**News Release**

Fraidy Reiss, founder and leader of *Unchained At Last*will speak at Congregation Beth Ohr, Old Bridge, on Sunday morning, March 11, at 10:15.

At the age of 19 Ms. Reiss was forced into an arranged marriage with a man she hardly knew, a husband who turned out to be violent. At 27 she defied her husband and community and became the first person in her family to go to college, graduating from Rutgers, as valedictorian, at age 32. She went on to become a reporter and investigator. In spite of her family declaring her dead she managed to get a divorce, win full custody of her two daughters, and get a final restraining order against her ex-husband.

She founded *Unchained At Last* to help women and girls who want to flee from or resist arranged/forced marriages. Forbes, in its December 2017 issue, named her one of*Five Fearless Female Founders to Follow in 2018.*

The program, presented jointly by the congregation's Men's Club and Sisterhood, and sponsored by the Herman and Freida Lipp Memorial Fund in memory of Barbara Lipp, will include a free bagel breakfast, which begins at 10:00 AM. Reservations are not necessary.

Congregation Beth Ohr is at [70 Route 516, Old Bridge](https://maps.google.com/?q=70+Route+516,+Old+Bridge&entry=gmail&source=g). For further information contact Ed Mendlowitz at [emcpa1@aol.com](mailto:emcpa1@aol.com) or [732-964-9329](tel:(732)%20964-9329).