

BETH OHR NEWSLETTER

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TevetShevat 5778

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Top New Year's Resolutions

New Year's Eve has always been a time for looking back to the past, and more importantly, forward to the coming year. It's a time to reflect on the changes we want (or need) to make and resolve to follow through on those changes. The following are the ten most used resolutions for the New Year.

1. **Spend More Time with Family & Friends.** Recent polls conducted by General Nutrition Centers, Quicken, and others show that more than 50% of Americans vow to appreciate loved ones and spend more time with family and friends this year.
2. **Fit into Fitness.** The evidence is in for fitness. Regular exercise has been associated with more health benefits than anything else known to man. Studies show that it reduces the risk of some cancers, increases longevity, helps achieve and maintain weight loss, enhances mood, lowers blood pressure, and even improves arthritis. In short, exercise keeps you healthy and makes you look and feel better.
3. **Tame the Bulge.** Over 66 percent of adult Americans are considered overweight or obese by recent studies, so it is not surprising to find that weight loss is one of the most popular New Year's resolutions. Setting reasonable goals and staying focused are the two most important factors in sticking with a weight loss program, and the key to success for those millions of Americans who made a New Year's commitment to shed extra pounds.
4. **Quit Smoking.** If you have resolved to make this the year that you stamp out your smoking habit, over-the-counter availability of nicotine replacement therapy now provides easier access to proven quit-smoking aids. Even if you've tried to quit before and failed, don't let it get you down. On average, smokers try about four times before they quit for good. Start enjoying the rest of your smoke-free life! Even Middlesex County is trying to go smoke-free, and it's taken them a few tries as well. Locally, there are a variety of free support services, hotlines and smoking cessation classes to help you kick the smoking habit.

(Continued on page 5)

SCHEDULE OF SERVICES

All Friday evening services begin at 7:30 p.m. unless otherwise stated, Saturday morning Shabbat services begin at 9:30 a.m., Sunday morning minyan begins at 9:00 a.m.

UPCOMING EVENTS

Mon. Jan 1	New Year's Day Office closed	
Tues. Jan. 2	Talmud Class	7:30PM
Wed. Jan. 3	Sisterhood Meeting	7:30PM
Thurs. Jan. 4	Talmud Class	9:30AM
	Hebrew Class	10:30AM
Fri. Jan. 5	Friday Evening Service	7:30PM
Sat. Jan. 6	Shabbat Morning Service	9:30AM
Sun. Jan. 7	Sunday Morning Service	9:00AM
	Followed by Men's Club Pancake Breakfast	
Thurs Jan. 11	Hebrew Class	10:30AM
Fri. Jan. 12	Friday Evening Service	7:30PM
Sat. Jan. 13	Shabbat Morning Service	9:30AM
Sun. Jan. 14	Sunday Morning Service	9:00AM
	Followed by Men's Club Breakfast	
Tues. Jan., 16	Talmud Class	7:30PM
Thur. Jan 18	Talmud Class	9:30AM
	Hebrew Class	10:30AM
Fri. Jan. 19	Friday Evening Service	7:30PM
Sat. Jan. 20	Shabbat Morning Service	9:30AM
Sun. Jan. 21	Sunday Morning Service	9:00AM
	Followed by Men's Club/Daytimers Breakfast	
Tues. Jan. 23	Book Discussion Group	11:00 AM
	Wise Aging Group	7:30PM
Thurs. Jan. 25	Talmud Class	9:30AM
	Hebrew Class	10:30AM
	Basic Judaism Class	11:15AM
	Temple Exec. Board	7:00PM
	Temple Board of Directors	8:00PM
Fri. Jan. 27	Friday Evening Service	7:30PM
Sat. Jan. 28	Shabbat Morning Service	9:30AM
Sun. Jan. 29	Sunday Morning Service	9:00AM
	Followed by Men's Club Breakfast	
Tues. Jan. 31	Talmud Class	7:30PM

Please note that Rabbi Mishkin will be away from January 7-11 at a Rabbinic Retreat in Baltimore, MD, and the Wise Aging Class, Talmud Class and Basic Judaism class will not be held that week.



Rabbi's Message

"Our Congregation Beth Ohr: Kehilah and Sacred Community

Kehilah is a term the Conservative Movement's United Synagogue began using a couple of years ago to describe congregations. The sense of the word is 'sacred community,' going back to the Torah's use of the word as meaning a 'gathering-together' for religious celebration. But the idea of a sacred community is really much more than that. Sacred communities support their members, sometimes during difficult times, sometimes during moments of joy. In sacred communities people show up for one another. Being part of a sacred community means that your phone might ring if you haven't been in shul. It means that you feel safe in a class environment to ask questions or make comments. It means that you feel respected, valued, and cared for. It means that you have a home away from home, and it also means that you feel part of something that is greater than you.

Over the last three years I have been privileged to witness the ideal of kehilah at work over and over again in our small sacred community. I've also discovered that when I see our kehilah in action I feel enormously proud of the congregation I serve. During those moments Judaism becomes a living entity, a binding force between people with a common goal and vision – to bring God's presence into their lives, their synagogue, and their world. Let me give you just a couple of recent examples to consider:

I remember not too long ago an occasion when a former member of our congregation suffered the devastating and unexpected loss of his spouse. I had gotten to know the family because I had been asked to officiate at a family wedding. The death came suddenly and it clearly would have an impact upon the family's expression of joy at the soon-to-be-simcha. But I found one evening in particular remarkable when it came to our sacred community. Many of our members were seated at a ritual meeting when my phone rang. The call came from this gentleman. He was going to be short for the evening minyan and wanted to know if there was any way that I could help. Well, help the members of Beth Ohr most certainly did. Several members who were at the meeting left it promptly and headed out to the Shiva home to insure that there would be enough Jewish adults present so that Kaddish could be recited.

