# BETH OHR NEWSLETTER

Vol. 67 Issue 2

February 2020

Shevat/Adar

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The 15th of Shevat on the Jewish calendar—celebrated this year on Monday, February 10, 2020—is the day that marks the beginning of a "new year" for trees. Commonly known as Tu Bishvat, this day marks the season in which the earliest-blooming trees in the Land of Israel emerge from their winter sleep and begin a new fruit-bearing cycle.

We mark the 15th of Shevat by eating fruit, particularly from the kinds that are singled out by the Torah in its praise of the bounty of the Holy Land: grapes, figs, pomegranates, olives and dates. On this day we remember that "man is a tree of the field" (<u>Deuteronomy 20:19</u>), and reflect on the lessons we can derive from our botanical analogue.

According to Biblical law, there is a seven year agricultural cycle, concluding with the Sabbatical year. When the Holy Temple stood in Jerusalem, on years one, two, four and five of this cycle, farmers were required to separate a tenth of their produce and eat it in Jerusalem. This tithe is called Maaser Sheni, the Second Tithe, because it is in addition to the (two percent which must be given to the Kohain, and the) ten percent which is given to the Levite. On the third and sixth years of the cycle, instead of the owners eating the Maaser Sheni in Jerusalem, they gave this second tithe to the poor, who were permitted to consume it wherever they wished.

	SCHEDULE OF SERVICES & EVENTS	
Sat. Feb. 1	Shabbat Morning Service	9:30AM
Sun. Feb. 2	Sunday Morning Service	9:00AM
	& FJMC World Wide Wrap followed by	
	Men's Club Breakfast and Ed Mendlowitz	
	Financial Program	
Tues. Feb. 4	Book Discussion	11:00AM
	Perkei Avot	7:30PM
Thur. Feb. 6	Talmudic Tales For Today Class	9:30AM
	Jews in America	10:30AM
Fri. Feb. 7	Shabbat Evening Service	7:30PM
Sat. Feb. 8	Shabbat Morning Service	9:30AM
Sun. Feb. 9	Sunday Morning Service &	9:00AM
	Men's Club Breakfast	
	Israel Tour Participants Meeting	10:15AM
Mon. Feb 10	Tu B'Shevat	
Wed. Feb. 12	Rabbi's Timely Topics Class in Monroe	11:00AM
	At Wilma & Allen Appel's home	
Thurs. Feb. 13	Talmudic Tales For Today Class	9:30AM
	Jews in America	10:30AM
Fri. Feb. 14	Shabbat Evening Service	7:30PM
Sat. Feb. 15	Shabbat Morning Service	9:30AM
	Simcha Shabbat	0.0043.5
Sun. Feb. 16	Sunday Morning Service &	9:00AM
	Men's Club Breakfast	10 20 4 3 4
T F 1 10	Ritual Committee Meeting	10:30AM
Tues. Feb. 18	Book Discussion	11:00AM
Thomas Eals 20	Perkei Avot	7:30PM
Thurs. Feb. 20	Talmudic Tales For Today Class	9:30AM
	Jews in America	10:30AM
	Temple Exec. Board	7:30PM
Fri. Feb. 21	Temple Board of Directors	8:00PM 7:30PM
Sat Feb. 22	Shabbat Evening Service	9:30AM
Sat Feb. 22 Sun. Feb. 23	Shabbat Morning Service	9.30AM 9:00AM
Sun. Feb. 23	Sunday Morning Service & Men's Club Breakfast	9.00AW
Thurs. Feb. 27	Talmudic Tales For Today Class	9:30AM
	Jews in America	10:30AM
Fri. Feb. 28	Shabbat Evening Service & Musical Shabbat	7:30PM
Sat. Feb. 29	Shabbat Morning Service	9:30AM
		2



## Rabbi Mishkin's February 2020 Message Some Reflections on Anti-Semitism

If you have ever been to Europe you know that the vast majority of Jewish institutions there have armed guards standing at their doors.

Any large Jewish institution, be it a synagogue or a museum, will have an armed guard. Two summers ago in Budapest on Shabbat morning the city's main synagogue had two guards outside, one asking questions of each and every person who wanted to enter (where are you from, what is your Hebrew name, do you belong to a congregation). Along those same lines, if you have been to Israel, you will also recognize that many public places have armed guards at their entrances, including food stores and shopping malls, let alone museums and synagogues.

Recently I have begun to wonder if this is the "new normal" for the American Jewish community. A few years ago it would have been inconceivable to most American Jews that they would have to set up a security station in the entranceway of their synagogues, JCCs, or Federations. But over the last two plus years virtually every Jewish organization in America has increased its security, from simple locks on doors to the physical presence of an armed guard, to metal detectors. Even our synagogue has undergone significant changes in the past several months. We now have a security system along with cameras. We also have an insanctuary buzzer so that we can monitor latecomers to the synagogue and allow them entrance safely, and we always have security personnel at major events and the High Holidays. With each successive assault, whether on a synagogue, at an individual's home, or a grocery store we grow more concerned, and by necessity, we are more careful. The simple truth is the members of our synagogue become more anxious and that is to be expected.

Still, I confess that the statements of condemnation and outrage publicly released by political officeholders after these anti-Semitic incidents leave me wanting. After a while it seems they are filled with the same stock phrases, with things that we all know. Of course this is horrible and heinous. Of course we stand in solidarity with those affected. Of course we must be vigilant. Of course we must reject hate and embrace tolerance. Yes, I suppose it all must be said, and perhaps it even helps in some way. I just worry that it begins to sound too formulaic.

And yet, there really is no alternative to these declarations. We most certainly cannot turn away, or become indifferent in the face of these repeated and hateful acts. Compassion fatigue is a real thing, and I am afraid tragedy fatigue might be as well. These anti-Semitic incidents can all too easily be lost in the ever increasing national plague of gun violence. The truth is, they risk becoming lost in themselves, one after another as the incidents multiply.

Still, we must be vigilant at what we can control. Our synagogue is significantly safer than it was a couple of years ago. Like many institutions we have been proactive, and we have embraced the consideration of worst-case scenarios, something that is necessary in today's world. We have been willing to inconvenience ourselves to increase the security and safety for all.

#### President's Message February 2020



Hello, Congregation Beth Ohr members and followers,

As I sit here and write this article the temperature outside is in the 60s. It is only mid-January. Wow! The weather

has a way to tease us and make us wish for Spring. However, that season is still about 7 weeks away by the calendar. Every day still brings us closer to that time so I am glad about that. I don't like winter if you have not been able to figure that out yet. So I take one day at a time and know that Spring will be here at its appointed time.

Meanwhile, in the synagogue, the regular rhythm has returned. Services, classes, meetings are all going strong. Even though we usually have minyans at all of our services, we would like to see you come to pray with us. You never know when you might be the tenth person who makes the minyan that allows someone to say Kaddish or to just allow us to fulfill the obligations of halakah.

