein, Ronnie Rosenzweig, Herman Schneider, Linda Skupp, Robert Weiss, Alan Zussman

### **June Anniversaries**

Allen & Wilma Appel, Liz & Michael Aroyo, Allan & Linda Benish, Roberta & Gene Bernstein, Helene & Daniel Grynberg, Marilyn & Ira Karlstein, Rysie & Jeff Perlman, Zellie & Mel Prussack, Arlene & Nelson Silver, Marjorie & Stuart Simon, Virginia & Robert Zussman

# Men's Club News

Minyan every Sunday. All are Welcome.



## Happy Memorial Day from Men's Club

Everyone attending the Minyan on Memorial Day Weekend wore an American Flag T-Shirt with three exceptions. Rabbi Mishkin who graciously and expertly took the photo and two Phillies fans—Ken and Phil—who wore Phillies T Shirts pointing out that they were in Red White and Blue in a strange coincidence.

## Men's Club Happenings!

Participate with the Men's Club any Sunday morning. Shul, Schmooze and Schmeat!

**Men's Club Program of Events** (partial listing)

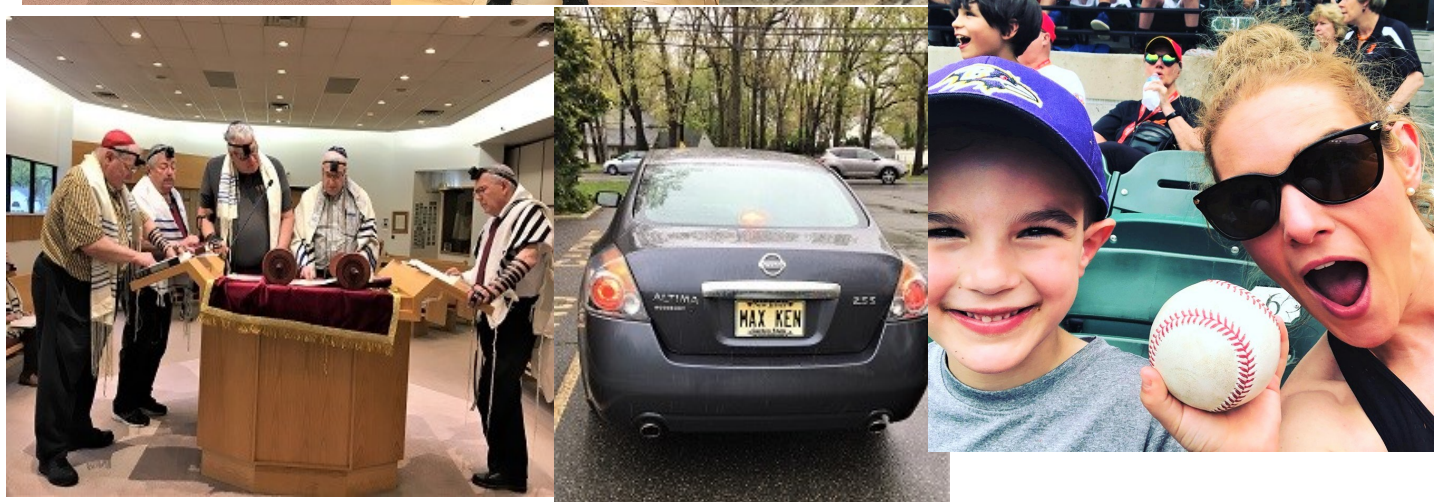
Jun 2—Men's Club Installation

Jun 23—Gala Brunch honoring Sisterhood —Minyan will be at 10:00 that morning, and no bagel breakfast. Come to the Brunch.

Ed Mendlowitz, Men's Club President, emcpa1@aol.com tel 732 890-3344

*If you don't usually attend, try coming once in a while and see what we have to offer.*

# More Men's Club News



## Photo descriptions

Top: Ken Deitz and Phil Rabinowitz at the Minyan with their Phillies T Shirts. Shimon Okoh also at a Minyan. Bob Weiss, not at a minyan but holding the four Queens he pulled in a poker game.

2nd row: Morty leading a minyan. Morty in the remnants of his Marine's uniform and Corporal Morty in a newspaper photo collecting holiday toys for children. Ivan with a Sgt Peppers' shirt.

Bottom row: Laining Torah on Rosh Hodesh Iyar. Maxine and Ken Kaufman's license plate. Dylan and Kara Rabinowitz at a Baltimore / NY Yankees game where a fan caught a Yankee hit ball and gave it to Dylan.