A second example: When I decided to teach a mini-series funded by our Federation, there was a need to move the venue from a bookstore to the Federation offices because of overwhelming attendance. It turned out that for each of those five weeks we needed folks to schlep the Humashim from our sanctuary to the Federation and then back again. There was always great willingness for people to pick up some books so that everyone taking the course, including students not affiliated with our synagogue, would have a Humash.

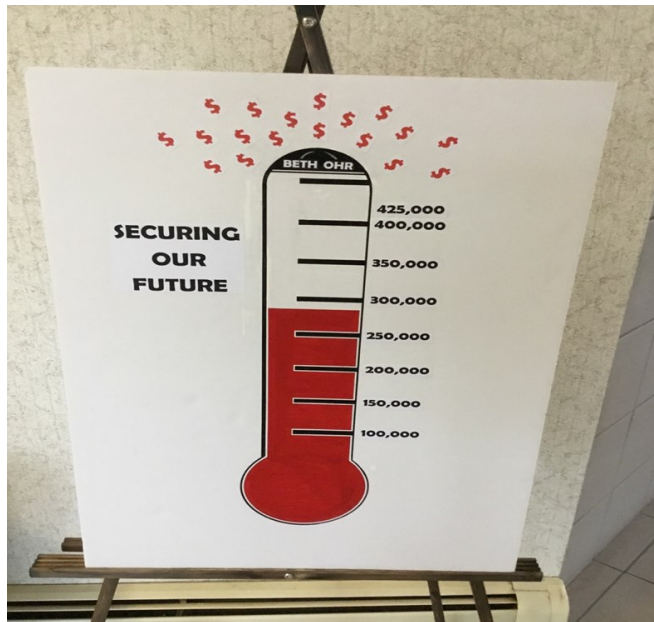
As we begin 2018 let us be mindful of the many ways in which we fulfill the promise of being a kehilah, a sacred community. And let us pass that message on to anyone whom we believe might benefit from becoming a part of this very special place for everyone is always welcome at Congregation Beth Ohr



President Allen Skupp's Message

Dear Congregants,

As I believe most of you are aware we launched "Securing Our Future" in July of last year to ensure our long term financial security. To keep everyone apprised of our progress towards either meeting or surpassing our goal of \$400,000, Seymour Nussenbaum designed the Fund Raising Thermometer shown below located in our lobby.



As you can see we have surpassed 70% of our financial goal. Securing Our Future is in 3 phases. Phase 1 was completed with 100% of the Board and the Rabbi endorsing and contributing. Phase 2 which involves our major donors is now in full swing. Phase 3 is being implemented and reaches out to the full congregation. Our goal is to have 100% of the congregation participate.

As originally discussed with the Board we have not set a minimum contribution level but rather ask that you contribute what you feel you can afford. In addition it was designed to allow for your contribution to be spread over 3 years if that works better for you.

(Continued on page 5)

(continued from page 4)

If you prefer to make your donation by transferring stock to the Synagogue that can be handled by having your broker transfer the stock to the Synagogue account at TD Ameritrade. Please notify Herman Schneider or myself so we can supply the account number at TD Ameritrade.

Please help us meet our goal of 100% participation and surpass our financial goal of \$400,000. Feel free to contact either Allan Benish or myself if you have any questions.

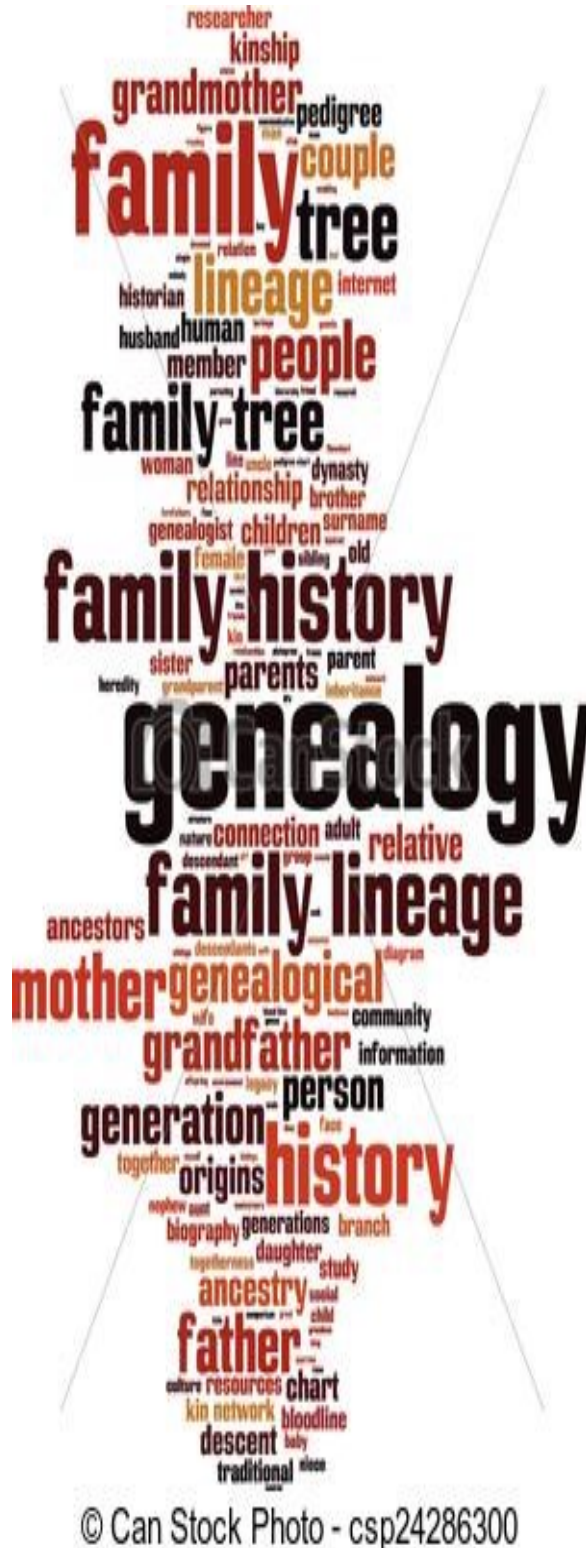
Linda and I and our family would like to wish each and everyone of you health and happiness in The New Year.