The Rabbi's class on Thursday mornings that has studied Talmud and Abraham Joshua Heschel is now exploring Talmud tales that have implications for our lives today. Of course the challenge is to interpret these stories to understand what the rabbis are trying to share with us. The Jews in America weekly class on Thursday morning, the Tuesday morning book discussion and the Rabbi's Tuesday night class are continuing. Look for the new topic on Tuesday night coming up shortly as we are finishing Pirkei Avot. Please join us at any or all of these classes. If there is anything you would like to explore please inform the Rabbi.

I hope everyone is well. Have a good month and I hope to see you soon.

Stan

#### (Continued from page 3)

So what else can we do? We must also continue to speak out, to raise awareness, to keep each anti-Semitic incident and comment in the public eye. And while doing that, we also need to remember that this is not happening in a vacuum. Incidents of antisemitism are treated as hate crimes, and hate can extend to many other minority groups, such as Muslims, immigrants, African-Americans and the LGBTQ community. What we must remember is that one minority group will not be spared while another is attacked. Ultimately hate and prejudice become like a contagious disease, seeping through the streets and affecting everyone. Jews are not hated in a vacuum. Instead, Jews are hated along with other groups that are hated.

One final reflection. Even in light of recent events, I remain hopeful. Perhaps that is because I am a rabbi and by our nature and knowledge of tradition rabbis tend to be optimistic. But I also ask that you not forget that when the Pittsburgh shooting happened, the response was overwhelming and powerful - everywhere. One of the most touching experiences I had during those difficult days came from receiving personal phone calls from leaders of other faith-communities reminding me that we were loved and respected. The Mayor of Old Bridge made a special visit to our congregation the next Friday evening. And later that week a neighbor of mine walked down the street a ways to greet me, offering me words of support and condolence.

Let's not forget that in the midst of all this darkness the vast majority of people are good, kind, and caring. The common humanity that binds us all together is more powerful than hate or prejudice, small mindedness or fear. We must remind one another of this everyday as we continue to work together to create a world of justice, tolerance and peace.



#### Thank You

Thank you Ivan Gelb for your help in making the pancake breakfast a success-Lana and Harvey Cohen, Phyllis and Mel Ward.

Phil Rabinowitz thanks congregants for the gold cards and good wishes received after being named Men's Club Mensch of the Year. Phil was very proud of this honor and thanks all who joined him on this special occasion.

Thank you to Edna Yourman for sponsoring the Kiddush on January 4th in honor of her special birthday celebration.

Thank you Ira and Lee Donenfeld, Meryl Finkelstein, Ann Branfman and Sylvia Kagan for helping in the office during the month of January.

#### (Continued from page 1)

It takes approximately four months for the rains of the new year to saturate the soil and trees, and produce fruit [On the Sabbatical year, no tithes are separated. All produce which grows during this year is ownerless and free for anyone to take.]

It was therefore of vital importance to ascertain when the new year started for produce. Our Rabbis established that a fruit which blossomed before the 15th of Shevat is produce of the previous year. If it blossomed afterwards, it is produce of the "new year." [By comparison, grains, vegetables, and legumes have the same New Year as humans, the 1st of Tishrei.] Why is this so? In the Mediterranean region, the rainy season begins with the festival of Sukkot. It takes approximately four months (from Sukkot, the 15th of Tishrei, until the 15th of Shevat) for the rains of the new year to saturate the soil and trees, and produce fruit. All fruit which blossom beforehand are a product of the rains of the previous year, and are tithed together with the crops of the previous year.

Although this day is Rosh Hashanah for *trees*, we attach special significance to this holiday because "Man is [compared to] the tree of the field" (<u>Deuteronomy 20:19</u>). Through cultivating strong roots – faith and commitment to  $G \Box d$  – we produce many fruits—Torah and Mitzvot.

#### **Observances and Customs**

On this day it is customary to partake of the fruit with which the Holy Land is praised (<u>Deuteronomy 8:8</u>): olives, dates, grapes, figs and pomegranates. If tasting any of these fruit for the first time this season, remember to recite the *Shehecheyanu* blessing. (A blessing recited on joyous occasions, thanking  $G \square d$  for "sustaining us and enabling us to reach this occasion." This blessing is recited before the standard "Ha'etz" blessing recited on fruit.)

Due to the festive nature of the day, we omit the *Tachanun* sections (petitions for forgiveness

and confession) from the prayers.

• It is customary to increase in the amount of fruits one eats on the 15th of Shevat, in order to praise  $G \square d$  who created all these species of fruits.

The blessing recited on fruit is:

(In Hebrew:)

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בּרוּך אַתָּה הי אֱלֹקַינוּ מֶלֶך הָעוֹלָם
בּוֹרֵא פְּרִי הָעֵץ
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((Translation:)

Blessed are You, Lord our  $G \square d$ , King of the universe, who creates the fruit of the tree.

- In particular, one should include among the fruits one eats on this day the species of fruit which the land of Israel is praised for: **grapes**, **olives**, **dates**, **figs** and **pomegranates**. If one eats a sufficient amount of these fruits, one recites the <u>special after blessing</u> *Al Ha'aretz ve'al HaPeorot*.
- Some have the custom to make an effort to eat at least one fruit which one has not eaten that entire season, and would require the blessing of *Shehecheyanu*. When eating such a fruit, the *Shehecheyanu* should be said prior to reciting the blessing of "*Haetz*." If he has already partaken of other fruits (at that particular sitting) than he only needs to say the *Shehecheyanu* upon eating the new fruit.
- Many also have a custom of eating carob on this day. There is yet another custom which many have and that is to eat the *Etrog*, either in the form of preserves, sugared slices, etc. 3
- It was the custom of the famed Kabbalist Rabbi Isaac Luria ("Arizal") to eat 15 varieties of fruits on the 15th of Shevat.

#### 10 Life Lessons from Trees by Adam Ross

Jewish wisdom is full of insightful comparisons between the Jewish People and the trees and fruits of Israel, urging us to learn character perfection from our deep rooted forest friends. So now, with Tu B'Shvat, the New Year for Trees approaching, it's time to put the spring in your step, branch out and take a leaf out of nature's book with these ten green gems.

#### 1. Be diligent, like an almond!

The almond tree is the symbol of Tu B'Shvat, the first tree to blossom - always right on time. Its essential quality is encapsulated in its Hebrew name, 'shaked', coming from the verb 'lishkod' meaning to be diligent. In Hebrew a 'shakdan' is someone who is always reliable, punctual and diligent.

#### 2. Find the sweetness of life even in the bitter times

If you've ever visited Israel, you'll notice the date palms are one of the few trees that can flourish anywhere - even on the salty marsh land of the Dead Sea where nothing else grows. In fact Israel produces a third of its date harvest from the shores of the Dead Sea. And what do these dates produce? Honey! The sweetest thing of all.

King David took inspiration from these amazing trees, writing in Psalms, "A righteous man will flourish like a date palm." Even if you find yourself in the most bitter of places, stand tall, stick to your values and share some sweetness for others to enjoy!