# Torah Fund Luncheon Honoring Roberta Karpel



## Torah Fund Luncheon Honoring Roberta Karpel



Photo with Chairperson Lee Brenner presenting Roberta with award. Mark talking about his mother. The large gathering in attendance where funds were raised for the Seminary. The Karpels with some friends and Rabbi and Beverly with Allen Skupp and the guest speaker Marcelle Hohl, a Rabbinical student, who gave an excellent presentation about the Seminary including some of her interesting background..





# Security Presentation by Old Bridge Police Dept.

Log in and watch this video: <https://www.youtube.com/watch?v=5VcSwejU2D0>

Special Thanks to Detective Pat D'Onofrio for his excellent presentation.



## Beth Ohr People Photos



### Photo descriptions

Sue and Herb Goldenberg with some of their growing family. Helene Grynberg presenting the Helene Grynberg Scholarship that was instituted by Rutgers University in honor of her exemplary service. Part of the Gala Brunch committee at work. Edna Yourman and Roberta Karpel in front table. On back table Allan Benish, Paula Yourman, Stan Perlman, Allen Skupp and Ira Donenfeld.

## Gold Cards - Paula Yourman

I will be very happy to be your Hallmark lady. You can always send your personal cards through Sisterhood by emailing me with the information @ [bubbe513@gmail.com](mailto:bubbe513@gmail.com), or call me at 561-687-1481. We have cards for speedy recovery, good wishes and remembrance. Each card is \$1.50 which includes the stamp. Some of you believe that cards can only be sent to temple members, this is not true, I will send to anyone.

Also when responding to messages that I send out, I would appreciate it very much if you would respond to me and not to ALL.

If you want a message to go out, please let me know as I will not send anything out that comes to me second-hand; it needs to come directly from you.

## SCRIP

**Sisterhood** sells **Shoprite**, **Stop 'n' Shop**, and **Acme** Supermarket Gift Cards. This ongoing fundraiser helps support **Oneg Shabbat** and other activities of our congregation. (Sisterhood members receive donor credit equal to 5% of their scrip purchase.)

Your contacts are the following people for purchasing scrip and/or information:

Monica Atzbi 732-390-5890

Sharen Silverman 732-266-2389

Marcia Trechak 609-655-9507 (summer months)

Phyllis Greenberg --Temple Office 732-257-1523

**When ordering from Phyllis at the temple office, please try to call in your order at least one day earlier and pick up your order during the following hours: 10 am-12 noon or 1:30PM to 3:00PM**

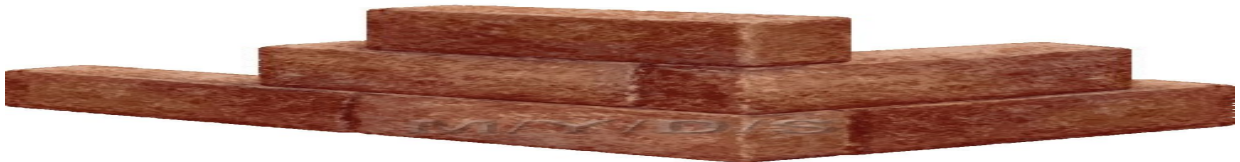


*SCRIP IS  
FUNDRAISING  
WHILE YOU*



## Sisterhood Bricks

Bricks are available @ \$6.00 to send to anyone to commemorate a death, birth, in honor of, or good wishes. Call Ronnie at 732-254-1135 or send info to [emrmcats@aol.com](mailto:emrmcats@aol.com)





Hello Everyone,

Congregation Beth Ohr has partnered with Community Recycling and their Shoe-Box Recycling program. Together we are on a mission to help promote the importance of shoe recycling while raising funds to help further our efforts. Shoe-Box Recycling is easy, engaging and rewarding for everyone involved.

Participating is simple. We are collecting gently used shoes for reuse, meaning all the shoes we recycle as a group are destined for another home. From South America and Africa to areas right here in the United States, our ShoeBox Recycling efforts will go to help people and communities in over 50 countries.

And what's even better is the many ways that our community benefits as well. Not only will your recycled shoes help Congregation Beth Ohr raise funds, it will also help keep usable shoes out of our local landfills. ShoeBox Recycling also gives us a chance to connect with the people and places that receive our recycled shoes. By writing a SoleMate Note to include with your shoes, you can let their new owner know about where they came from, what they were used for, or even any special memories attached to them. In return, they can write back to us and we can make a SoleMate connection.