(Continued from Page 1)

5. **Enjoy Life More.** Given the hectic, stressful lifestyles of millions of Americans, it is no wonder that "enjoying life more" has become a popular resolution in recent years. It's an important step to a happier and healthier you! Just get out and try something new! Take up a new hobby, or go to a theater performance, or head to the local spa. New Jersey offers a wealth of artistic and recreational activities to meet just about anyone's wishes.
6. **Quit Drinking.** While many people use the New Year as an incentive to finally stop drinking, most are not equipped to make such a drastic lifestyle change all at once. Many heavy drinkers fail to quit cold turkey but do much better when they taper gradually, or even learn to moderate their drinking. If you have decided that you want to stop drinking, there is a world of help and support available. Alcoholics Anonymous offers meetings throughout the greater New Jersey area.
7. **Get Out of Debt.** Was money a big source of stress in your life last year? Join the millions of Americans who have resolved to spend this year getting a handle on their finances. It's a promise that will repay itself many times over in the year ahead.
8. **Learn Something New.** Have you vowed to make this year the year to learn something new? Perhaps you want to learn a new language, or just how to fix your computer? Whether you take a course or read a book, you'll find education to be one of the easiest, most motivating New Year's resolutions to keep. The Community College in Middlesex County offers a wide variety of "lifelong learning" courses, and local YMHAs and YMCAs offer great recreational training for beginners of all ages. Most local colleges and universities offer distance and adult education programs. Or if the arts are more your thing, take some art courses.
9. **Help Others.** A popular, non-selfish New Year's resolution, volunteerism can take many forms. Whether you choose to spend time helping out at your local library, or synagogue, mentoring a child, or building a house, there are many nonprofit volunteer organizations that could really use your help.
10. **Get Organized.** On just about every New Year resolution top ten list, organization can be a very reasonable goal. Whether you want your home organized enough that you can invite someone over on a whim, or your office organized enough that you can find the stapler when you need it, these tips and resources should get you started on the way to a more organized life. There are professional organizers who can help you reduce the clutter in your life and find peace in your home.

Daytimers/Men's Club Joint Sunday Morning Minyan and Breakfast

Sunday, January 21, 2017. Minyan at 9:00AM . With Breakfast Following



“Getting Started in Genealogy”

will be the topic of an illustrated presentation by Dr. Nathan M. Reiss at the next meeting of the Men's Club/Daytimers at Congregation Beth Ohr.

The Genealogy Club is sponsored by the Jewish Historical Society of Central Jersey, which is headquartered in New Brunswick. Organized in 1977, the JHSCJ mission is to promote, research, and publish all facets of Central New Jersey's Jewish experience..

Dr. Reiss, a resident of Highland Park, has studied genealogy for nearly four decades. He has found over 12,000 relatives and published a 1,100-page book on his own family history. In 1997, he became chair of the Genealogy Committee of the Jewish Historical Society of Central Jersey, in 2002 he was elected vice president, and from 2003 until the present he has served as president of the Jewish Historical Society.

From 1996-2001 he also served as President of Congregation Etz Chaim, a Sephardic congregation in Highland Park. Holding a doctorate in meteorology, Dr. Reiss retired in 1997 as a professor in the departments of Meteorology and Environmental Sciences at Rutgers University and pursued his “retirement” career as a genealogist.

BETH OHR NEWS



Tree of Life

A leaf has been placed on the Tree of Life in the Lobby in honor of Zellie & Mel Prussack's daughter Maureen's marriage to Franco Pietoso, September 4, 2015.

Welcome New Member - Taliah Ausby

Luncheon Honoring Edna Yourman

Edna Yourman is the Beth Ohr Sisterhood's Torah benefactor for 2018. A luncheon honoring Edna will be held on Sunday April 29, 2018. Please look for more information in the upcoming Newsletters.

Mazel Tov

Ann and Richard Herrmann are extremely happy to announce the birth of their 4th grandchild, Wyatt Joseph Basin on November 1. Wyatt's proud parents are Dana and Max Basin. Wyatt is named in loving memory of his maternal great-grandfather, William Greenspan, and his paternal great-grandfather, Joseph Basin.

A Plea from Bernie Pincus, Membership Chairperson:

Dear Congregant friends.

Your input is so valuable. Please consider joining our membership committee.

Encouraging non-affiliated people to join Beth Ohr is our goal. Eight new families have already joined and a special service to welcome them is being planned.

Hopefully, you will respond to this plea and call me. Thanks in advance for your anticipated interest. Bernie Pincus, Chairman at [732-254-8622](tel:732-254-8622)

Wishing Everyone a Healthy and Happy New Year

Yahrzeit Memorial Fund

We honor the memories of our loved ones whose Yahrzeits are observed during the months of **November, December and January**. We acknowledge the following for their contributions to the Yahrzeit Memorial Fund:

DONATED BY:

Aroyo Family

Allen & Wilma Appel

Susan Belmont & Ann Hermann Families

Sid & Eileen Birnbaum

Susan Cannata

Susan Edwards

Elias Engber

Harriett Feld

Meryl Finkelstein

Don & Pat Gordon

Lisa Mason

Marshall Morris

Mel & Zelig Prussack

Doris Schulsinger

Clifford Shulman

Joyce Silberstein

Nelson & Arlene Silver

Sharen Silverman

Allen & Linda Skupp

Leonard & Irene Ullmann

Paula Yourman & Family

IN LOVING MEMORY OF

Beatrice Woods

Rita Aroyo

Betty Appel

William Greenspan

Jules Burns

Leibe Bernstein

Jacob Birnbaum

Ted Cannata

Ruth Masher

Ida Rubrum.