#### 3. A birthday in the middle of winter? New life is just around the corner.

Just like trees, we all go through our personal winter when productivity feels on the wane. How do we bring ourselves back to life? Trees may now look bare and dead, but don't be deceived; the sap is already rising in the tree trunks and first signs of life are about to appear. We may not see fruit yet, but the inspiration is there. As long as we stay connected, still thirsty for inspiration even through the winter, Tu B'Shvat teaches us that new hope and new life is never far away.

#### 4. Challenging times bring out the best in us.

When an olive is crushed, it produce oil which lights up the world, reminding us that although we would rather a smooth ride in life, the challenges of life can often bring out the best in us. The Zohar explains that Torah study is only really absorbed when one makes sacrifices to learn it. No one's looking for tough times, but when they come along, don't lose hope. We never know what light might emerge.

#### 5. Joy through humility.

Grapes produce wine which brings us happiness. The grape doesn't mind being trodden on, squeezed to a pulp, filtered, stored and left in a dark barrel to ferment for years. Does any other fruit suffer such treatment? The grape is the king of all fruit precisely for its quality of humility. One day it will turn into wine, soar in price and bring joy to the world. Our rabbis teach us we drink wine on so many occasions in Jewish life to instill this message of humility learned from the grape. When we are prepared to set our egos aside and start to see all of life as a gift, the blessing we have brings joy to our eyes.

#### 6. Never stop searching for answers.

The secret to knowledge is to never stop searching. The Talmud learns this from the fig tree which, unlike other fruit trees, ripens little by little over a period of time. The more you search, the more you will find. Torah is a tree of life; as long as we hold on to it and are willing to ask questions, it will always continue to provide us with answers.

#### 7. Don't judge another Jew.

We never really know another person fully inside and out, and often we can jump to conclusions. The pomegranate has hundreds of seeds, hidden away in secret chambers and is also likened to the Jewish People, as the Talmud teaches, "What a wonderful nation Israel! Even the most unlikely Jews keep many aspects of tradition, or engage in secret acts of kindness." These are the hidden pomegranate seeds that every Jew possesses.

**8. Take a bite out of that opportunity.** The apple tree teaches us to sense when a great opportunity is on the horizon and immediately seize it with both hands. King Solomon compared the Jewish People at the Giving of the Torah to an apple tree. "Like as an apple tree blossoms appear before it even produces leaves, so too the Jews at Mount Sinai declared 'We will do,' and then said 'We will understand.'" Opportunities always come with a risk, but sometimes we can spend so long assessing our options that the moment will pass us by.

#### 9. True beauty is always found within.

Appearances can often deceive. The Zohar praises the walnut as a fruit that keeps its secrets well hidden. A thick shell, seems at first inedible, however within it reveals a wonderful source of protein. The Talmud teaches, "That which is precious is always hidden away," hence the Torah not only has a cover, but is also hidden away in the Ark, which also has a cover. In relationships, first impressions can often lead us to the wrong conclusions. The walnut teaches us to protect that which is of most value and understand there is always more to people than meets the eye.

#### 10. Everything has a purpose

Rabbi Abraham Yitzchak Kook, the first chief rabbi of Israel, was once walking in the fields when a student accompanying him plucked a leaf off a tree. Rav Kook was visibly shaken. Turning to his companion he said, "Believe me when I tell you I never simply pluck a leaf or a blade of grass or any living thing unless I have to." He explained further, "Every part of the vegetable world is singing a song and breathing forth a secret of the divine mystery of the Creation."

For the first time the young student understood what it means to show compassion to all creatures. Everything serves a purpose, every tree, fruit and blade of grass are gifts to us to enhance our world. If we can master such sensitivity for the plant world, how much more so for the people around us.

# FEBRUARY CELEBRATION OF BIRTHDAYS, ANNIVERSARIES AND OTHER SIMCHAS

The Ritual Committee will honor members celebrating a birthday, anniversary or other simcha once a month at a Shabbat service.



Mazel Tov to the following congregants whose birthday and/or anniversary will be recognized on Saturday, February 15, 2020

#### **February Birthdays**

2/10/20
2/5/20
2/26/20
2/4/20
2/2/20
2/27/20
2/5/20

#### **February Anniversaries**

Ed and Ronnie Mendlowitz 2/13/20

#### **Torah Benefactor Luncheon**

The 2020 Torah Benefactor is LINDA SKUPP

The luncheon will be on April 26, 2020 at 12:00 noon in the Temple. The afternoon will be filled with good food, good friends and a good time. Don't forget to mark the date on your calendar.



#### SISTERHOOD

#### NEWS FROM SISTERHOOD

On Sunday, December 8, 2019, Lee Hyman and Lisa Mason attended the Women's League Garden State Region Brunch at East Brunswick Jewish Center to receive a Torah Fund Award on behalf of our Sisterhood. See picture below of Lisa and Lee with Sara Ullman who is co-President of the East Brunswick Chapter.

We held our annual Book Discussion on January 12, 2020. Terrie Polovsky led a lively discussion on Open Doors by Gloria Goldreich. See picture below of Terrie with members Harriet Weiss and Marilyn Kamenitz. Thank you to Lisa Mason for providing refreshments.

Our Joint Brunch with Men's Club is scheduled for Sunday, March 8, 2020 at 9:45 a.m. Our guest speaker is Charles Clarkson who will discuss how to protect yourself from scams, specifically in health care.

Our annual Sisterhood Shabbat will be held on Saturday, March 14, 2020 at 9:30 a.m. Please contact Roberta Fachler if you are interested in participating.

Remember that our Crafts for Israel program will continue throughout winter. Please feel free to bring your projects with you to our meetings and programs. We continue to knit and crochet scarves and hats for Israeli soldiers, as well as baby blankets and caps for infants and young children. If you want to support this wonderful community service project, please feel free to knit and crochet the suggested items at your leisure. All completed items should be given to me by March 1, 2020 so we can arrange for them to be packaged for Rabbi Mishkin to take to Israel on the May 2020 trip. Please note the following guidelines:

- 1. All soldier hats and scarves must be made from machine washable plain black worsted weight yarn. Acrylic yarn is acceptable.
- 2. The soldier scarves must be 50 inches in length. Standard width is acceptable

**SAVE THE DATE: SUNDAY, MAY 31, 2020 AT 1:00 P.M.** Sisterhood will welcome New Jersey Author Michelle Cameron who will be discussing her newest book, *Beyond the Ghetto Gates*. See the flyer in this Newsletter and send in your reservation today.

Shalom,

**Havriet Rabinowitz**, Sisterhood President





## SISTERHOOD BETH OHR

PRESENTS NEW JERSEY AUTHOR:

## **MICHELLE CAMERON**

DISCUSSING HER SOON TO BE RELEASED BOOK

# BEYOND THE GHETTO GATES

BEYOND THE GHETTO GATES is set in 1796, a turbulent period when Napoleon marched into Italy -- and opened up the ghetto gates freeing the Jews who had long been trapped behind them. The novel raises issues that remain pertinent today, including the conflict between assimilation and religious tradition, intermarriage, and the struggle between love and familial duty.