So start cleaning out your closets and start looking under your bed for gently used shoes. Every pair you recycle means extra funds for us, less landfill waste and the potential to connect us to a SoleMate!

For more information contact Allan Benish at [abenish@aol.com](mailto:abenish@aol.com) and check out Community Recycling online at [www.communityrecycling.biz](http://www.communityrecycling.biz).

You can drop off your shoes at the synagogue and place them in the box labeled "SHOES" in the lobby during regular office hours of 9:00AM to 3:00PM.

#### **What is Allowed**

Gently Used Pairs, Men/Women's/kids, Soccer Cleats, Casual Shoes, Dress Shoes, Work Boots, Sneakers, Sandals, Heels, Flats, Loafers

#### **What is Not Allowed**

Damaged/Holes, Wet Mildewed, Single Shoes, Metal Spikes, Flip Flop/Plastic Shoes, Slippers, Dress Boots, Ski/Winter Boots, Skates/Blades

Dear Friends,

By volunteering your time, you can brighten the day for hundreds of seniors -- or just one special senior. Our partners, Jewish Family & Children's Services of Monmouth County (JFCS) and Jewish Family Services of Middlesex County (JFS), both need volunteers. Here are the details:

**JFS in Middlesex needs drivers for Kosher Meals on Wheels**

Delivery is daily Monday-Friday but volunteers can give their time once a week, once a month, etc. It's your choice.

There are 2 pickup locations: The Orchid in Metuchen and the JFS office in Monroe.

Various routes are in need.

Meal pick up is typically between 10am and 11am. Meals are to be delivered by 1pm. Some routes June run later than 1pm based on pick up time.

To volunteer reach out to Michelle Belay-Bianco at [michelleb@middlesexjfs.org](mailto:michelleb@middlesexjfs.org)

Nothing feels better than connecting with people who really appreciate you. As a volunteer, you will be giving your time to those who appreciate you, but most often it's the volunteer who feels the experience has been a gift for them!

**Please sign up to volunteer!**

Sincerely,  
Stacy Feldman, Director of Community Impact



# Announcements

The deadline for the next newsletter will be  
**Wednesday June 12, 2019**

Please send all of your thanks, articles  
and announcements via e-mail to:

**congregationbethohr@gmail.com**

or call

Phyllis in the Synagogue office at 732-257-1523

## **“Ritually Speaking” Sponsor a Kiddush**

**If you are interested in sponsoring a Kiddush to celebrate a simcha, commemorate the Yahrzeit of a loved one, or “just because,” contact Phyllis in the office at 732-257-1523.**

If you need to reach Rabbi Mishkin, please use any of the following:

**Office Phone # 732-257-7031**

**Home phone #732-967-6710 after hours for emergencies**

**e-mail address: [rabbijoelmishkin@gmail.com](mailto:rabbijoelmishkin@gmail.com)**

Rabbi Mishkin will be available for counseling by appointment.

## **CONGREGATION BETH OHR SPECIAL FUNDS**

**The following is a listing of the Special Funds to which tax deductible donations may be made.**

*David Benish Memorial Fund*

*Stephen Edwards Memorial Youth Fund*

*Elaine Leibowitz Memorial Fund*

*Beautification Fund*

*Herman & Frieda Lipp Memorial Fund*

*Mindy Nightingale Memorial Fund*

*Stuart Polovsky Memorial Fund*

*Herb Reinstein Memorial Fund*

*Heidi Rogol Memorial Fund*

\*\*\*When donating to these funds, please make your checks out to **CONGREGATION BETH OHR** and write the fund's name in the memo portion of the check. Thank you to the following people who made donations to Special Funds:

### **Heidi Rogol Memorial Fund**

Chuck and Lysa Rogol

### **David Benish Fund**

Phil & Harriet Rabinowitz in honor of the special birthday of Allan Benish

Allan & Linda Benish

### **General Fund**

The Rizick Family For Aliyah

Gilda Bey—in Memory of Bob Nagler and for everyone's kindness to the family.



# A STRONG NATION. A STRONG INVESTMENT. ISRAEL BONDS



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AN INVESTMENT  
IN 70 YEARS OF  
EXTRAORDINARY  
ACHIEVEMENT





Congregation Beth Ohr  
P.O. Box 206  
Old Bridge, NJ 08857

**Shabbat Candle Lighting Times For June, 2019**

<b>June 7, 2019</b>	<b>8:07</b>
<b>June 14, 2019</b>	<b>8:11</b>
<b>June 21, 2019</b>	<b>8:13</b>
<b>June 28, 2019</b>	<b>8:14</b>