Paul Kaminsky

William Zarfes

Alfred Feld

Haim Grayewsky

Irving Gordon

Leon Ayre Odzer

Sam Morris

Fannie Sass

Martha Prussack

Morris Akronowitz

Sylvia Shulman

Jacob Shulman

Robert Frank Lionheart

Morris Silver

Miriam Waxenberg

Herman Waxenberg

George Skupp

Paul Kalefsky

Bertha Ullmann

Constance Litwak

David Litwak

Gerald Litwak



BETH OHR CEMETERY

Congregation Beth Ohr owns and operates a cemetery which is located on Ernston Road in Sayreville. The cemetery is a non-profit entity using existing funds and fundraising as its source of operating revenues. Membership in Beth Ohr entitles each congregant to one individual plot which must be reserved at a cost of \$50. All other costs such as perpetual care, administrative fee, funeral, plot opening, headstone, etc. are borne by the family of the deceased. Please call Phyllis Greenberg in the office at 732-257-15 23 for further details.

January Yahrzeits

The actual date that the Yahrzeit is observed is to the right of the name. It is customary to light a memorial candle on the eve of this date and to give tzedakah in memory of the January. One should recite the Mourner's Kaddish at services the evening before as well as the day of the Yahrzeit. Please call Phyllis in the Synagogue office at 732-257-1523, if you need information about the schedule of worship. The name of your departed will be read at the Friday evening and Shabbat morning services, the week before the Yahrzeit date which are represented by the dates in the columns which are in bold print.

<u>Jan. 5/6</u>		<u>Jan. 19/20 (continued)</u>	
Manny Friedman	1/6	Edward Nightingale	1/21
Howard Pfeffer	1/6	Robert Sheffler	1/21
Sadie Rankowitz	1/6	Gussie Zaret	1/21
Jacob Shulman	1/6	Sol Borenstein	1/22
Lillian Warshofsky	1/6	Sara Feinman	1/22
Mary Blitzstein	1/7	Elaine Gallin	1/22
Floyd Shumer	1/7	Jennie Kornreich	1/22
Miriam Goldstein	1/8	Jerry Newman	1/22
Ida Rubrum	1/8	Helmut Fuerth	1/23
Leonard Finkelstein	1/9	Elaine Leibowitz	1/23
Morris Radvinoviez	1/9	Herman Rosenfeld	1/23
Sam Schnitzer	1/9	Ephraim Ruchelman	1/23
Florence Trechak	1/9	Harold Shapiro	1/23
Solomon Kaminsky	1/10	Leon Praport	1/24
Lillian Persky	1/10	Yitzkok Shleifer	1/24
Martha Prussack	1/11	Clara Star	1/24
Bella Hyman	1/11	Belle Vogel	1/24
Phyllis Nightingale	1/11	Jacob Finkelstein	1/25
Samuel Glazier	1/12	Johanna Diamant Katz	1/25
Mary Karmin	1/12	Esther Solomon	1/25
		Dorothy Katz	1/26
<u>Jan. 12/13</u>		Joel Kirschner	1/26
Rose Rothstein	1/13	Philip Shindelman	1/26
Bessie Davis	1/15	Sofia Shulman	1/26
Jonathan Frank	1/15	Isidore Zavlek	1/26
Mollie Schneider	1/15		
Isidore Sibelman	1/15	<u>Jan. 26/27</u>	
Meyer Fusfeld	1/16	Marilyn Dorfman	1/27
Joseph Gray	1/16	Mayer Ettner	1/27
Leonard Pulchin	1/16	Rubin Ross	1/27
Irving Steuer	1/16	Minnie Wernick	1/27
Gerald Wasserman	1/16	Sheila Klein	1/28
Benjamin Feldheim	1/17	Samuel Rosenthal	1/28
Irwin Kaminsky	1/17	Abraham Blumenthal	1/29
Ignatie Kardos	1/17	Raymond Cheney	1/29
Bronia Shindelman	1/17	Mayer Masher	1/29
Iris Sweig	1/17	Benjamin Vogel	1/29
George Dragunoff	1/18	Miriam Blat	1/30
Bahckmal Kikorov	1/18	Paula Kardos	1/30
Sylvia Rauch	1/18	Karen Belsky	1/31
George Skupp	1/18	Muriel Blaugrund	1/31
Bette Kushner	1/19	Harry Bloom	1/31
Aaron Narol	1/19	Ruth Deitz	1/31
Fannie Seidner	1/19	Irving Feuer	2/1
		Bernard Goldstein	2/1
<u>Jan. 19/20</u>		Ben Gordon	2/1
Benny Feld	1/20	Susan Israel	2/1
Henry Kanter	1/20	Abraham Rothstein	2/1
Barbara Lipp	1/20	George Waldman	2/1
Florence Noah	1/20	Hyman Kilonsky	2/2
Melvin Bondy	1/21	Greg Romanow	2/2
Leo Fuchs	1/21	Jennie Segal	2/2
Samuel Gold	1/21		
Betty Karp	1/21		

WINTER CLOTHING DRIVE



**PLEASE BRING IN YOUR UNWANTED
COATS, HATS, AND GLOVES
AND DROP THEM OFF IN THE BIN
IN THE LOBBY.**

**YOUR DONATIONS
WILL KEEP FAMILIES WITH CHILDREN WARM
THROUGHOUT THE WINTER MONTHS.**

**IF YOU HAVE CLOTHING TO BE PICKED UP,
PLEASE CALL IRA DONENFELD
([732-679-2652](tel:732-679-2652)).**

**THANK YOU IN ADVANCE FOR YOUR
KIND DONATIONS.**



COFFEE, TALK AND TORAH

Led by Rabbi Joel Mishkin

Because of the overwhelming response to the Coffee, Talk and Torah Five Week Series, Rabbi Mishkin will resume the class once a month. Further news to follow shortly.