# **May 31, 2020 1PM**



# **Share with friends and family!**

## **Congregation Beth Ohr**

70 County Route 516, Old Bridge, NJ 08857

Name (please print):					
Phone:	Email:				
# of Books at \$18 each (ordered	by March 18) =	Total \$e	enclosed		
# of Books at \$25 each (ordered	March 19-April 1)=	: Total \$e	enclosed		
Check made payable to: Sisterb	and Bath Ohr				

## <mark>advance book</mark> Sales

EARLY BIRD PRICING BY MARCH 18 \$18

BOOKS ORDERED MARCH 19 -APRIL 1 \$25

# PROGRAM INCLUDES

Author Presentation Q & A Book Signing Kosher Refreshments

# ADDITIONAL INFORMATION

Call Liz -908-256-0276

CongregationBethOhr @gmail.com

Books available for pickup at the Beth Ohr office week of May 4

Office: 732-257-1523

#### IT'S TORATHON TIME!!!

CIRCLE THE DATE! Sunday, March 22, 2020, our annual Torathon returns! Enjoy a "taste of Torah" at our afternoon extravaganza of learning, fun, good company, a little nosh, and a rich, fulfilling Jewish experience.

This award-winning program brings together some of our community's outstanding Rabbis. With <u>nine Rabbis</u> already committed to teaching, you can choose from a variety of topics and a variety of speakers.

Registration is at 12:30 p.m. The first class session starts at 1:00. Stay for all four 50-minute sessions and choose a different teacher and topic for each session.

Some of the Rabbis who have graciously volunteered their time are

Rabbi Jeff Pivo

Rabbi Robert Pilavin

Rabbi Eli Perlman

Rabbi Eric Wisnia

Rabbi Robert Wolkoff

Rabbi Eric Eisenkramer

And, of course, our own Rabbi Joel Mishkin.

Cost: \$5.00 and canned food for the Old Bridge Food Bank. Need some info? Call the office and talk to Phyllis or call Linda Benish at (609) 426-8727.

Bring your friends.

#### Meet in Monroe!

After three wonderful sessions with Rabbi Mishkin discussing Timely Topics, Meet in Monroe continues in February.

Our next session will be held in the home of Allen & Wilma Appel on February 12, 2020 at 11 a.m. You don't have to live in Monroe to attend! Bring your friends for a lively discussion. Please RSVP to Phyllis in the office, 732-257-1523.

On March 18, 2020 we will meet at the home of Linda Garfinkel. More information to follow.

# Men's Club News

Minyan every Sunday. All are Welcome.



Pancake crew. Jan 5, 2020

# Men's Club Happenings! Participate with the Men's Club any Sunday morning. Shul, Schmooze and Schmear! Just show up!

Men's Club Program of Events (partial listing)

**Feb 2** - World Wide Wrap & 40th Annual Ed Mendlowitz financial program. Topic: What I learned in the past 40 years...that you should also know. A handout will be distributed. Stan Perlman will provide some interesting info about Tefillin during the minyan.

Mar 8—Joint program with Sisterhood sponsored by the Herman and Freda Lipp Memorial Fund in memory of Barbara Lipp. Speaker is Charles Clarkson on how to protect yourself from becoming a victim of healthcare scams. He was voted by his peers as the Director of the Year for Senior Medicare Waste, Fraud and Abuse programs. You are guaranteed to walk away with new tidbits of knowledge that will benefit you.

Email or call Ed if you want additional details about any program. Emcpa1@aol.com or 732 890-3344.

The Men's Club wishes everyone at Beth Ohr a Happy and Healthy New Year.

Ed Mendlowitz, Men's Club President

Shul, Schmooze & Schmear

Every Sunday





## **Upcoming programs—February and March**



Join Beth Ohr Men's Club & Sisterhood for Breakfast

Engaging Guest Speaker Charles Clarkson, Esq.

"How To Avoid Getting Taken By Scam Artists"

Sunday, March 8, 2020

#### **10AM**

Sponsored by Herman & Freda Lipp Memorial Fund in Memory of Barbara Lipp

Charles Clarkson of the New Jersey SMP (Senior Medicare Patrol) at JFS Middlesex fights fraud, waste and abuse in Medicare and Medicaid



#### WINTER CLOTHING DRIVE



# PLEASE BRING IN YOUR COATS, HATS, GLOVES, ETC. AND DROP THEM OFF IN THE BIN IN THE LOBBY.

# YOUR DONATIONS WILL KEEP FAMILIES WITH CHILDREN WARM THROUGHOUT THE WINTER MONTHS.

IF YOU HAVE CLOTHING TO BE PICKED UP,
PLEASE CALL IRA DONENFELD
(732-679-2652).

THANK YOU IN ADVANCE FOR YOUR KIND DONATIONS.

#### **Gold Cards - Paula Yourman**

I will be very happy to be your Hallmark lady. You can always send your personal cards through Sisterhood by emailing me with the information @ <a href="mailto:bubbe513@gmail.com">bubbe513@gmail.com</a>. or call me at 561-687-1481. We have cards for speedy recovery, good wishes and remembrance. Each card is \$1.50 which includes the stamp. Some of you believe that cards can only be sent to temple members, this is not true, I will send to anyone.

Also when responding to messages that I send out, I would appreciate it very much if you would respond to me and not to ALL.

If you want a message to go out, please let me know as I will not send anything out that comes to me second-hand; it needs to come directly from you.

#### **SCRIP**

Sisterhood sells Shoprite, Stop 'n' Shop, and Acme Supermarket Gift Cards. This ongoing fundraiser helps support Oneg Shabbat and other activities of our congregation. (Sisterhood members receive donor credit equal to 5% of their scrip purchase.)

Your contacts are the following people for purchasing scrip and/or information:

Monica Atzbi 732-390-5890 Sharen Silverman 732-266-2389 Marcia Trechak 609-655-9507 (summer months) Phyllis Greenberg --Temple Office 732-257-1523

When ordering from Phyllis at the temple office, please try to call in your order at least one day earlier and pick up your order during the following hours: 10 am-12 noon or 1:30PM to 3:00PM



#### **Sisterhood Bricks**

Bricks are available @ \$6.00 to send to anyone to commemorate a death, birth, in honor of, or good wishes. Call Ronnie at 732-254-1135 or send info to emrmcats@aol.com





### Join Congregation Beth Ohr Exploring Israel Adult Tour Led by Rabbi Joel Mishkin May 3 – 14, 2020

#### Optional Eilat—Petra extension May 14-17, 2020

View and download itinerary and application at www.israeltour.com/rmishkin

DISCOUNTED PRICE FOR CHECK PAYMENT

Land only Package - \$4145 per person in a double room Land and Air Package - \*\$5475 Per person in a double room Single Room Supplement - \$1250 FULL PRICE FOR CREDIT CARD PAYMENT

Land Only Package - \$4311
Per person in a double room
Land and Air Package - \*5695
Per person in a double room
Single Room Supplement - \$1299

REDUCTIONS

Third in a Room \$300

Round trip air: EWR - Tel Aviv - Return

Added to the costs above are tips for guide, Driver, Restaurants, and Porterage - \$180

\*Air price is subject to change as are fuel and security surcharges

\*\*\*Tour price is based on 20 participants; price will increase with less participants and be reduced at 25 or more participants

#### The Secret is Out: Israel is #trending

Join Congregation Beth Ohr's adult Israel trip where you can walk through the tunnels under the Old City, Float in the Dead Sea, become part of the daily life in Jerusalem and Tel Aviv. Visit the Palmach Museum, Historic Neve Tzeddek neighborhood, City of Sand and Sea mosaic fountain, Founders' Monument, New Israeli Innovation Center, Tel Aviv Stock Exchange, Yitzhak Rabin Center, Palmach Museum, Western Negev, Kibbutz Alumim, Briefing on local regional security from Rafi Babian, Salad Trail on Moshav Talmei Yosef, Encounter/ workshop with local sculptor Yaron Bob, Makhtesh Ramon, Traditional Bedouin community, David Ben Gurion's House, Kitchen Oueens of Yerucham, Torah Study session at Bamidbar, Discover the archaeological story of the Western Wall, Western Wall Tunnels, Tour of the Archaeology Wing at the Israel Museum, Greet the Sabbath at the Western Wall, pray together as a congregation at the "Masorati Kotel", Meet Lone Soldiers, New sound and light show at the Tower of David, Ruins of Oumran, where the Dead Sea Scrolls, Masada and the Dead Sea, Guided tour of Yad Vashem Campus focusing on Holocaust art, Tasting tour of the bustling Machane Yehuda Market, Hebrew Music Museum, Update on Israeli politics, New Six Day War Heritage Museum on Ammunition Hill, Your senses will be filled with the life, smells, sounds and textures of modern Israel, along with an appreciation of our connections to our Jewish roots and biblical history. Your experience will be a exciting fantastic, funfilled spiritual adventure! Come join us.

#### For additional information please contact:

Rabbi Joel Mishkin by email; rabbijoelmishkin@gmail.com or call Rabbi at 732.257.1523 Tour arranged by ITC: call Janine at 800.247.7235.- 973.535.2575 or email janine@israeltour.com



One does not travel to Jerusalem, one returns

See next page for itinerary

Sunday, May 3 - Depart USA Monday,

#### May 4 - Going up into the Land •

Morning arrival in Israel to be met and assisted by your ITC representative (today's program depends on arrival time) •

Walking tour of the historic **Neve Tzeddek** neighborhood, once home to Zionist cultural pioneers Eliezer Ben Yehuda, S.Y. Agnon and Rabbi Kook, which 25 years after its founding gave birth to Tel Aviv – The first Hebrew city in 2,000 years

 TTC Touch: Discover City of Sand and Sea, a mosaic fountain created by artist and writer Nachum Gutman portraying scenes from the history of Jaffa and Tel Aviv

Hear about the establishment of Tel Aviv at the Founders' Monument then stroll down Rothschild Boulevard to view the Bauhaus architecture for which central Tel Aviv was declared a UNESCO World Heritage Site •

Visit the new Israeli Innovation Center located in the Tel Aviv Stock Exchange to learn how Israel became the Start Up Nation •

Lunch on own•

Tour the Israeli Museum at the Yitzhak Rabin Center for a critical look at Israeli history and society

1st Timers Option: Multimedia tour of the Palmach Museum to learn about the elite underground organization that played a critical role in founding the State of Israel•

Check-in to the Carlton Hotel on Tel Aviv's Mediterranean Coast

Welcome Dinner at Maganda Restaurant in Tel Aviv's old Yemenite Quarter. • Overnight: Carlton Hotel, Tel Aviv

#### Tuesday May 5 – Defense and Pioneering in the Western Negev

Travel to the western Negev

Visit Kibbutz Alumim to meet with a local kibbutznik and hear first-hand about living on the Gaza border, pioneering in the Negev and kibbutz as a community

Briefing on local regional security from Rafi Babian, security coordinator of the Sdot Negev Regional Council and Kibbutz Alumim member

Lunch at Kibbutz Alumim•

Discover hi-tech agriculture and innovative crops on the Salad Trail on Moshav Talmei Yosef • Encounter/workshop with local sculptor Yaron Bob, who has created works of art out of Kassam rockets that have fallen in the region

Travel to the Negev Highlands.

Check-in to the Ramon Inn in Mitzpe Ramon • Dinner at hotel

Overnight: Ramon Inn, Mitzpe Ramon

#### Wednesday, May 6 – Negev Highlands: Primeval Desert Beauty

Learn about the natural history of the region at the multimedia Makhtesh Ramon Visitors Center dedicated to fallen Israeli astronaut Ilan Ramon

Explore Makhtesh Ramon (Ramon Crater) on foot and by jeep to discover magnificent desert landscapes and a fascinating window into the earth's past

Lunch on own

ITC Touch: Encounter with a traditional Bedouin community in the Negev Highlands for a "non-touristy" Bedouin tourism experience - Hear about how social changes are impacting their community

Dinner at hotel

Overnight: Ramon Inn, Mitzpe Ramon

#### Thursday, May 7 – Vision and Development in the Negev

Walk in the stunning white canyon of Ei Avdat in the Zin Valley in the Zin Valley

Tour of David Ben Gurion's House on Kibbutz **Sde Boker** to learn about his vision for developing the Negev

Travel to the Negev development town of

Yerucham

Lunch with the Kitchen Queens of Yerucham

- a true gastronomic experience •\

Tour of **Yerucham** with a local social activist to hear about its transformation from a downtrodden development town to a dynamic growing community •

Study session on the role of the desert in the Torah at Bamidbar, a Yerucham based educational and social action center • Travel north to Jerusalem \

Check-in to Leonardo Plaza Hotel in Jerusalem

Dinner on own • Overnight: Leonardo Plaza Hotel, Jerusalem

### Friday, May 8 - The Old City of Jerusalem: An Ancient Jewish Legacy

Discover the archaeological story of the Western Wall and episodes of Jewish life in Jerusalem 2,000 years ago at Robinson's Arch and the Southern Wall Excavations, including a recent discovery related to the Hanukkah story •

Unique tour of the Western Wall Tunnels, including impressive new discoveries with **Dr. Avi Solomon**, the site's former chief archaeologist (subject to availability)\*

Tour of the Archaeology Wing at the Israel

Museum with an emphasis on Jewish

Archaeology, followed by free time to
explore additional exhibitions on own

Lunch on own

Free time to relax and prepare for Shabbat

#### Friday/Shabbat Evening Options:

Join hundreds of other Jews from around the world to Greet the Sabbath at the Western Wall. Option to pray together as a congregation at the "Masorati Kotel", where men and women can stand together or attend Friday night services at a local Jerusalem synagogue.