CONGREGATION BETH OHR MEMORIAL FUNDS

The following is a listing of the Memorial Funds that you may make tax-deductible contributions to:

David Benish Memorial Fund

Stephen Edwards Memorial Youth Fund

Elaine Leibowitz Memorial Fund

Beautification Fund

Herman & Frieda Lipp Memorial Fund

Mindy Nightingale Memorial Fund

Stuart Polovsky Memorial Fund

Herb Reinstein Memorial Fund

Heidi Rogol Memorial Fund

***When donating to these funds, please make your checks out to **CONGREGATION BETH OHR** and write in the fund in the memo portion of the check.

Thank you to the following donors who made donations to the Funds during the month of December

David Benish Memorial Fund

Allan and Linda Benish in honor of a speedy recover to Mrs. Ethel Goldberg
Allan and Linda Benish in memory of Otto Elkan

General Fund

Michael & Jane Hilfman

**JANUARY CELEBRATION OF
BIRTHDAYS ANNIVERSARIES AND OTHER SIMCHAS**



RITUALLY SPEAKING

SHARE A SIMCHA

The Ritual Committee will honor members celebrating a birthday, anniversary, or other simcha once a month at a Shabbat service. The next Share a Simcha Shabbat service will be on Saturday, January 20th. Future dates will be announced.

Please call Roberta Fachler at [609-860-6479](tel:609-860-6479) to let her know of your simcha by Thursday, January 18th

Mazel Tov to the following congregants who celebrated their simchas at the December 16th Simcha Shabbat:

Birthday

Lee Donenfeld
Harriet Feld
Peter Okoh
Joyce Silberstein

Wedding Anniversary

Phil & Harriet Rabinowitz
Marcia & Perry Trechak
Harriet & Bob Weiss

For your convenience, we have included this **Yahrzeit Memorial Plaque Form**. If you would like to order a plaque, please fill out and return this form with a check in the amount of **\$300** to the Synagogue office. If you have any questions about Hebrew names and/or dates, please call Phyllis at the office at 732-257-1523.



(Print Name in Hebrew Here)

(Print Name in English Here)

(Date in English) _____

(Date in Hebrew)

PLEDGE

I hereby authorize you to supply and maintain permanently on your Memorial Tablet, a name plate *in memory of*

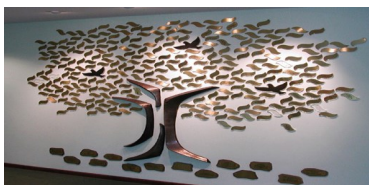
NAME IN FULL _____

for which I agree to pay \$300.00. It is mutually agreed that each year, on the Yahrzeit of the departed, and on other appropriate occasions in accordance with Jewish custom a Memorial Prayer will also be said.

Signed by

Date _____

Tree of Life
to honor or memorialize a loved one
Leaf - \$118.00





Kristallnacht Remembrance Booklet

Beth Ohr will be publishing a Kristallnacht Remembrance Booklet on Friday November 9, 2018 to memorialize Beth Ohr members, families and friends that were subjected to the Nazi led inhuman barbaric treatment of Kristallnacht solely because the people attacked were Jewish. It must never happen again and remembering is a way to stop it from reoccurring. If you have a story to tell about yourself, a family member or friend, let us capture it in this booklet. Call Ed Mendlowitz (emcpa1@aol.com or 732.890.3344) to arrange for someone to write your story.

To date we have personal remembrances from the following:

Elisabeth Gelb

Sylvia Kagan

Vera Nussenbaum

Martin Tyberg's parents

We want and need more stories to tell. Contact Ed to arrange for your story to be told.

Following is the story of a friend of Ed's grandfather and father



Hi Ed,

Per your request, here is a scanned copy of the picture my Father took of his father's business in 1935. (See arrow).

Four years later, in 1939, the morning after Kristallnacht, an employee of my Grandfather (whom my grandfather sent to a spa to recover from an illness he had) opened the door in his full Nazi uniform, informing my father, to tell his father, never to come back to his place of business ever again as the Nazis were taking it over. My grandfather never really was able to recover from this incident and was in a state of depression for years until his death in 1949.

It's hard to imagine in this day and age for something like that to happen. We need to learn from history and make sure that this never happens again!

Regards, Phil

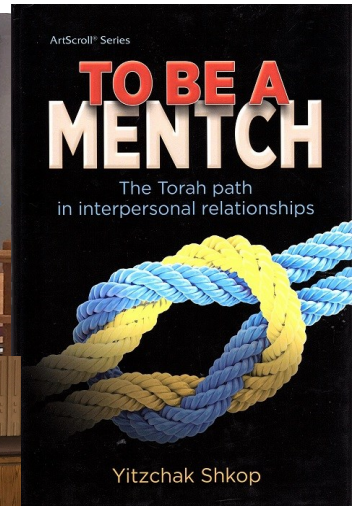
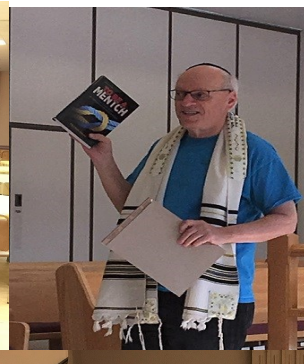
MEN'S CLUB *Minyan Every Sunday. All are welcome.*

also enjoy a bagel and the camaraderie.

Yiddish corner

A gut yor!
Happy New Year!

**Az men iz nor gezunt
iz men shoy n raykh.**
One is already wealthy if one is healthy.



Men's Club Doings!

A lot always happens at the Men's Club following the Minyan during the bagel breakfast. Last month we presented the Sydney Lustgarten Mensch Award to Herb Goldenberg; Ed distributed 40 books for free to attendees of the Minyan (or to regulars who had "excused" absences); and collectibles were valued.