Festive Shabbat Dinner at hotel – Lone Soldiers invited, subject to availability. • Overnight: Leonardo Plaza Hotel, Jerusalem Saturday/

#### Shabbat, May 9 - And on the Seventh Day....in Jerusalem •

Shabbat morning services at a local Conservative/ Masorati synagogue.

Traditional Shabbat Lunch at hotel

Shabbat Afternoon Options:

Late afternoon walking tour to the historic Montefiore Windmill to discover the first neighborhood built outside the walls of the Old City and/ or Walking tour to the First Temple period Jewish burial site at Ketef Hinnom – Where archaeologists discovered the oldest biblical text ever found

Havdalah with Rabbi Mishkin •

Dinner on own •

Evening: Watch the New sound and light show at the Tower of David •

Overnight: Leonardo Plaza Hotel, Jerusalem Sunday, May 10 – Nature, Rebels and Refugees in the Judean Desert

Tour the ruins of Qumran, where the Dead Sea Scrolls were discovered and hear about the ascetic Jewish sect that lived there 2,000 years ago

Lunch on own

1st Timers Option – Masada and the Dead Sea: Freedom Fighters or Fanatics?

Set out across the **Judean Desert** and ascend Masada by cable car to tour the ruins of Herod's palace and the last outpost of Jewish independence.

#### Discussion: Which Jewish Legacy – Masada or Yavne

Swim in **the Dead Sea**, the lowest place on earth, at a local resort. The resort also has a fresh water pool and spa facilities. Massage and spa treatments available by prior reservation at own expense.

Lunch at Dead Sea resort

Return to Jerusalem •

Free evening •

Dinner on own

Overnight: Leonardo Plaza Hotel, Jerusalem Monday, May 11 – Holocaust, Remembrance and Continuity

Guided tour of Yad Vashem Campus focusing on Holocaust art. This

tour will examine both art created to memorialize different aspects of the Holocaust and art produced during the holocaust by its victims, including visits to the Museum of Holocaust Art, the Yad Vashem Synagogue and viewing sculpture installed at Yad Vashem.

1st Timers Option: Yad Vashem Tour of Yad Vashem

—Israel's national Holocaust memorial and
museum, including the Holocaust History Museum and Children's Memorial

Tasting tour of the bustling Machane Yehuda Market to discover Jerusalem's many flavors from East and West •

Lunch on own, if still hungry•

#### Guided tour of the new Hebrew Music Museum in downtown Jeru-

salem's Nachalat Shiva neighborhood to learn about the history of Jewish music from biblical times and through seven different regions of the Diaspora

Free evening •

Dinner on own

Overnight: Leonardo Plaza Hotel, Jerusalem

#### Tuesday, May 12 •

#### Update on Israeli politics by Steve

**Linde**, editor-in-chief of the Jerusalem Report and former editor-inchief of the Jerusalem Post •

Multimedia tour of the new Six Day War Heritage Museum on Ammunition Hill, the site of the fiercest and most costly battle of the Six Day War •

Lunch on own

#### Geopolitical tour of Jerusalem to examine several key geopolitical issues impacting on the city, including borders, building and settlement (Jewish and Arab) and Israel's

security fence • Dinner on own •

Overnight: Leonardo Plaza Hotel, Jerusalem

#### Wednesday, May 13 – Modern Realities and Departure •

Engage in hands on tzedakah preparing food packages for distribution to some of Israel's neediest people at Pantry Packers in southern Jerusalem

Tour of less visited sites in the Jewish
Quarter: The Israelite Tower, a
2,600 year old "archaeological
puzzle" beneath the modern day
neighborhood, the restored Karaite
Museum and hear about the remarkable new discoveries under
the ruins of the Tiferet Yisrael

#### Synagogue

Lunch on own •

Remainder of afternoon free to explore on own and get in last minute shopping

Late check out

Farewell Dinner at Olive and Fish Restaurant

Transfer to Ben Gurion Airport

Thursday, May 14 - Arrive in USA

# Yahrzeit Memorial Fund

We honor the memories of our loved ones whose Yahrzeits occur during the months of **January and February.** We acknowledge the following for their contributions to the Yahrzeit Memorial Fund:

#### **Donated By:**

Mike & Liz Aroyo and Family

Suzanne Balaban

Andrea & Mark Chassen

Paula Eisen

Roberta & Lawrence Fachler

Harriett Feld Meryl Finkelstein

The Hermann & Belmont Families

The Honig Family

Zelie & Mel Prussack & Family

Linda & Ira Shapiro

Cliff Shulman

Sara Ullman

Mel & Phyllis Ward

Sandra Wexlin

The Wisnia Family

#### **In Loving Memory**

Rita Aroyo

Johanna Diamant Katz

Florence Noah, Benjamin Noah

Aaron Narol

Sylvia Rauch & Harry Rauch

William Zarfes, Alfred Feld, Benny Feld

Joseph Gray

William Greenspan

Meyer Fusfeld, Joseph Fusfeld

Ephraim Ruchelman

Fannie Sass, Martha Prussack

Joanne Shapiro

Jacob Shulman

Mayer Ettner

Lillian Warshofsky

Hyman Wexlin

Anna Wisnia



#### **BETH OHR CEMETERY**

Congregation Beth Ohr owns and operates a cemetery which is located on Ernston Road in Sayreville. The cemetery is a non-profit entity using existing funds and fundraising as its source of operating revenues. Membership in Beth Ohr entitles each congregant to one individual plot which must be reserved at a cost of \$50 All other costs such as perpetual care, administrative fee, funeral, plot opening, headstone, etc. are borne by the family of the deceased. Please call Phyllis Greenberg in the office at 732-257-1523 for further details

#### **February Yahrzeits**

The actual date that the Yahrzeit is observed is to the right of the name. It is customary to light a memorial candle on the eve of this date and to give tzedakah in memory of the Yahrzeit. One should recite the Mourner's Kaddish at services the evening before as well as the day of the Yahrzeit. Please call Phyllis in the Synagogue office at 732-257-1523, if you need information about the schedule of worship. The name of your departed will be read at the Friday evening and Shabbat morning services the week before the Yahrzeit date which are represented by the dates in the column which are in bold print.