Shown on top row: The Men's Club wishes everyone a Happy and Healthy New Year—in Yiddish! Next is Grandpa Mark Atzbi with his "Saba" Tee Shirt. The next photo shows Ed distributing the books and a cover of the book—*To be a Mentch*, published by ArtScroll.

Next row shows certificate presented to Herb. The award was endowed by Lawrence Schacht Foundation, Milton Heumann, Trustee. Ed presenting award to Herb; and Mitch Lustgarten sharing a few words about his beloved father.

Not shown is the Dec 24 collectible's valuation. Some interesting material was presented including a hoard of silver dollars and an original Commodore computer. Everyone attending received a free gift.

Sunday morning is a good time to be at Beth Ohr. Shul, Schmooze and Schmar!

Men's Club Program of Events (partial listing)

Dec 31—**Surprise** breakfast catered by Harvey Cohen and his kitchen crew

Jan 7, 2018—Men's Club Pancake Breakfast. Presentations to winners of the photo contest!

Jan 21—Joint Men's Club / Daytimers program with Nathan Reiss. See info elsewhere in this newsletter.

Feb 4—World Wide Wrap presentation by Rabbi Mishkin during Minyan; and 38th Annual Ed Mendlowitz Financial Presentation following bagel breakfast

Mar 11—Joint Sisterhood and Men's Club program sponsored by the Herman and Freida Lipp Memorial Fund in memory of Barbara Lipp.

Ed Mendlowitz EMendlowitz, Men's Club President, emcpa1@aol.com tel 732 890-3344

***If you don't usually attend, try coming once in a while and see what we have to offer.
It ain't what you think it is!***

Julia's winning photo is on left and Stan's on right

Congregation Beth Ohr Men's Club

4th Annual Sydney Lustgarten Mensch Award

Endowed by Lawrence Schacht Foundation, Milton Heumann, Trustee

Presentation to Herbert J. Goldenberg



Herbert J. Goldenberg

Born Oct. 2, 1939 (Gandhi's Birthday) Bensonhurst, Brooklyn, NY

Married, Aug. 31, 1961 to Susan, Lafayette H.S. sweetheart.

Moved to Old Bridge (from Monsey, NY) and joined Beth Ohr in 1972.

Graduate of Cooper Union School of Engineering with a degree in Mechanical Engineering.

Licensed Professional Engineer and past President of City Testing & Research Laboratories. Currently Senior Technical Director of Atlas Engineering and Inspection Services, LLC, a premier metallurgical and materials testing Laboratory as well as engineering consultation services.

Past President of the New York Chapter of the American Society for Metals (1979-1981) and currently a Director of the Metro-New York-New Jersey Chapter. Was also on the Technical Advisory Board of New York City Technical College, 1978-1991.

Has been actively involved in Synagogue activities since joining Beth Ohr. Started in the kitchen for Sunday morning breakfasts and Tuesday night bingo. Men's Club Treasurer for more than 25 years. Perennial activities include erecting the Succah, preparing the Sanctuary and ushering for the High Holy Days. Was Men's Club Man of the Year in 1988. Was honored with Wife Susan at Beth Ohr's Journal Dinner Dance in 2002.

Three children were all educated at Beth Ohr's Hebrew School and are currently active members, with their children, of Conservative Synagogues in their communities.

Oldest daughter Lauren is an educational researcher and consultant to the Chancellor of the NYC Board of Education. She is married to Brian Engel, a Chef at a Glatt Kosher restaurant in Riverdale, The Bronx, and they are the parents of Ellie Rose.

Son David is Operations Manager at Tilden Capital, a Hedge Fund and married to Laurie, a personal consultant to a former Hedge fund partner. They have two sons, Jared, a sophomore at the University of Florida (Gators) and Alex a senior at Manalapan H. S.

Daughter Aileen is Pediatrician in Orlando FL is married to Melvin Field, a neurosurgeon. They are the parents of three High School girls, Danielle Sophie, Grace Ann and Addison Leah.

The photos are at Sue and Herb's wedding, their 50th wedding anniversary party and Herb last week after the Minyan.

BETH OHR PHOTO GALLERY



Photo descriptions

Top row: Previous Mensch Award honorees, Chuck Rogol and Harvey Cohen flank Herb and Sue Goldenberg. Rabbi Mishkin presenting some remarks about Herb amidst the large group at the Mensch breakfast.

2nd row: Ed and Andy with David Bahr who gave Ed a gift book almost 30 years ago that inspired Ed to give book gifts as “payback.” P.S. Ed, Andy and David were on a fishing trip almost 40 years ago and Andy caught the first fish on the boat. Next is Edna Yourman receiving her pin as Sisterhood’s Woman’s League honoree this coming April. Next are Roberta and Larry Fachler with Ed outside the theatre where coincidentally they both saw “A Bronx Tale.” They are all from The Bronx.

3rd row: Two photos of the Daytimers Hanukkah celebration—almost 70 people enjoyed a great afternoon.

Bottom left: 10 R.O.M.E.O.s at lunch. They meet every Friday at 12:30. If interested speak to Bob Weiss or Stan Perlman for info. Shown clockwise from bottom left; Elliot Leibowitz, Mel Ward, Ed Mendlowitz, Toby Geller, Joe Shafran, Larry Fachler, Larry Weintraub, Dan Grynberg, Morty Kamenitz and Bob Weiss.

MEN'S CLUB PHOTO CONTEST

Awards will be presented on January 7, 2018 following the Minyan.