week before the Yanrzeit date which are represented by the dates in the column which are in bold print.						
<u>Jan. 31/Feb 1</u>		Feb. 14/15		Feb. 21/22 (Continued)	)	
Sol Borenstein,	2/1	Gizella Feldman	2/15	Sherman Ellis	2/27	
Sara Feinman	2/1	Marion Greenspan	2/15	Ray Moses	2/27	
Elaine Gallin	2/1	Joseph Weiss	2/15	Bernard Klein	2/28	
Jennie Kornreich	2/1	Harry Weisman	2/15	Louis Schulsinger	2/28	
Jerry Newman	2/1	Herman Feld	2/16	William Silverstein	2/28	
Helmut Fuerth	2/2	Charlotte Flax	2/16	Estelle Speert	2/28	
Elaine Leibowitz	2/2	Anna Haft	2/16	Feb. 28/29	2/20	
Herman Rosenfeld	2/2	Marvin Lubinsky	2/16	Harriet Alper	2/29	
Ephraim Ruchelman	2/2	Charles Silberstein	2/16	Harold Branfman	2/29	
Harold Shapiro	2/2	Hugh Bleiweis	2/17	Bessie Brod	2/29	
Leon Praport	2/3	Irving Goldberg	2/17	Philip Goldenberg	2/29	
Yitzkok Shleifer	2/3	Jerome Robinson	2/17	Judith Greenstein Grable	2/29	
Clara Star	2/3	Lena Sanders	2/17	Harry Rauch	2/29	
Belle Vogel	2/3	Morris Sapsowitz	2/17	Dorothy Rosencranz	2/29	
Jacob Finkelstein	2/4	Sylvia Leah Weprin	2/17	Celia Davis Stadin	3/1	
Johanna Diamant Katz	2/4	Herman Balsam	2/18	Morris Liebman	3/1	
Esther Solomon	2/4	Mabel Simon	2/18	Shelly Morris	3/1	
Dorothy Katz	2/5	Barbara Wernick Bennett	2/18	Louis Nathanson	3/1	
Joel Kirschner	2/5	Mollie Honig	2/19	Enny Sheffler Feldstein	3/2	
Philip Shindelman	2/5	Sydney Lustgarten	2/19	Renee Freedman	3/2	
Sofia Shulman	2/5	Roberta Persky	2/19	Harriet Glazier	3/2	
Isidore Zaviek	2/5	Matilda Schlissel	2/19	Benjamin Hinden	3/2	
Marilyn Dorfman	2/6	Eleanor Weinstein	2/19	Anthony Lisanti	3/2	
Mayer Ettner	2/6	Betty Zeidel	2/19	Gershon Moldovan	3/2	
Rubin Ross	2/6	Harold Lowe	2/20	Joan G. Plaut	3/2	
Minnie Wernick	2/6	Esther Weiner	2/20	Fanny Sapsowitz	3/2	
Sheila Klein	2/7	Irving Sanders	2/21	Louis Weprin	3/2	
Samuel Rosenthal	2/7	Aaron Shifrinson	2/21	Anna Beer	3/3	
Feb. 7/8		Feb. 21/22	_,	Ida E. Berlin	3/3	
Abraham Blumenthal	2/8	Meyer Benish	2/22	Brenda Borenstein	3/3	
Raymond Cheney	2/8	Dorothy Reichbach	2/22	Ernest Deutsch	3/3	
Meyer Masher	2/8	Elaine Stiftel	2/22	Joseph Rosenfeld	3/4	
Benjamin Vogel	2/8	Marilyn Bleiweis	2/23	Rose Spinner	3/4	
Miriam Blatt	2/9	Morris Bleiweis	2/23	David Levine	3/5	
Paula Kardos	2/9	Hyman DeMayo	2/23	Anna Schiller	3/5	
Karen Belsky	2/10	Rose Fass	2/23	Minnie Stern	3/5	
Muriel Blaugrund	2/10	Max Feldman	2/23	Elias Berlin	3/6	
Harry Bloom	2/10	Benjamin Glassman	2/23	Michael Katz	3/6	
Ruth Deitz	2/10	Jeffrey Goldstein	2/24	Rosalie Lubitz	3/6	
Irving Feuer	2/11	Mo Leibowitz	2/24	Dorothy Seiden	3/6	
Bernard Goldstein	2/11	Harry A. Stadin	2/24	Boroury Sordon	370	
Ben Gordon	2/11	Arthur Wallace	2/24			
Susan Israel	2/11	Harry Weinreich	2/24			
Abraham Rothstein	2/11	Bella Zarfes	2/24			
George Waldman	2/11	Irwin Daniel Belsky	2/25			
Hyman Klionsky	2/12	Roman Shmoys	2/25			
Greg Romanow	2/12	Leonard Stern	2/25			
Jennie Segal	2/12	Melanie Strassberg	2/25			
Joseph Rabinowitz	2/13	Max Kosser	2/26			
Joseph Sadek	2/13	Abraham Silverberg	2/26			
Freida Segal	2/13	Yetta Silverberg &	2/26			
Jack Fass	2/14	Children				
Joseph Glaz	2/14	Irving Ash	2/27			
		Ĭ Š				

A-K **Date**: 01/12/20

Λ-ΙΧ								Date.	01/12/20
Name	<b>a</b>	Δ	mount	Carry Over	Name		Δ	mount	Carry Over
Hain	•		anount	Over	Name	•		inount	Over
Appel	Wilma		\$67.00		Finkelstein	Meryl	\$	70.50	0.5
Aroyo	Elizabeth	\$	353.25	3.0	Fox	Helene	\$	5.00	
Atzbi	Monica	\$	382.50	31.5					
					Garfinkel	Linda	\$	110.00	5.5
Benish	Linda	\$	90.00	6.5	Gasior	Ellen	\$	5.00	
Bernstein	Roberta	\$	65.00	7.0	Gilbarg	Marilyn	\$	17.00	
Birnbaum	Eileen	\$	5.00	0.5	Golden	Elizabeth	\$	20.00	12.0
Boshak	Rochelle	\$	55.00		Goldenberg	Susan	\$	82.50	1.5
Branfman	Ann	\$	105.00	3.0	Greenstein	Barbara	\$	5.00	
					Grynberg	Helene	\$	239.00	11.0
Cadel	Cheryl	\$	20.00						
Cannata	Susan	\$	5.00		Hillman	Pearl	\$	5.00	4.5
Clark	Lisa	\$	5.00		Honig	Alice			
Cohen	Harriet	\$	72.50		Honig	Eloise	\$	5.00	
Cohen	Lana	\$	5.00		Hyman	Lee	\$	77.50	3.0
Donenfeld	Lee	\$	49.00		Kagan	Sylvia	\$	60.00	
					Kamenitz	Marilyn	\$	37.00	
Edwards	Sue	\$	25.00	0.5	Karlstein	Marilyn			2.5
					Karpel	Roberta	\$	83.00	5.5
Fachler	Roberta	\$	154.00	3.0	Kaufman	Maxine	\$	39.00	7.5
Falkowitz	Marion	\$	57.00		Klein	Caroline	\$	17.00	
Feder	Barbara	\$	45.00	0.5	Krieger	Karen			
Feld	Harriet	\$	29.50	0.5	-				

<u>L-Z Liz Aroyo</u> **Date:** 1/13/2020

			Carry	
Name		Amount	Over	
Lazarowitz	Andrea	\$153.00	2.0	
Levenstein	Glenda	\$40.00		
Mason	Lisa	\$85.50		
Mendlowitz	Ronnie	\$130.50	11.0	
Nadler	Elinor	\$17.50		
Perlman	Ryselle	\$48.00		
Pincus	Ashna	\$58.00	0.5	
Polovsky	Terrie	\$5.00	2.5	
Rabinowitz	Harriet	\$258.50	22.5	
Reinstein	Sheila	\$5.00		
Rogol	Lysa	\$27.00	0.5	
Rosenzweig	Ronnie	\$15.00		
Gray	Ilene	\$196.50	4.5	

			Carry
Name		Amount	Over
Saks	Diane	\$36.00	
Schlusselfeld	Mindy	\$5.00	
Schneider	Barbara	\$124.00	6.5
Shafran	Dorothy	\$135.00	1.0
Silver	Arlene	\$71.50	1.5
Silverman	Sharen	\$233.50	2.0
Simon	Mala	\$85.50	2.5
Simon	Marjorie	\$121.00	1.0
Skupp	Linda	\$244.00	12.0
Spiegel	Estee	\$211.50	5.0
Trechak	Marcia	\$195.00	14.5
Ulman	Sara	\$40.00	
Ulmann	Irene		
Ward	Phyllis	\$5.00	
Weinstein	Sue	\$2.00	
Weintraub	Deborah	\$5.00	
Weiss	Harriet	\$140.00	2.0
Widom Levine	Melinda	\$5.00	
Yourman	Edna	\$37.00	1.0
	1 .	l	

Paula

Virginia

Yourman

Zussman

\$125.00

\$5.00

1.5

#### **CONGREGATION BETH OHR SPECIAL FUNDS**

The following is a listing of the Special Funds to which tax deductible donations may be made.

David Benish Memorial Fund

Stephen Edwards Memorial Youth Fund

Elaine Leibowitz Memorial Fund

Beautification Fund

Herman & Frieda Lipp Memorial Fund

Mindy Nightingale Memorial Fund

Stuart Polovsky Memorial Fund

Herb Reinstein Memorial Fund

Heidi Rogol Memorial Fund

\*\*\*When donating to these funds, please make your checks out to **CONGREGATION BETH OHR** and write the fund's name in the memo portion of the check.

**<u>Heidi Rogol Memorial Fund:</u>** In Memory of Heidi Rogol

From Mrs. Mary Alice Dobbin

From Iris and Walter Winter

From Doreen & David Aberson

**Heidi Rogol Memorial Fund:** In memory of Phyllis Kolasa

From Chuck Rogol

**David Benish Memorial Fund:** Yahrzeits in Memory of Meyer Benish,

Allan's Father, and Otto Elkan, Linda's Grandfather

From Allan & Linda Benish

**David Benish Memorial Fund:** In Memory of Marsha Koster's beloved

Husband, Steven Koster

From Allan & Linda Benish

For your convenience, we have included this YAHRZEIT MEMORIAL PLAQUE FORM. If you would like to order a plaque, please fill out and return this form with a check in the amount of \$300 to the Synagogue office. If you have any questions about Hebrew names and/or dates, please call Phyllis at the office at 732-257-1523.



(Print Name in Hebrew Here)

(Print Name in English Here)

(Date in E	nglish) (Date in Hebrew)
I hereby au	PLEDGE uthorize you to supply and maintain permanently on your Memorial Tablet, a name
plate in me	emory of
NAME IN	FULL
departed,	I agree to pay \$300.00. It is mutually agreed that each year, on the Yahrzeit of the and on other appropriate occasions in accordance with Jewish custom a Memoria lalso be said.
Signed by	
Date	 Tree of Life

Tree of Life to honor or memorialize a loved one Leaf - \$118.00





Hello Everyone,

Congregation Beth Ohr has partnered with Community Recycling and their Shoe-Box Recycling program. Together we are on a mission to help promote the importance of shoe recycling while raising funds to help further our efforts. Shoe-Box Recycling is easy, engaging and rewarding for everyone involved.

Participating is simple. We are collecting gently used shoes for reuse, meaning all the shoes we recycle as a group are destined for another home. From South America and Africa to areas right here in the United States, our ShoeBox Recycling efforts will go to help people and communities in over 50 countries.

And what's even better is the many ways that our community benefits as well. Not only will your recycled shoes help Congregation Beth Ohr raise funds, it will also help keep usable shoes out of our local landfills. ShoeBox Recycling also gives us a chance to connect with the people and places that receive our recycled shoes. By writing a SoleMate Note to include with your shoes, you can let their new owner know about where they came from, what they were used for, or even any special memories attached to them. In return, they can write back to us and we can make a SoleMate connection.

So start cleaning out your closets and start looking under your bed for gently used shoes. Every pair you recycle means extra funds for us, less landfill waste and the potential to connect us to a SoleMate!

For more information contact Allan Benish at abenish@aol.com and check out Community Recycling online at www.communityrecycling.biz.

You can drop off your shoes at the synagogue and place them in the box labeled "SHOES" in the lobby during regular office hours of 9:00AM to 3:00PM.

#### What is Allowed

Gently Used Pairs, Men/Women's/kids, Soccer Cleats, Casual Shoes, Dress Shoes, Work Boots, Sneakers, Sandals, Heels, Flats, Loafers Winter Boots, Skates/Blades

#### What is Not Allowed

Damaged/Holes, Wet Mildewed, Singe Shoes, Metal Spikes, Flip Flop/Plastic Shoes, Slippers, Dress Boots, Ski/

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#### Dear Friends,

By volunteering your time, you can brighten the day for hundreds of seniors -- or just one special senior. Our partners, Jewish Family & Children's Services of Monmouth County (JFCS) and Jewish Family Services of Middlesex County (JFS), both need volunteers. Here are the details:

#### JFS in Middlesex needs drivers for Kosher Meals on Wheels

Delivery is daily Monday-Friday but volunteers can give their time once a week, once a month, etc. It's your choice.

There are 2 pickup locations: The Orchid in Metuchen and the JFS office in Monroe.

Various routes are in need.

Meal pick up is typically between 10am and 11am. Meals are to be delivered by 1pm. Some routes June run later than 1pm based on pick up time.

To volunteer reach out to Michelle Belay-Bianco at michelleb@middlesexjfs.org

Nothing feels better than connecting with people who really appreciate you. As a volunteer, you will be giving your time to those who appreciate you, but most often it's the volunteer who feels the experience has been a gift for them!

#### Please sign up to volunteer!

Sincerely, Stacy Feldman, Director of Community Impact







# The deadline for the next newsletter will be Wednesday, February 12, 2020

Please send all of your thanks, articles and announcements via e-mail to:

congregationbethohr@gmail.com

or call Phyllis in the Synagogue office at 732-257-1523

### "Ritually Speaking" Sponsor a Kiddush

If you are interested in sponsoring a Kiddush to celebrate a simcha, commemorate the Yahrzeit of a loved one, or "just because," contact Phyllis in the office at 732-257-1523.

If you need to reach Rabbi Mishkin, please use any of the following:

Office Phone #732-257-7031

**Home phone** #732-967-6710 after hours for emergencies

e-mail address: rabbijoelmishkin@gmail.com

Rabbi Mishkin will be available for counseling by appointment.



Congregation Beth Ohr P.O. Box 206 Old Bridge, NJ 08857

## **Shabbat Candle Lighting Times For February, 2020**

February 7, 2020	5:04
February 14, 2020	5:13
February 21, 2020	5:21
February 28, 2020	5:29