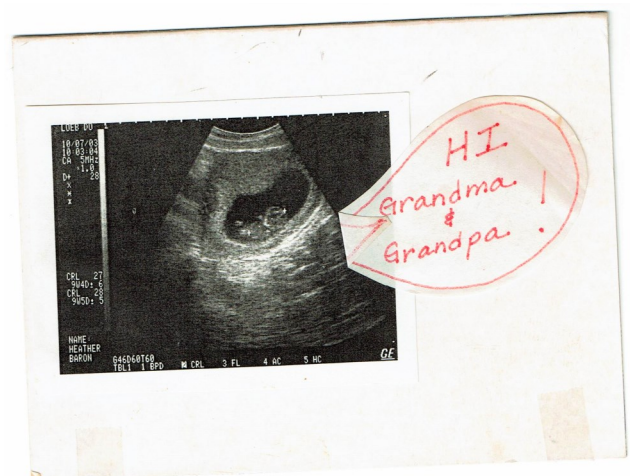
Tied for first place: Julia Sullivan and Stan Perlman

Julia's winning photo is on left and Stan's on right



Third place and honorable mention

Mel Prussack Third Place (Left photo). Honorable mention: Maxine and Ken Kaufman's granddaughter's Samantha Barron's first "photo" (a sonogram) —likely taken by the x-ray technician or doctor, so not eligible for an award, but they get an Honorable Mention for their submission. Mel Prussack Third place



Thank you to everyone who participated!



Joint Program: Men's Club and Daytimers
Jewish Genealogy by Professor Nathan Reiss
President, Jewish Historical Society of Central NJ

Sunday January 21, 2018
Sunday morning Minyan at 9:00.
Bagel breakfast at 10:00 and Program at 10:15

38th Annual Ed Mendlowitz Financial Program
Making Sense of the New Tax Law
and 10 ways to save on your taxes this year

Presented by **Edward Mendlowitz, CPA**
Partner, WithumSmith+Brown, PC
One of Accounting Today's 100 Most Influential Accountants
and author of 26 books.
No charge and no RSVP necessary
February 4, 2018 Sunday morning at 10:15.



Participate with us and 700 other Men's Clubs
In the Federation of Jewish Men's Clubs' World Wide Wrap
Sunday February 4, 2018
Rabbi Mishkin will provide instruction and information about Tefillin during the Minyan



Beth Ohr Annual Brunch
Honoring
Mayor Owen Henry

Sunday June 10, 2018 from 11:00 to 2:30
Save the date. Also plan on selling ads as this is our major fundraiser.

If you want to be on the committee, contact Ed Mendlowitz at emcpa1@aol.com or 732.890.3344

SISTERHOOD PRESIDIUUM PRESIDENT

Shalom from Sisterhood,

On December 6th we had our annual Chanukah penny auction which was a fun event as always and raised \$215.00. A special thank you to Marion Falkowitz for doing such a great job on providing a nice spread of snacks, fruit and beverages as well as to our auctioneer, Elizabeth Golden.

Hold the date(s) of February 25th with a snow date of March 4th for a Ladies Festival of Miriam. We will learn about Miriam, make a Miriam's cup for our Passover Seder, enjoy middle eastern food and music and even dance (at our chairs or around the room) with tambourines.

Please continue to support Sisterhood by purchasing scrip, gold cards and brick certificates.

Wishing everyone a Happy Chanukah and a happy and healthy 2018!

Liz Aroyo

HIGH HOLIDAY MACHZOR

If you are interested in dedicating a High Holiday prayer book, please contact Estee Spiegel by e-mail at estee86@msn.com. Donations can be made to memorialize someone special or in honor of a simcha. The cost for each book is \$36.00 and checks should be made payable to Sisterhood Congregation Beth Ohr. The donation must be paid in full before a bookplate will be affixed.

LARGE PRINT SIDDURIM

The synagogue owns four large print Siddurim. If anyone needs one at services, please see Ira Donenfeld, Phil Rabinowitz or Larry Fachler.

MAH JONGG CARDS

If you would like to order Mah Jongg Cards here is the information;
Please send your check to:

Maxine Kaufman
118 Willet Way
West Deptford, New Jersey 08086

Small cards \$8.00

Large cards \$9.00



2017 CARD



P

Please include the names & addresses & size of the cards you want. The deadline for sending in checks is January 15th. If you have any questions, please call Maxine at [\(856\) 848-3113](tel:8568483113).

A-K

12/17

Date: /17

Carry

Carry

Name	Name	Amount	Over	Name	Name	Amount	Over
Appel	Wilma	\$47.50		Finkelstein	Meryl	\$ 55.50	0.5
Aroyo	Elizabeth	\$ 304.25	4.0	Fox	Helene		
Atzbi	Monica	\$ 438.00	38.5				
				Garfinkel	Linda	\$ 109.00	2.5
Benish	Linda	\$ 27.00	5.5	Gasior	Ellen	\$ 5.00	
Bernstein	Roberta	\$ 35.00	4.5	Gilbarg	Marilyn	\$ 15.00	
Birnbaum	Eileen	\$ 47.50	0.5	Golden	Elizabeth	\$ 185.00	10.0
Boshak	Rochelle	\$ 5.00		Goldenberg	Susan	\$ 15.00	1.5
Branfman	Ann	\$ 122.50	0.5	Greenstein	Barbara	\$ 5.00	
				Grynberg	Helene	\$ 40.00	10.0
Cadel	Cheryl	\$ 32.50		Gurman	Ruth		3.5
Cannata	Susan	\$ 5.00					
Clark	Lisa	\$ 5.00		Hillman	Pearl	\$ 5.00	4.5
Cohen	Harriet	\$ 61.00		Honig	Alice		
Cohen	Lana			Honig	Eloise	\$ 5.00	
				Hyman	Lee	\$ 71.00	3.0
Donenfeld	Lee	\$ 25.00					
				Kagan	Sylvia	\$ 56.00	
Edwards	Sue	\$ 38.00	0.5	Kamenitz	Marilyn	\$ 25.00	
				Karlstein	Marilyn	\$ 32.50	10.5
Fachler	Roberta	\$ 155.00	3.0	Karpel	Roberta	\$ 95.00	3.0
Falkowitz	Marion	\$ 22.00		Kaufman	Maxine	\$ 60.00	11.5
Feder	Barbara	\$42.50	0.5	Klein	Caroline	\$ 15.00	
Feld	Harriet	\$ 52.50	0.5	Krieger	Karen	\$ 5.00	
Feurier	Darlene						

			Carry					Carry
Name		Amount	Over		Name		Amount	Over
Laddin	Anne	\$5.00						
Lazarowitz	Andrea	\$131.75	4.0		Schlussfeld	Mindy	\$5.00	
Levenstein	Glenda	\$40.00			Schneider	Barbara	\$124.00	6.0
Levine	Helen				Schottlander	Hilde	\$100.00	2.0
					Shafran	Dorothy	\$160.00	10.0
Mason	Lisa	\$87.50			Silberstein	Joyce	\$66.00	2.5
Mendlowitz	Ronnie	\$197.50	13.0		Silver	Arlene	\$95.00	0.5
					Silverman	Sharen	\$185.50	12.0
Nadler	Elinor	\$5.00			Simon	Mala	\$87.50	1.5
					Simon	Marjorie	\$17.00	0.5
					Skupp	Linda	\$192.00	15.0
Perlman	Ryselle	\$26.00			Sommers	Arlene	\$5.00	
Pincus	Ashna	\$73.00	3.5		Spiegel	Estee	\$121.50	0.5
Polovsky	Terrie	\$42.50	4.0					
					Trechak	Marcia	\$322.50	6.0
Rabinowitz	Harriet	\$202.00	22.5		Ulman	Sara	\$25.00	
Reinstein	Sheila	\$31.00			Ulmann	Irene	\$5.00	
Risman	Ruth	\$35.00	1.0					
Rogol	Lysa	\$35.00	0.5		Ward	Phyllis	\$5.00	
Rosenzweig	Ronnie	\$5.00			Weintraub	Deborah	\$5.00	
					Weiss	Harriet	\$73.50	
Gray	Ilene	\$149.00	5.5		Wittlin	Renee	\$5.00	
					Yourman	Edna	\$50.00	
					Yourman	Paula	\$103.50	2.5
					Zussman	Virginia	\$15.00	

HOLD THE DATE

Ladies Festival of Miriam

Sisterhood of Congregation Beth Ohr

Old Bridge, NJ

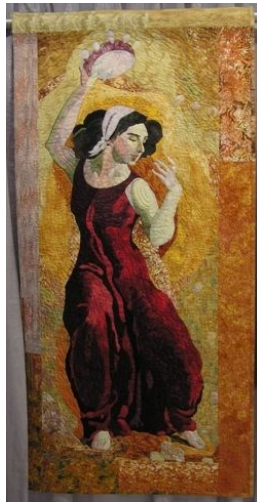
Sunday February 25th – Snow Date March 4th

12:30 PM

Lunch, Learn, Craft, Music and Dancing

Learn About Miriam

\$36.00 – Advance Reservations Required



SCRIP

Sisterhood sells **Shoprite**, **Stop 'n' Shop**, and **Acme** Supermarket Gift Cards. We also sell Kohl's Gift Cards.

This ongoing fundraiser helps support **Oneg Shabbat** and other areas of our congregation. (Sisterhood members receive 5% donor credit of their scrip purchase.)

Kohl's Gift Cards may be used to purchase merchandise or to PAY your Kohl's charge card in-store so you continue to get your discounts. By purchasing Kohl's Gift Cards you are doing a double mitzvah as these card purchases support Kohl's Cares for Kids charities.

You may contact the following for purchasing scrip and/or information:

Monica Atzbi 732-390-5890
Sharen Silverman 732-266-2389
Marcia Trechak 609-655-9507 (summer months)
Phyllis Greenberg --Temple Office 732-257-1523

When ordering from Phyllis at the temple office, please try to call in your order at least one day earlier and pick up your order during the following hours: 10 am-12 noon or 1:30 pm -3:00pm.



SCRIP IS
FUNDRAISING
WHILE YOU
SHOP

SHOP WITH SCRIP.COM

SHOP WITH SCRIP.COM



Announcements

The deadline for the next newsletter will be
Friday, January 12, 2017

Please send all of your thank you, articles
and announcements via e-mail to:

congregationbethohr@gmail.com

or call

Phyllis in the Synagogue office at 732-257-1523

“Ritually Speaking”

If you are interested in sponsoring a Kiddush to celebrate a simcha, commemorate the Yahrzeit of a loved one, or “just because”, contact Phyllis in the office at 732-257-1523.

Sisterhood is selling Kohl’s Cares for Kids Gift Cards. You may purchase these cards as gifts or to pay your bill in the store so you can continue to use your charge card and get your discounts.

For more information and to purchase cards, please call Monica Atzbi at 732-390-5890. When ordering Kohl’s please use a separate check—not to be combined with scrip checks.

Rabbi Mishkin’s Contact Numbers

If you need to reach Rabbi Mishkin, please use any of the following phone numbers:

Office Phone # 732-257-7031

Home phone #732-967-6710 after hours for emergencies

e-mail address: rabbijoelmishkin@gmail.com

Rabbi Mishkin will be available for counseling by appointment.

ISRAEL BONDS

FOR BAR AND BAT MITZVAHS



eMITZVAH
BOND*

\$36 MINIMUM

MAZEL TOV
BOND

\$100 MINIMUM

GIVE THE GIFT OF ISRAEL
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Development Corporation for Israel/Israel Bonds
Richard Hirschorn, Registered Representative
230 Old Bridge Turnpike, Suite A - South River, NJ 08882
richard.hirschorn@israelbonds.com - 732.353.2003

*Available online only

This is not an offering, which can be made only by prospectus. Read the prospectus carefully before investing to fully evaluate the risks associated with investing in Israel bonds. Member FINRA.



Congregation Beth Ohr
P.O. Box 206
Old Bridge, NJ 08857

Shabbat Candle Lighting Times For January 2018



Friday, Jan. 5
Friday, Jan. 12
Friday, Jan. 19
Friday, Jan. 26

4:27PM
4:34PM
4:42PM
4:50PM